11 Cancer Fighting Strategies

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<u>Cancer Strategy #1</u>: Use Zeolite To Kill Cancer Cells... Without Harming Your Body

Chemotherapy and radiation therapy tries to kill the cancerous cells. Unfortunately, they often harm your body in the process. There are natural supplements that do a good job of killing cancerous cells, but don't cause harm to your body. A few supplements do have potential to be toxic to the body, and should probably just be used in conjunction with a naturopath or alternative doctor. These include cesium, artemisia, and B17. In this report you will learn only about completely safe cancer supplements that can be used with no supervision.

You may well ask why, if a safe and natural product is able to kill cancer, doesn't your doctor recommend it. Of course, he probably doesn't know about it, but even if he did, he's not likely to use it.

It's the nature of the medical/drug industry. Doctors use and recommend drugs that are approved in a process that costs hundreds of millions of dollars. The drug companies only make drugs that can be patented. That way they can sell them for huge mark-ups and have no competition.

So no company would ever take an unpatentable natural product through the drug process, so the healthy natural supplements aren't approved as drugs. As they are not proven, doctors, or at least most doctors, won't use them, and most don't even know about them.

But if your doctor was not tied in and blinded by the medical/drug industry, he might see that a comprehensive approach using powerful supplements that deal with the many different issues in cancer, makes sense, and if he were to try this approach, might find it much more successful than only using drugs and other treatments that harm the body as they try to kill cancerous cells. But for now you have to turn to other resources to find safe cancer killers.

A mineral may turn out to be one of the most powerful cancer cell killers. Zeolite a remarkable **volcanic** mineral that has proven to be highly effective at destroying cancer cells. In fact, results have been so impressive, anyone fighting cancer or wishing to prevent cancer should be using zeolite. It comes in two forms....

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cells. In fact, results have been so impressive, anyone fighting cancer or wishing to prevent cancer should be using zeolite. It comes in two forms....

A liquid zeolite, and a powdered micronized zeolite. They work on a couple of the basic issues in cancer. They are powerful detoxifiers and improve the alkalinity of your body. We list them as a cancer killer because of their ability to **activate the P21 gene which tells a cancer cell to die**, and because they can literally <u>destroy the nucleus of cancerous cells</u>.

In a 14 month study a liquid Cellular Zeolite proved itself to be a remarkable cancer fighter.

65 people with mostly stage 4 cancer, who had a prognosis of about 2 months to live, were given this type of liquid zeolite. At the end of the study, 51 people were cancer free and six more were alive, but still fighting cancer. This is a 78% cure rate for terminal cancer, an incredible 89% survival rate.

This study was actually similar to what happens in the real world. There was no control as to what drugs people were taking, or what other protocols they were on. Every person in the study basically answered an ad in a newspaper that said, "If your doctor has given up on you, come to us." So there were mostly people who had completely end-stage cancer, whose doctors had sent them home to get their affairs in order.

Out of 65 patients, eight died during the 14-month study, 51 are clinically in remission, and the six remaining patients at the end of 14 months were undergoing chemotherapy, radiation, or some other treatment along with continuing to use the zeolite. Throughout the study, many patients used some sort of adjunctive treatment. For example, a lung cancer patient was told to go home and get his affairs in order. After three months on Cellular Zeolite, he was feeling much better. He went back to his oncologist, who suggested that he was strong enough to undergo more chemotherapy and radiation. So he stayed on the Cellular Zeolite, but he also went on chemo and radiation at that point.

Not bad for a bunch of folks sent home to die.

Cellular Zeolite - A Liquid, Activated Zeolite

Testimonies have also been impressive. A female biophysicist had a state of the art, highly sophisticated GDV analyzer that measures and analyzes the energies in the human body. With lumps and pain in her breasts, her GDV's cancer readings were sky high. Three weeks after starting on the Cellular Zeolite, taking it at the suggested therapeutic level, her lumps were gone, as was the pain. And the GDV machine showed there was no cancer in her body.

Bladder cancer testimony:

"Last January (2005) my father-in-law had another surgery for bladder cancer. In this, and the previous surgeries, tumors were found and treated. Since last January he has worn a catheter bag to collect his urine. A few months ago his catheter bag began to have blood in it. He continued to pass more and more blood, accompanied by a foul odor.

"After testing his urine and blood, his doctor told him the cancer was back. The doctor explained that radiation treatments would likely follow the surgery, and maybe chemotherapy after that. Surgery was scheduled for Friday Sept. 2nd.

"On Saturday Aug. 20th we got some **Cellular Zeolite** to him. In FOUR DAYS the bleeding STOPPED and the catheter bag remained clear of any blood. After a week on it, he woke one morning and his catheter bag was full of a sticky ugly gunk, and had a terrible odor. The catheter bags and tubes could not be cleaned, and had to be discarded and replaced. From that point on there has been NO blood or odor in his catheter bag.

"Friday, September 2nd, Carl underwent surgery. His doctor was surprised to find NO Tumors in his bladder! He said he was just sure there would be tumors there. Carl has also experienced an increase in energy since taking the Cellular Zeolite." Ron W.

Another man had testicular cancer with three tumors confirmed by cat scan. He was scheduled for surgery in 2 weeks. He started using Cellular Zeolite a few days later. When he went in for surgery, on checking for exact tumor locations by cat scan - nothing was found.

A big turn around in only a couple of weeks, though most people take longer to see results, and thus it makes sense to add on the powdered Zeolite because more zeolite works better or faster.

There are just small amounts of zeolite in Cellular Zeolite, 24 mgs for every 3 drops. The key to why Cellular Zeolite works so powerfully is that it is a micronized, activated formulation.

Zeolite is a negatively charged volcanic mineral that naturally attracts positively charged toxins to it, and traps them in its cage-like structure. When zeolite is dug out of the ground, it will often have heavy metals bound up with it because it has an affinity to heavy metals. In making Cellular Zeolite, the zeolite is heated and cooled in a four day process to purify it of *all* toxins, and to give it a small amount of calcium, potassium and magnesium for ionic exchange.

In addition, Cellular Zeolite's heating and cleaning process makes a smaller molecular size zeolite that enables it to better travel throughout the body. Studies show that when you take measured quantity of Cellular Zeolite, 40% shows up in the stools -- meaning it works in the intestinal tract -- and 60% is found in the urine, meaning it gets into the bloodstream and works on cancer throughout the body.

Zeolite's ionic charge turns slightly positive when it is full of the positively charged toxins it has captured. Normal cells have a neutral charge while cancer cells have a slightly negative electrical charge. So the now slightly positively charged zeolite molecule is attracted to cancer cells. Once inside the cancer cells, it does a couple of things that kill the cancer cells.

- 1. Zeolite activates the p21 gene. The function of the p21 gene is to tell the cancer cell to die. P21 acts as a tumor suppressor as it controls cell cycle progression. The activation of P21 appears to halt the growth of tumors by directly suppressing growth signals. In in-vitro studies, all cancer cells tested were destroyed in 72 hour. There are no side effects because it specifically targets cancer cells as it is not attracted to normal healthy cells.
- 2. According to the patent, once it is pulled inside the cell, the tri metallic part of the zeolite molecule can destroy the nucleus and cytoplasmic organelles. In some cases the cancer cells were destroyed in an outward burst of the cytoplasm by increased osmotic pressure. In other cases cells were totally destroyed by cell wall and membrane collapse after the nucleus is destroyed. Most often, after the nucleus and the cytoplasm are destroyed, the entire cellular contents dissipate into the surrounding environment. The membrane of these now dead cancer cells remain intact, but no cellular structures are left.

The research shows that Cellular Zeolite works on the receptor sites, cell wall membrane proteins, and surface chemistry of the <u>cancer cell only</u>. It does not effect ordinary, healthy cells.

This process works amazingly well in real life. Cellular Zeolite produces remarkable results.

"I had a friend in MD Anderson Cancer Center in Houston, Texas with Leukemia who was coughing continuously from pneumonia... Last Thursday (September 15th) He started taking 15 drops three times a day of Cellular Zeolite. The first day he completely stopped coughing. The Doctor said do not stop the drops. He left the Hospital today (Saturday September 17th) in Remission, and is now an outpatient." Rick

Clearing up leukemia in three days is quite an accomplishment. Stopping pneumonia in a day isn't shabby either.

"I can't thank you enough. I went into this Christmas thinking it would be the worst ever, but because of you I have had the best Christmas I could have ever wished for. Thank you.

"My father went for his monthly check up on Friday 23rd December 05. The doctor greeted him with a smile on his face from ear to ear. He told my father and mother to sit down because he had some good news. He said that the cancer had receded at a remarkable rate. He just could not believe it. He said that he should not worry anymore and if things went on like this then he would make a full recovery. The Doctor kept using

the word remarkable!!! My father has only been taking the cellular zeolite for two weeks and the results are just a miracle.

"Thank you, thank you, thank you." Glenn

Keiko is a female, age 72.

"At the end of Oct 2004 (11 months ago) Keiko was diagnosed in Japan with class 3 cervical cancer. At the recommendation of her doctors she underwent 28 rounds of radiation therapy. At the end of those treatments her doctors told her they had eradicated the cancer in her cervix. Keiko's daughter, Felice, had a recommendation from her doctors here in Hawaii that Keiko should really have a PET scan in Japan to check and make sure it hadn't spread anywhere else. It had indeed metastasized to every lymph node in her body.

Felice brought her mom to Hawaii in June of this year and the oncologists here said this was an extremely aggressive form of cancer. A CAT scan showed two more spots (on her lung and on her stomach) in addition to everything else. They would try 8 rounds of chemo therapy to put off what seemed imminent – but the prognosis was grim, they didn't expect her to live even a year.

But Keiko is a fighter. And her daughter was absolutely determined. So they walked this road with faith in the power of prayer. By the 5th round of chemo therapy Keiko was so sick (nausea, vomiting and diarrhea) they decided to stop – that was three weeks ago. Instead they kept praying and kept using the natural supplements.

5 weeks ago a friend told Felice and her mom about Cellular Zeolite. Keiko took it for a week before she had to stop to accommodate the 5th round of her chemo schedule. This time she got so sick from the chemo she and her daughter decided to stop the treatment right in the middle of the round (3 weeks ago) and they continued with the Cellular Zeolite 15 drops 3X day starting the next day.

"Three weeks later (Monday this week) Keiko had a follow up contrast dye CAT scan: When they walked in to her doctor's office, he asked how she was feeling and what she'd been eating, and had a sort of perplexed look on his face. They didn't know what to expect, but hoped and prayed there would be some positive news. Keiko didn't just have a report that was good, it was beyond all expectations -- the doctor told Keiko and Felice there was not one single sign of cancer anywhere in her body. Not in any of the lymph nodes, not on her lung or stomach. Stunned, Keiko's daughter even asked the Doc, "Are you sure? Who actually read the CAT scan?" and he reassured her it was definitely the expert, the radiologist, not just him! He was amazed too and said that less than 20% of his patients ever have such a thing happen, that even if there was great improvement they usually see some residual cancer still in the body but there was nothing here. Nothing. And the nurses were crying with emotion when they spoke with Felice and Keiko."

Again, while0 these reports of very quick turnarounds are most impressive, most people do take longer. Certainly the more cancer there is in the body, the longer it may take as it will require more zeolite to kill all the cells. Taking larger amounts will tend to increase the effectiveness and the speed at which it works.

There is another zeolite product to consider using. It is not as proven as the Cellular Zeolite, but may work just as well, or in a slightly different way. The first is a liquid zeolite that makes use of fulvic acid to boost assimilation. It is called simply enough...

Zeolite Powder

Again, a powdered Zeolite is not as proven as the Cellular Zeolite. It is not as purified and is a bit harder to digest and process. Yet it has successfully gotten rid of cancers on its own, and you get a whole lot more of it for less money. It will tend to work in different parts of the body. More in the intestines, probably less in the brain. Taking both a liquid zeolite and a powder makes sense as they may focus on different areas. One container of it can supply 450 grams of zeolite, while the amount in the Cellular Zeolite bottle is 2.4 grams. What is amazing is how the liquid zeolite does so much with so little zeolite per drop. So taking large amounts of zeolite powder along with the liquid makes sense as you get the best of both world, high quality in the liquid and large quantity with the powdered "Zeolite".

Zeolite fights cancer in other ways. It chelates and removes heavy metals, pesticides, herbicides, and other toxins from your body. It does this in a hierarchical manner. It is most attracted to lead, mercury, cadmium, arsenic and other heavy metals. Then chelates out pesticides, herbicides, plastics, and so forth. It also acts as a natural trap of viral particles which stops production of the viruses.

Because it traps toxins in its molecular structure, it detoxifies without overloading the detoxification system in your body. Because toxins are an underlying cause of almost all cancers, taking zeolite on a regular basis is an excellent cancer preventative. Especially as it can kill any cancer cells that may develop.

In addition it traps free radicals in its molecular structure so it acts as a free radical scavenger too. It will also help to normalize body pH levels. And helps to boost the immune system as it increases levels of CD4 immune system molecules.

There are some people who claim zeolite is neither safe or effective. As you will see, they are misguided and somewhat confused. To look at it simply, there is no question that zeolite is remarkably effective against cancer. This particular type of zeolite has been used for years by humans for diarrhea so it has a history of safety and use behind it. So safe, it is on the Generally Listed As Safe list of the FDA. So what's the problem? Maybe like doctors, some nutritionists don't like something new that interferes with their program. But let's go into some details to relieve your mind.

If you get scared off by bad information, and don't use zeolite in fighting your cancer, you are missing out on a remarkable anti-cancer agent.

One site writes, "Mineral crystals - both fibrous and non-fibrous - have a long history of causing disease. For instance, silica crystals - ordinary fine sand - cause lung cancer and a fast-acting deadly lung disease called silicosis that kills cement workers and miners." The type of zeolite used in these products does not cause this problem, as he well knows. In addition, you are not breathing it in, which you have to do to get these types of lung conditions.

He then writes that there is "electron microscope data indicating that the crystals of this product have sharp edges." and that a principal of the company "states that these crystals enter the bloodstream (presumably through the small intestine), cells, and intercellular spaces, and that they are highly reactive." Again, studies quoted below and a history of use by humans and animals show no safety concerns, no matter what type edges it has. And it is highly reactive, but only to attracting heavy metals and other toxins to it, because of it's ionic charge. Not to biochemical interactions as he implies in the questions below.

This particular form of zeolite used in both the liquid and powdered version we recommend, clinoptilolite, has been labeled 100% safe and non-toxic by the FDA. Just like with mushrooms, many types of zeolite are harmful, some aren't. There are more than 100 different zeolites. As an example, asbestos is a zeolite and causes cancer when inhaled as a fine powder. The zeolites we are talking about have been proven to be safe. They are a naturally-occurring non-fibrous clinoptilolite zeolite and is considered to be extremely safe and entirely non-toxic (even when inhaled).

A study published in 1993 concluded that "clinoptilolite type zeolite had no carcinogenic activity." (Tatrai E, Ungvary G. Study carcinogenicity of clinoptilolite type zeolite in Wistar rats. Pol J Occup Med Environ Health. 1993;6(1):27-34.)

Another study noted that the absence in this zeolite "of fibrous particles capable of producing hydroxyl radicals makes this zeolite sample nontoxic and noncarcinogenic, at least when applied orally." (Pavelic K, et al Natural **zeolite clinoptilolite**: new adjuvant in anticancer therapy. J Mol Med. 2001;78(12):708-20.)Additionally, detractors suggest that there are no long-term animal or human toxicity studies. This is also incorrect. This type of zeolite has been used in water filtration, air purification, plant fertilizers and animal feed for more than thirty years in the United States. Hundreds of published studies and articles outline its uses and benefits in humans and animals. A Med line search for "clinoptilolite" has no fewer than 140 articles on the uses of zeolite: removing heavy metals, improving the health of animals, treating viral disorders, removing fungal toxins, remediation of soil and treating cancer. In fact, there has been extensive testing done on this type of zeolite for use as an anti-diarrhea drug for humans.

They claim that the aluminum that makes up the structure of the zeolite molecule is a danger. Again, they get it wrong. The zeolite molecule is composed of silica and

aluminum oxides, one AlO4 four SiO4 molecules. It is a crystal with a pyramid structure (tetrahedral) with the small Al-O4 in the center of the four Silica molecules. The aluminum is trapped by the silica in this virtually indestructible particle. The aluminum is NEVER bioavailable.

Another website claims that research shows that zeolite is virtually insoluble in the body, and that if it did get into the body it would be the "scientific marvel of the year." Perhaps this writer ignored or was not aware of the research with the liquid zeolite showing that 60% of it was excreted through the kidneys - a clear indication that 60% of it was getting into the bloodstream. Another clear indication that even the micronized powder gets into the rest of the body is the fact that it has been sold for several years in the USA for hangovers as it rapidly detoxifies the toxins alcohol produces in the body. Rapid results with austic children also indicate that it is even working in the brain.

Then the article goes on to criticize the research that went into the patent. Calls the stage 4 cancer study with the 78% cure rate one of the "coincidental anomalies". And claims that it couldn't really have happened with the way medical research is conducted. (This wasn't a standard medical study.) Finally says that who knows if the people in the study really had 6 weeks to live. I agree with the writer entirely on this. It's got to be just a rough estimate. But does it really matter to you if it were 6 weeks or 3 months. They answered an ad asking for people the doctors had given up on. And the liquid zeolite proved to be very beneficial to them.

Anecdotal evidence supports the ability of zeolite to pull heavy metals from the body. Three children in one family had over a 60% decrease in their elevated heavy metal levels in just 3 weeks of taking 6 to 8 drops of the Cellular Zeolite 3 times a day, based on a before and after immuno essay of saliva and urine. Children with autism have experience improvements within days of taking as little as a drop a day of the liquid zeolite - a clear indication that heavy metals and other toxins are being pulled from their brains.

There are claims that the clinoptilolite zeolite to be indiscriminate in what it adsorbs - that it will absorb nutrients. This too is incorrect. Dozens of published studies outline the reactivity series of zeolite, (what it absorbs) how it has preference for the heavier metals and larger compounds that carry a positive charge. The reactivity series starts with mercury (Hg). It is: Hg, Pb, Sn, Cd, As, Al, Sb, Fe, Ni and so on. Smaller compounds may go into the zeolite, but will not be trapped. In fact, several animal studies show that adding clinoptilolite zeolite to animal feed actually increases overall nutritional health of the animal rather than making it worse.

Cellular Zeolite is more activated and can capture more toxins than micronized zeolite powders. They are both micronized, but made smaller in different ways. The powdered zeolite is mechanically ground smaller. The heavy metals that the zeolite captures are still in it. So it's molecular structure is partially full already, and it can't detoxify as well as the completely empty cagelike molecular structure of Cellular Zeolite.

With Cellular Zeolite, the zeolite undergoes a several day process of high heat, an acid bath, and then slow cooling, to completely rid it of heavy metals and toxins - so that it will absorb 9 to 20 times more toxins in each molecule than the powdered zeolite. This process also gets the zeolite in a smaller molecular size so that it may do a better job of getting into the bloodstream and into cancer cells.

Clearly, zeolite is a remarkable product for cancer. It's nontoxic, a great detoxifier, helps to improve pH levels, and the liquid Cellular Zeolite has that amazing 78% cure rate for advanced cancers. If the drug companies had drugs that would come anywhere close to this in effectiveness, they'd have every doctor prescribing them for cancer. There's no reason not take this powerful cancer fighter. It has been successfully used with chemotherapy and radiation.

(If your chemotherapy used platinum or lithium, you would want to stop taking it 3 days before treatments and wait a least 3 days after the chemo was given. Consult your oncologist on any medical question.)

Of course, it must be taken in large enough quantities to make a difference. Four to eight bottles a month has been the usual amount used. That's 15 drops taken 3 to 5 times a day.

But it may be advantageous to do more....

A vet had some superb results giving a 9 pound cat 15 drops 3 times a day. Enough for a 200 pound man. This is a huge amount for the size of the cat. Another cat owner had been giving her cat a more normal therapeutic amount, for a cat, of 3 drops 3 times a day. She had not seen any quick results. She increased her cat's dosage to 15 drops 3 times a day. Within a few days the cat was doing much better. Clearly, there is an increase in effectiveness as the number of drops increases. In fact, some people who wish to maximize their chances of success, are now taking 60 drops 4 times a day. Unfortunately, that quantity would translate into using around 24 bottles a month. Not cheap.

Because more does better, and faster, using high quantities of the not quite as potent, but much less expensive, Zeolite Powder, in addition to the Cellular Zeolite, makes sense.

It has been using successfully to fight cancer by several doctors, so it does work. Even on it's own. One 454 gram container provides a month's supply at the therapeutic amount being used by them. Take the normal therapeutic range of Cellular Zeolite and add on a bottle of the powdered to maximize results. The liquid may get to places in the body the powdered stuff won't. By adding on this zeolite powder used by doctors, called simply enough Zeolite, you will be able to fight the cancer that much harder because it contains so much more zeolite than you get in the liquid form.

With it's 78% cure rate, it makes sense to use Cellular Zeolite at therapeutic levels. And even more sense to add on the powdered Zeolite to hit the cancer harder still. For a tight budget, just get the powdered Zeolite where you get a therapeutic amount for a month with just one container.

Of course, even as good as zeolite is proving itself to be, 12% of those cancer patients in the study died. That's why it makes sense to fight cancer by dealing with as many of the underlying causes of cancer as possible. So let's take a look at another effective cancer fighting strategy, increasing oxygenation of the body.

<u>Cancer Strategy #2:</u> Low Oxygen Levels Breed Cancer... Increasing Cellular Oxygen Levels Kills Cancerous Cells

An underlying cause of cancer is **low cellular oxygenation levels**. In newly formed cells, low levels of oxygen damage respiration enzymes so that they cells cannot produce energy using oxygen. These cells can then turn cancerous.

In 1931 Dr. Warburg won his first Nobel Prize for proving cancer is caused by a lack of oxygen respiration in cells. He stated in an article titled *The Prime Cause and Prevention of Cancer* that "the cause of cancer is no longer a mystery, we know it occurs whenever any cell is denied 60% of its oxygen requirements."

"Cancer, above all other diseases, has countless secondary causes. But, even for cancer, there is only one prime cause. Summarized in a few words, the prime cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar. All normal body cells meet their energy needs by respiration of oxygen, whereas cancer cells meet their energy needs in great part by fermentation. All normal body cells are thus obligate aerobes, whereas all cancer cells are partial anaerobes."

Poor oxygenation comes from a buildup of carcinogens and other toxins within and around cells, which blocks and then damages the cellular oxygen respiration mechanism. Clumping up of red blood cells slows down the bloodstream, and restricts flow into capillaries. This also causes poor oxygenation. Even lack of the proper building blocks for cell walls, essential fatty acids, restricts oxygen exchange.

(This is why the flax oil in cottage cheese treatment popular in Europe - 2 tablespoons of organic, refrigerated flax oil or freshly ground flax seed mixed in some cottage cheese - has become a well known cancer treatment. It provides essential fatty acids needed by cell walls so that oxygen can enter the cells.)

What Warburg and other scientists found was that respiratory enzymes in cells, which make energy aerobically using oxygen, die when cellular oxygen levels drop.

When this happens, the cell can no longer produce energy aerobically. So, if the cell is to live, it must, at least partially, ferment sugars, producing energy anaerobically.

According to Warburg, cells that produce energy by fermenting sugars may turn cancerous. Warburg's contention is this...

The cells that cannot produce energy aerobically, cannot produce enough energy to maintain their ability to function properly. So they lose their ability to do whatever they need to do in the body.

Fermentation allows these cells to survive, but they can no longer perform any functions in the body or communicate effectively with the body. Consequently, these cells can only multiply and grow. And may become cancerous. Or perhaps it would be more accurate to say, they change into cancer cells.

Decades ago, two researchers at the National Cancer Institute, Dean Burn and Mark Woods, (Dean translated some of Warburg's speeches) conducted a series of experiments where they measured the fermentation rate of cancers that grew at different speeds. What they found supported Dr. Warburg's theory. The cancers with the highest growth rates had the highest fermentation rates. The slower a cancer grew, the less it used fermentation to produce energy.

Naturally Warburg's contention was challenged and tested by other scientists.

Some researchers claimed his theory was not valid after they had measured a particularly slow growing cancer, and found no fermentation at all. And if cancer could grow with no fermentation, then fermentation, or lack of oxygen respiration, was not the cause of cancer. Dean Burn and Mark Woods checked those results.

Using more sophisticated equipment, they determined that the equipment these researchers used to measure fermentation levels was not accurate enough to detect fermentation at low levels. Their testing, using newer and more accurate equipment, showed that even in those very slow growing cancer cells, fermentation was still taking place, at very low levels.

Pietro Gullino, also at the National Cancer Institute, devised a test which showed that this slow growing cancer *always* produced <u>fermentation lactic acid</u>. Silvio Fiala, a biochemist from the University of Southern California, also confirmed that this slow growing cancer produced lactic acid, and that it's oxygen respiration was reduced.

Further research into Warburg's theory showed that when oxygen levels were turned down, cells began to produce energy anaerobically. They ultimately became cancerous when levels went low enough. It took a reduction of 35% in oxygen levels for this to happen.

J. B. Kizer, a biochemist and physicist at Gungnir Research in Portsmith, Ohio explains, "Since Warburg's discovery, this difference in respiration has remained the most fundamental (and some say, only) physiological difference consistently found between

normal and cancer cells. Using cell culture studies, I decided to examine the differential responses of normal and cancer cells to changes in the oxygen environment.

"The results that I found were rather remarkable. I found that... "High 02 tensions were lethal to cancer tissue, 95 percent being very toxic, whereas in general, normal tissues were not harmed by high oxygen tensions. Indeed, some normal tissues were found to require high 02 tensions. It does seem to demonstrate the possibility that if the 02 tensions in cancer tissues can be elevated, then the cancer tissue may be able to be killed selectively, as it seems that the cancer cells are incapable of handling the 02 in a high 02 environment."

Low oxygen levels in cells may be a fundamental cause of cancer. There are several reasons cells become poorly oxygenated. An overload of toxins clogging up the cells, poor quality cell walls that don't allow nutrients into the cells, the lack of nutrients needed for respiration, poor circulation and perhaps even low levels of oxygen in the air we breathe.

Cancer cells produce *excess lactic acid* as they ferment energy. Lactic acid is toxic, and tends to prevent the transport of oxygen into neighboring normal cells. Over time as these cells replicate, the cancer may spread if not destroyed by the immune system.

Chemotherapy and radiation are used because cancer cells are **weaker** than normal cells and therefore may die first.

However, chemo and radiation damage **respiratory enzymes** in healthy cells, and overload them with toxins, so they become more likely to develop into cancer. The underlying cancer causing conditions are worsened, not improved. And the cancer usually returns quickly a second time *unless* you make changes to support the health of your body.

The implication of this research is that an effective way to support the body's fight against cancer would be to get as much **oxygen** as you can into healthy cells, and improving their ability to utilize oxygen. Raising the oxygen levels of normal cells would help prevent them from becoming cancerous.

And increasing oxygen levels in cancer cells to high levels could help kill those cancer cells.

A nurse who works in medical research said, "It's so simple. I don't know why I never thought of it before. When we're working with cell cultures in the lab, if we want the cells to mutate, we turn down the oxygen. To stop them, we turn the oxygen back up."

Ma Lan, MD and Joel Wallach DVD, point out that one type of white blood cells kills cancer cells by <u>injecting oxygen creating hydrogen peroxide</u> into the cells.

It is not easy to get <u>additional oxygen</u> into cells. Most approaches don't work well. Breathing oxygen is still limited by the amount of hemoglobin available, and pH levels. Dr. Whittaker points out, quite rightly, that liquid oxygen supplements that release oxygen into the blood, which most of them only do, **can't** get oxygen into the cells.

He explains that a delivery mechanism is needed to transport oxygen into cells. And though the typical oxygen supplement gets oxygen into the blood, that doesn't mean it gets into the cells.

There are three steps in the process of significantly increasing oxygen levels in your cells so that you can wipe out cancer. The first step is to take an oxygen supplement that will literally produce much more oxygen in your cells. The second step is to take an herbal product that has been shown to increase the absorption into your cells of the oxygen you breathe by 40%. And finally, you need to provide nutrients your cells need to be able to utilize oxygen, and to repair the respiratory enzymes so that your cells can actually burn that oxygen. By doing so you will go a long way towards eliminating cancer.

Oxy E - Cellular Oxygen Enhancer

Oxy E creates oxygen in your cells. Plus it acts as a free radical scavenger, and produces extra hydrogen to increase pH levels and combat free radicals.

This one ounce bottle of liquid contains an acid based formulation of sea water minerals, dissolved oxygen, plant based amino acids and plant based enzymes. It interacts with deuterium, a trace mineral naturally found in water. And ends up creating hydrogen and oxygen as it splits the chemical bonds in water molecules.

What sets Oxy E apart from your typical oxygen supplement is that this oxygen producing reaction can take place **inside** the cells. Where you need to get the oxygen. Many oxygen producing products like hydrogen peroxide, vitamin O, or Aerobic 7-there's a whole slew of them - get oxygen into the blood. As Dr. Whittaker points out, what they can't do though, is to actually get the oxygen into the cells.

The typical oxygen supplements always cause free radical or oxidative damage in the body. Oxy E does the opposite. In its process of creating stable oxygen molecules, it actually eliminates free radicals.

The oxygen transportation problem is solved by Oxy E in a unique way. The ionic trace mineral blend in Oxy E carries it into your cells, where it then makes oxygen. As maximum oxygen creation from Oxy E occurs 6 to 8 hours after ingesting, there is plenty of time to be taken into cells. It forms an O- molecule with a negative ionic charge, which eliminates an O+ free radical by combining with it. This produces a stable oxygen molecule.

Oxy E is able to supply the body with a **steady** diet of free oxygen, hydrogen, full spectrum minerals, amino acids, and enzymes all the while cleansing cells of toxins and lactic acid. In addition it will enhance absorption of nutrients taken with it into the cells. And pull toxins out of your cells.

It works on two other fundamental causes of cancer, over-toxicity of the cells and pH. You can't take too much, your body only uses as much as it needs. Because it is a powerful detoxifier, increase the dosages slowly.

"I am contacting you for a friend of mine as she does not have a computer to ask a few questions. Her husband has Adenocarcinoma (lung cancer). He has been on Oxy E for approx. 3 weeks. The results have been remarkable to his well being. He is sleeping very well, eating great and has boundless energy, looks and feels better. The improvement started after three days, he is on the maximum dose." Pat G.

Ed McCabe, a noted oxygen researcher, in an article in **Well Being Journal** gives some examples of how supplements like Oxy E helped some people with cancer.

"Dallas TV 11 had to repeat the Francis Guido story because there was so much demand for it by viewers. Francis loves to garden. One day she "No longer felt good." **Pancreatic Cancer**. Blood work and CAT scans every 4 months confirmed its continuing growth for a year and a half. Finally her doctor told her there was "nothing more they could do," and sent her home to die. She had no energy, couldn't get out of bed, or brush her teeth. Food would stick in her throat. She prayed over her dilemma, and the name of a local Naturopath popped into her mind. By this time **her throat was so closed off** she stopped drinking water. Dr. Revis helped her to drink an 8-ounce glass of water with drops of this supplement in it. Over a month she worked up to 72 drops per day. She started eating and drinking again. When she returned to her medical doctors they scanned all of her organs and bones, from head to toe, and *couldn't find any trace of Cancer!* A year and one half later, she looks so much younger, alive and vital, no one recognizes her at the supermarket. She reports: "I'm not dying! The stuff works, but you have to want to live, and continue doing it."

Ed continues, "Let's take the case of Joe Ritter, 66, from Fallbrook, California. Throat Cancer and surgery combined with **40 radiation treatments** left him burnt and scarred inside. He heard about and started taking the supplement, and when I interviewed him he was working out at the gym 4 hours a day, and considers himself way ahead of others who had the same surgery and radiation a year ago. He has the blood pressure of a 20 year old, the **lowest** his has ever been.

"For a variety of reasons not everyone gets the same results with any supplement, but it's hard to pass by another of my interviews, this one was with William Lee. He's 69, he loves fishing, hunting, yardwork, and working with flowers in South Dakota. He had 4 heart attacks, and after a stressful period his Cancer of 6 years ago flared up in his colon, stomach, blood, and prostate. His Naturopath guided him, working him up to taking **high dosages** of it, several times a day for the past <u>7 months</u>. He had the usual

classic cleansing reactions as the body finally had the building block raw materials needed to *purge* itself of unwanted diseased tissue. He reported lumps of foul smelling substances that looked like "rotten hamburger" flushing out of his colon, his urine was strong and dark, and he had occasional headaches. As he said, "It is doing its job!" His doctor reports he's free from the Cancer, his heart is improving tremendously, and all previous heart pains have disappeared. William concludes: "It's a fantastic product."

Suggested Use: Add drops to eight ounces of purified water or juice and take with or after meals. It will improve assimilation of supplements you take with it. For a therapeutic dosage, increase slowly to about 10 to 15 drops 6 to 10 times a day. Or you can drink up to 50 drops in a quart of water three times a day. Just remember, Oxy E is a detoxifier so you may experience detoxification symptoms like headaches, fatigue, nausea and diarrhea if you increase the amounts rapidly, and thus detoxify faster than your body can comfortably handle.

John, a 58 year old man with **stage 4 osteosarcoma** (cancer of the brain) and cancer of the blood was given 6 to 10 months to live with radiation and less without. "At this point in time, John could no longer walk or drive. As he was about to die, John was then told to 'Get your affairs in order.'

"John immediately started taking MSM (organic sulfur), an increasing dosage of Oxy E, changing his diet to an <u>alkaline based diet</u>, and drinking lots of clean water everyday. In two weeks time John drove to his doctor and walked into his office for a check up. To his doctor's amazement, John's swelling in his brain had been reduced by <u>90%</u> and his speech, his vision and his walking had returned to almost normal. Remember this was **only two weeks later!** His doctors could not believe his progress, and they were very mad at John for driving a car and not taking his medication. Nevertheless, they told John, 'Whatever you're doing, keep doing it.'

"They still wanted to give him radiation because he had a particularly rapid growing aggressive type of cancer. John refused the radiation and told them that he was going to be just fine, and that he was going to beat this cancer faster than anything that they had ever seen. John religiously continued taking the MSM and the Oxy E. He also continued his strict diet and drank lots of pure water every day.

"Six weeks after his surgery John went back to his doctor for a MRI to see where the cancer was at that point. To his doctors' complete amazement, they found absolutely no swelling in the brain. All brain functions had returned to normal and there was NO CANCER at all."

MSM

MSM is a well known organic sulfur powder used for arthritis and pain relief, <u>amplifies</u> the oxygenation effect of the Oxy E. It is able to release a couple of oxygen molecules inside cells, increasing the cells ability to produce energy using oxygen. The oxygen may help to kill possible yeast that could be causing fermentation.

One theory is that the oxygen molecules supplied by Oxy E and MSM, or the increased Tdelivery of oxygen into the cells afforded by the other supplements in this section, enables cancer cells to turn back aerobic and become somewhat normalized in function to the extent that <u>normal cell apoptosis</u> or natural cell death occurs. Because this is a natural process, the swelling that often occurs when killing cancer cells seems to be minimized. Especially valuable for some types of cancer.

Developed over 30 years ago, MSM is a white powder that supplies a bioavailable sulfur mineral. For years MSM vendors have received numerous testimonials of MSM helping people recovery from cancer. You must take it in large amounts for maximum benefit. 20 to 30 grams a day for fighting cancer. It is alkalinizing, and is an excellent detoxifier. Plus sulphur has anti-cancer properties. MSM helps make cell walls more permeable so that more nutrients can get in, and more toxins out. Making it well worth adding on to any cancer fighting regime.

When you get it as a 1000 gram bag of powder, it is inexpensive to boot, though it doesn't taste good. <u>Using about 3 bottles a month of the MSM Capsules is another way to get your MSM.</u>

<u>Life Support Increases Circulation and Oxygenation - Plus Kills Cancer</u>

A basic cause of cancer is poor circulation which results in a lack of oxygenation. When circulation increases, oxygenation improves and the body heals itself. Life Support is a herbal formula designed to increase circulation. It contains some of the most powerful herbal circulation enhancers known. Cayenne, Wasabi Japonica, Cinnamon Bark, Ashwagandha Root, and the B vitamin Niacin - in a base of Beet Root Powder. Use of these herbs increases the ability of the body to oxygenate the cells, and enables more cancer killing nutrients to get into cancer cells. Thus helping to increase the efficiency of all the other supplements and medications you take.

Not only can it increase circulation so significantly that you may notice an increase in energy, but the Wasabi Life Support contains is a powerful cancer killer on it's own, containing compounds, including isothiocynates, effective against cancer. In six different studies, extracts from Wasabi have been shown repeatedly to be effective against stomach cancer cells. One compound from wasabi inhibited the growth of colon, lung and stomach cancer cells by as much as 44 percent (Weil 2005). When combined with the other circulation enhancing herbs in Life Support, the wasabi phytonutrients are better able to get into cancerous cells.

Because Life Support increases circulation, it is able to increase the amount of nutrients that can get into your cells to support your body. Including of course, oxygen. And it is able to increase the amount of cancer cell killers that can get into cancer cells.

As usual, for best results take plenty of these vegetarian capsules. A bottle will last a week when you take 4 capsules five times a day. Take with Oxy E to speed up the oxygenation of cells.

UltraCeps Increases Oxygen Absorption And Natural Killer Cell Activity

Mushrooms have long been noted for their cancer fighting abilities and this special blend is no exception. It has the ability to increase Natural Killer Cell activity by 400%. Natural Killer Cells have the job in your body of killing cancerous cells.

Athletes and other users have noted big increases in their performance when taking cordycep mushrooms because it increases red blood cell oxygen functions up to 40%. And that's a big reason why a cancer patient would benefit from its use. If the red blood cells can take 40% more oxygen to the cells, then you will certainly get a lot more oxygen into your cells. This will help to kill cancer, and give you more energy.

Cordyceps is an extraordinary family of mushrooms with natural bioactive ingredients and properties found in no other herbs. It is because they live in the severely harsh environments found at the high, cold, and arid mountains (over 15,000 ft) that the Cordyceps mushroom have evolved a complex chemistry that is found nowhere else in nature.

Cordyceps radically increases cellular energy by 30%, which is also known scientifically as the ATP/IP ratio. They have been clinically proven to increase cellular energy by as much as 30%.

In 1986 studies showed that <u>cordyceps increase cellular Oxygen Absorption</u> by up to 40%.

<u>UltraCeps increases Natural Killer cell activity</u>. Your body's ability to fight infections and tumors depends on the availability of these immune system components.

One study showed that Cordyceps enhanced the NK cell activity of normal patients by 74%, and increased the NK activity of leukemia patients by 400%. Similar improvement of NK cell activity was found in melanoma cancer.

Clearly, UltraCeps is an important product in the fight against cancer for both it's oxygen increasing ability, and its immune support abilities. There are several reasons we like UltraCeps.

<u>Higher Polysaccharide Content:</u> The most significant constituents of medicinal mushrooms are long chain polysaccharides such as <u>beta-glucans</u>. These act as immuno-regulators, helping to stabilize and balance immune system function. Beta-glucans are found in the body of the mushroom as well as in the mycelium, the filament-like body of the fungus that typically lives underground. Beta-glucan concentrations are higher in the mycelium than in the mushroom itself. UltraCeps includes both the <u>Cordyceps mushroom and the Cordyceps mycelium biomass</u> - dramatically increasing the polysaccharide content and providing you with a uniquely potent product.

<u>High Cordyceptic Acid Content:</u> Cordycepic acid from Cordyceps sinensis and Cordyceps militaris has been shown to enhance cellular metabolism and thus give the entire body energy support. These 2 strains are grown to maximise the cordycepic acid content.

Strongest Strains: The benefits you recieve from nutritional products are limited by the quality of the original soils and materials on which they grow. This is the reason that our Ultraceps Cordyceps is cultivated on a proprietary blend of organic grains sourced from around the world. These organic grains include purple and black corn, quinoa, various strains of organic brown rice. This high quality foundation provide an ideal base for superior mushrooms and mycelium - and thus a uniquely effective nutritional support. Attention to this level of care and quality puts UltraCeps head and shoulders above other cordyceps products, both in terms of efficacy and safety.

Important Co-Factors in UltraCeps

- 1. 100% RDA <u>Vit C from Organic</u> Cranberry: Absorbable, natural source vitamin C boosts the body's ability to utilize the important nutrients from the cordyceps. We chose Cranberry for our Vitamin C because of its anti-inflamatory effect, its high levels of antioxidant phenols, and it's proanthocyanidins (PACs). (PAC's can prevent the adhesion of certain of bacteria, including E. coli, associated with urinary tract infections to the urinary tract wall and potentially inhibit the bacteria associated with gum disease and stomach ulcers.)
- 2. N-Acytl-Cysteine: (NAC) is an amino acid and antioxidant. NAC is a precursor in the body to the critical antioxidant glutathione, which is produced within cells, particularly by the liver. It supports liver function and assists in the removal of waste products at a cellular level. Allowing for increased cellular health one of the key purposes of our UltraCeps formulation.
- 3. Quercitin: A member of the flavonoid group found in fruits, vegetables, and tea, Quercitin inhibits the release of histamine & other inflammatory mediators. It decreases the inflammatory response in the mast cells of all mucous membranes. In this way it clears the way for increased absorption of the cordycep mushrooms.

Ge-ProCoQ10 Max

Interest in coenzyme Q10 as a potential treatment for cancer began in 1961 when a deficiency of the enzyme was noted in the blood of cancer patients. Low blood levels of coenzyme Q10 have been found in patients with myeloma, lymphoma, and cancers of the breast, lung, prostate, pancreas, colon, kidney, head and neck.

Most of the original research on CoQ10 centered on the treatment of heart failure, but two older journal articles highlight it's potential in combating cancer and maintaining a cancer free life. A Biochemical and Biophysical Research Communications paper (April 15, 1993;192:241-5 - Folkers), presents anecdotal results of 10 cancer patients given

CoQ10 for heart failure. One example is a 48-year-old man started taking daily CoQ10 17 years before after a diagnosis of inoperable lung cancer. He has been symptom free of heart failure and cancer since then.

A European cancer specialist Knud Lockwood, M.D., also presented his treatment of 32 "high-risk" breast cancer patients in Biochemical and Biophysical Research Communications (March 30, 1994;199:1504-8). Employing antioxidant vitamins, essential fatty acids, and CoQ10, he reported "No patient died and all expressed a feeling of well-being" and "These results are remarkable since about 4 deaths would have been expected. Now, after 24 months, all still survive; about 6 deaths would have been expected."

New CoQ10 research in 2005 performed at the University of Miami Medical School is even more impressive, Researchers reported that in laboratory and animal studies where CoQ10 was delivered to cancer cells and tissues, it induced **apoptosis**, which is the normal programmed cell death that goes awry in the disease process.

"The most amazing part is that we've been able to restore a cancer cell's ability to kill itself, while not impacting normal cells," said Niven Narain, research associate in the Department of Dermatology and Cutaneous Surgery at the Miller School of Medicine.

Scientists made two presentations at the annual meeting of the American Association for Cancer Research in Anaheim, Ca. The first presentation involved the most common prostate cancer cell line, PC3. The researchers showed that adding CoQ10 to the cells in vitro, or in the laboratory, there was a 70 percent inhibition of cell growth over 48 hours.

"We saw evidence that the remarkable reduction in cell growth was due to apoptosis, showing that CoQ10 restored the ability of the cancer cells to kill themselves," said Narain.

In the second presentation, the researchers showed that CoQ10 greatly inhibited the proliferation of breast cancer cells, while providing a stabilizing effect on the normal mammary cells.

"This suggests to us that CoQ10 could be an effective adjuvant anti-tumor agent in breast carcinomas," said Indushekhar Persaud, research associate in the Department of Dermatology and Cutaneous Surgery at the Miller School of Medicine. "

CoQ10 is used in the mitochondria to transport oxygen. If a cell doesn't have enough CoQ10, it can't produce energy aerobically, and it is more likely to become a cancerous cell. CoQ10 must be there for your cells to produce energy aerobically. Thus CoQ10, especially when used with Oxy E and other oxygenation supporting supplements like UltraCeps and Oxy Re-Store EFAs, works to get cancer cells producing energy aerobically so that they start to function normally and die a normal cell death.

Ge-ProCoQ10 Max is the new standard in CoQ10 supplementation. The solubility and absorbability of CoQ10 in Ge-ProCoQ10 has been increased by using esters to make it more bioavailable. Human trials show that taking it results in 18 times higher serum levels of CoQ10 than the same amount of standard CoQ10.

Human Trials show that at just 30 mg per day, ProCoQ10 reduced daily DNA damage in humans by 51%. It was also shown to shrink human skin wrinkles in 6 weeks. Now 30 mgs is a small dosage. The amount of ProCoQ10 in this product is 150 mg per capsule. This is equivalent to 2700 mg of the old style, normal CoQ10. Therapeutic usage of the old style CoQ10 is 300 mg a day, so you get much much more with Ge-ProCoQ10.

<u>Ge-ProCoQ10</u> contains another powerful oxygenation promoting ingredient, Organic Germanium 132.

Germanium132 improves cellular oxygen levels. It is an oxygen-rich organic form of germanium which has been studied for its antiviral, immuno-stimulative and free-radical scavenging actions, and for supporting improved oxygen utilization.

Studies have shown Germanium 132 protects cells against radiation damage. Since radiation damage is oxidative, this protection suggests it has strong antioxidative activity. Germanium 132 also increases the production of interferon, which helps activate immune system macrophages and T-suppressor cells, and enhances Natural Killer Cell activity. Each capsules supplies 50 mg of this organic germanium.

Each Ge-ProCoQ10-Max capsule provides 450mg Soluble Rice Bran Complex (SRBC) which is 100% usable and absorbable... with a full spectrum of health-restoring nutrients that man-made supplements can never provide. It is completely digestible because only the soluble part of the stabilized rice germ and bran is used.

When taking just one capsule you receive the equivalent nutrition of a pound of ordinary brown rice, without all the starch. This nutritious Rice Complex strongly supports maximum absorption of ProCoQ10 - and further enhances its far ranging benefits.

It provides a broad range of antioxidants including tocotrienols, which have been found to be six thousand times more effective than vitamin E. Also natural B-Vitamins that boost energy, stamina and help stabilize blood sugar. (Including natural B-Vitamins that cannot be synthesized such as Pangamic Acid.) It is a natural source of Alpha Lipoic Acid, Squalene and IP6..

Use just one capsule of Ge-ProCoQ10 daily.

EFA Concentrate and Oxy Re-Stor EFA

Flax seeds supply another essential fatty acid, Omega 3. Mixed in cottage cheese these have been used as a cancer fighting duo in Europe for decades with good success. A

couple of tablespoons in some cottage cheese daily. It improves the composition of the cell walls so that the cells can exchange oxygen more effeciently.

Make sure you get the oil or ground seeds from the refrigerated section of a health food store as it goes rancid if it is not refrigerated. Or if you grind the whole flax seeds in a coffee grinder, keep the ground meal in the refrigerator. While just using flax seeds or oil give you plenty of the Omega 3s, it does not give you enough of the vital Omega 6 EFAs. While typically we get enough Omega 6 from grains and grain oil and protein from animals fed grains, these sources of Omega 6 almost all the time supply poor quality EFAs that research shows is actually a major contributor to the development of cancer and heart disease.

Oxy Re-Stor EFA is the first EFA supplement we have come across that is designed with the correct amount of Omega 3s and high quality Omega 6s in order to increase the ability of the cells to absorb oxygen. These EFAs are needed to transport oxygen into the cells. If you are lacking in them, oxygen transfer won't happen and cancer can develop.

EFA Concentrate provides superconcentrated essential fatty acids, as much as 800 to 1 concentration. You only need to use a few drops a day to get the equivalent of several teaspoons of oils. Both these products are stable at room temperature. By the way, fish oil may not be as good as you think. Research on fish oil reveals it is not the right kind of Omega 3 that you need. Results have shown that:

Fish oil increases blood glucose or insulin levels.

Fish oil decreases natural tumor cell killing activity.

Fish oil can increase harmful bacteria.

Fish oil does not eliminate arterial inflammation.

Mitochondrial Repair

Three important cancer fighting supplements you will read about shortly help to repair the mitochondria. One of the chief activities of <u>SSR Super Quinone</u> is to initiate repair of the mitochondria. It does this so well that researchers speculate that the reason it is an excellent virus fighter is that the repaired mitochondria is able to handle more oxygen which kills viruses in the cells.

The **AFA Blue Green Algae** contains enzymes that are genetically related to the respiratory enzymes in the mitochondria. So when eaten, mitochondria with enzymes damaged by lack of oxygen may be able to make use of the algae enzymes to produce energy aerobically.

Fulvic Acid Concentrate helps protect both protons and neutrons in cells, and works to repair DNA, thus enabling cells to function normally again and to die a natural death.

The next strategy is also intimately tied up with oxygen levels in your body. When your pH level is low, your blood and cellular fluids can hold very little oxygen.

<u>Cancer Strategy #3:</u> Acidic pH Levels Lead To Cancer... Normalizing pH Levels Can Stop Cancer In Its Tracks

There is plenty of research showing that cancer thrives in an **acidic environment**, and doesn't survive in an normal, more alkaline environment. Cancer cells make your body even more acidic as they produce lactic acid. So if you have cancer, your pH levels are low and your body is too acidic.

Taking action to make your body more alkaline is vital in the battle against cancer. Unfortunately...

The majority of the foods and drinks we consume are <u>acidic</u>, such as meat, grains and sugar, with colas and other soft drinks being highly acidic. So unless you have been eating a very healthy diet, full of fresh fruit and vegetables, your body is *way* too acidic. Creating a very good environment for cancer to grow in.

Actually, a too much acidity is an underlying factor in many degenerative diseases -- diabetes, arthritis, fibromyalgia and more. A basic maxim of natural physicians is: Balance the bio terrain. Do this first, then everything can come back to normal.

Taking medicines or supplements while your body is highly acidic is a bit like washing dishes in a sink of dirty water, even when you put in plenty of soap, you can't get the dishes clean.

According to Keiichi Morishita in his book, *Hidden Truth of Cancer*, when your blood starts to become acidic, your body deposits acidic substances in the blood (usually toxins) into cells to allow the blood to remain slightly alkaline. However, this causes your cells to become more acidic and toxic, which results in a decrease of their oxygen levels, and harms their DNA and respiratory enzymes.

Over time, he theorizes, these cells increase in acidity and some die. These dead cells themselves turn into acids. However, *some* of these acidified cells may <u>adapt</u> in that environment. In other words, instead of dying - as normal cells do in an acid environment - some cells survive by becoming abnormal cells.

These abnormal cells are called malignant cells. Malignant cells do not correspond with brain function nor with our own DNA memory code. Therefore, malignant cells grow indefinitely and without order. **This is cancer.**

As you can see, he is describing, from a different point of view, the process by which low oxygen levels turn some cells cancerous. Alkaline water (including the water in

cells) holds a lot of oxygen. Acidic water holds very little oxygen. So the **more acidic** your cells are, the less oxygenated they will be. To make matters worse, the fermentation process cancer cells use to produce energy creates lactic acid, further increasing acidity and reducing oxygen levels.

Sang Whang, in his book *Reverse Aging*, points out that toxins are **acidic**. If your blood is too acidic, toxins will not be released from your cells into the blood. So your cells can't be detoxified. This buildup of toxins in your cells results in acidic, poorly oxygenated cells, which can turn cancerous. He explains,

"In general, degenerative diseases are the result of acid waste buildups within us. When we are born, we have the highest alkaline mineral concentration and also the highest body pH. From that point on, the normal process of life is to gradually acidify. That is why these degenerative diseases do not occur when you are young. Reverse aging requires two separate steps: chemical and physical. The first step is to lower the acidity of the body so that it can dispose of acidic wastes in the blood and cellular fluids safely and easily. The second step is to physically pull out old stored wastes into the blood stream so that they can be discharged from the body."

There is a long history of reversing cancer simply by alkalinizing the body. It is one of the basic strategies in the battle against cancer and for improving your health in general.

Virtually everyone with cancer has low pH levels.

Unfortunately, when someone has cancer, it is very difficult to raise pH levels quickly. Even taking large quantities of minerals and greens won't work fast because cancer cells pump out lactic acid which creates even more acidity. It will always take months to normalize pH levels because as you start to improve them, the body releases stored up toxins which increases the acidity again.

There are four types of products to use in combination to maximize alkalinization or normalization of the pH. First, **Oxy E**. Using the highest dosage of 150 drops a day. That's about 8 bottles a month, higher than the general recommendation for killing cancer by increasing oxygenation levels so using this amount will be a bit more aggressive at killing cancer via oxygenation also.

It is also recommended to take both a calcium supplement and a green supplement for improving pH. For maximum effect, go with the **Elemental pH** with its specialized calcium ions, and because of its cancer fighting abilities, the **AFA Blue Green Algae** in large amounts. A product that both supplies these two primary ingredients, calcium and greens, and is a less expensive option, is **pH Rescue**. If you wanted to just take one relatively inexpensive product specifically for alkalinization, this might be the one. Two bottles a month.

The fourth step is to use **G.H.A. Alkalizer** to alkalinize everything you are drinking. These are liquid drops you put in fluids to raise their pH levels, thus increasing the alkalinity of what you drink, and helping to raise your pH.

The single best alkalinizer we know of is called...

Elemental pH

The main ingredient in Elemental pH is calcium made from egg shells that are heated to 10,000 degrees. At that temperature all impurities are burned up, <u>outer electrons</u> are stripped away from the calcium, and the calcium is ionic clustered.

This makes the calcium *very active*. So much so that only 1/8th of a teaspoon, about the size of the tip of your little finger, is all you need, three times a day. Or mix about half a teaspoon in a quart or so of water and sip it throughout the day. It will help your pH improve as rapidly as using 30 or so capsules of coral calcium daily. As with all the top cancer fighting supplements, some people have only used it to beat cancer.

It contains some magnesium and other types of calcium, but it is the ionized egg shell calcium that does the work.

Once pH levels start to normalized, your body will start eliminating toxins from cells, so continued use of Elemental pH and other pH balancers is needed to neutralize those toxins. This will be an ongoing process for a considerable time.

Other benefits from improving pH include an improvement in diabetic conditions, a decrease in arthritic pain, and a reduction in inflammation in general. Elemental pH is a powder which can be mixed into the water or juice with the Oxy E and or zeolite. Take 1/8 teaspoon three times a day.

AFA Blue Green Algae

This nutrient dense green food will be discussed in greater detail in our immune products section. There are many green drink powders on the market. They will all help with alkalinity. However, AFA blue green algae's superior cancer fighting and cellular regenerating abilities make it the green food alkalinizer you may most want to consider using.

Oxy E has already been covered in the oxygenation section. It is convenient that it is also any excellent pH balancer. Interesting, the amount suggested to be used for the most rapid alkalinization is around 150 drops a day, seven to eight bottles a month, while a more standard amount for fighting cancer has been around 100 drops a day. Using the higher amounts will only boost its oxygenation effects.

pH Rescue

pH Rescue gives you both the greens and the calcium/magnesium blend in one product. It contains an organic greens and fruit powder blend of wheat grass juice powder, barley grass juice powder, alfalfa juice powder, broccoli powder, blueberry puree powder, beet juice powder, spearmint powder, kelp powder, carrot juice powder, whole apple powder and cherry puree powder. And a mineral blend of magnesium citrate and coral calcium concentrate. Thus you get both the greens and the minerals needed for alkalinization in a convenient capsule form. For maintenance, take a bottle a month, 4 capsules a day. Double the amount when dealing with cancer to 8 capsules a day.

G.H.A. Alkalizer

This bottle of liquid is an effective and easy way to alkalinize the fluids you drink. Just put a couple of drops in everything you drink, aside from milk, and it will make them more alkaline. Helping to balance your pH in another way. It also acts as a free radical scavenger. While two drops per glass is adequate for raising the pH in a relatively healthy person, to vigorously fight cancer, use 5 drops per glass and take about 60 drops per day.

Following are a few alkalinizing products that either also fight cancer in other ways or can substitute for a highly acidic food. pH Rescue gives you both the greens and the calcium/magnesium blend in one product. It contains an organic greens and fruit powder blend of wheat grass juice powder, barley grass juice powder, alfalfa juice powder, broccoli powder, blueberry puree powder, beet juice powder, spearmint powder, kelp powder, carrot juice powder, whole apple powder and cherry puree powder. And a mineral blend of magnesium citrate and coral calcium concentrate. Thus you get both the greens and the minerals needed for alkalinization in a convenient capsule form. For maintenance, take a bottle a month, 4 capsules a day. Double the amount when dealing with cancer to 8 capsules a day.

Betaine HCI and Ionic Potassium Concentrate or HCL Activator

In the late 1920s Dr. Walter Guy and Dr. Ferguson made extensive use of hydrochloric acid therapy to cure many ill health conditions, including cancer. These doctors found that administering HCI (hydrochloric acid) balanced pH and had other cancer fighting benefits.

Hydrochloric acid in the stomach is needed to break down protein. With age, or if you have a hiatal hernia, its production decreases. About 2 grams is required per meal. No acid means poor digestion. Hydrochloric acid is the only healthy acid in the body.

Symptoms of acid indigestion almost always come from not enough hydrochloric acid because that causes the fermentation of organic waste acids in the stomach. Rather than using antacids, taking hydrochloric acid is required, so that the organic waste acids are not produced. Don't take it if you have ulcers though.

Bob Livingston in his newsletter describes how lack of HCL may lead to cancer.

"Cancer victims always are high in lactic and carbonic acids. This definitely calls for the need of a larger supply of hydrochloric acid in cancer patients. When a weak solution of hydrochloric acid is introduced into the tissues, either by mouth, vein or muscles, it acts chiefly in clearing out the poisonous waste acids of the body from the lymph channels, increases the elimination of CO2, restores normal pH reaction and desensitizes the tissues to disease proteins."

The doctors in the 1920s doing the HCL protocol, found that no matter how the HCl was given, it was useful. Especially if combined with potassium.

To get additional HCl, take Betaine HCl. When used in conjunction with the HCL Activator, it will boost the immune system and increase the ability of red cells to transport oxygen. Taking it with meals will both improve digestion, and get more into the body where it will help to balance pH. The Ionic Potassium Concentrate is a highly absorbed potassium that will improve oxygen levels and enhance the effectiveness of the HCL supplement. HCL Activator supplies the potassium and other co-factors in a capsule form that is in a similar quantity to what the doctors used..

Taking adequate amounts of Betaine HCL with meals will also help reduce the amount of enzymes the pancreas will be required to produce for digestion, leaving more capacity for producing enzymes to fight cancer. Using several bottles each of Betaine HCL and HCL Activator a month would be worth doing when fighting cancer.

Healthy Coffee

If you drink coffee and have cancer, you should stop drinking it because it is highly acidic. Or change to a coffee that can improve your pH levels rather then make them worse. And provide immune system support too.

In this Healthy Coffee four different medicinal mushroom extracts are infused into a premium organic coffee bean. These mushrooms are Cordyceps Sinensis, Ganoderma Lucidum (Reishi), Agaricus Blazei, and Coriolus Versicolor. Known for their immune building potential, these mushrooms render an even more immediate enjoyment as they create a coffee that does not give that burning sensation because the mushrooms reduce the acidity. You can get it in decaf too.

Reishi has been used medicinally in Asia for over 2,000 years. It is commonly used to fight cancer in many alternative cancer clinics, and contains more than 200 active elements known to improve health.

Especially important for fighting cancer are the polysaccharides in all four mushrooms for strengthening the body's immune system, and organic germanium which increases oxygen in the blood system.

The Brazilian beans in this Healthy Coffee are mountain grown, fair trade, and organic - roasted to perfection. Each ounce of coffee you make gives you about 50 mgs of mushroom extract.

Reported benefits include improved sleep, raised PH, increased oxygen to your brain, weight normalization, and enhanced health. It helps to remove toxins from your body, and it tastes good.

If you drink coffee or want to drink coffee again, substitute this healthy coffee.

Zeolite, being a mineral, also helps alkalinize your body. The zeolite powder, because of its greater quantity, would help more than the liquid.

Next you are going to learn about three highly effective and almost unknown cancer fighters that were developed decades ago by Nobel Prize winners.

<u>Cancer Strategy #4:</u> Lack Of Methylglyoxal Causes Cancer... Getting Methylgyloxal Into Cells Puts The Brakes On Cancer

Dr. Albert Szent-Gyorgyi was the Nobel Laureate in Medicine in 1937 for the isolation and discovery of Vitamin C. Known as the "Father of Nutritional Science", he also discovered iso-flavones and vitamin P. In his last 40 years, he researched the regulatory processes of cell growth, and thereby the regulation of cancer itself.

He made a rather amazing breakthrough about cancer. In 1963 the prestigious magazine "Science" published a remarkable article about his research. In it Dr. Szent-Gyorgyi identified two substances, one called **Retine**, which inhibited cancer growth, and the other called **Promine**, which promoted cell growth and made cancerous cells grow faster.

He explained that these were very small molecules that were highly potent in controlling cell division. His research using mice achieved shrinkage of tumors by increasing the ratio of Retine to Promine with daily injections of Retine. Other researchers obtained similar results.

There were no harmful or toxic side effects.

In another "Science" article in 1967 he announced that his laboratory had isolated and manufactured Retine, which retards cell growth, in the form of a Carbonyl compound called Methylglyoxal.

Again, in animal studies he showed that injecting Methylglyoxal daily into mice with cancer was highly effective. The study was divided up into 5 groups of 20 mice each. Every mouse in the control group died in the first 26 - 34 days. All mice were observed for 300 days. The first group began treatment 1 hour after inoculation with cancer. 15 survived

In the second group, beginning treatment 4 hours after inoculation, 13 animals survived. The third group began treatment 24 hours afterwards and 7 survived. The fourth group waited 48 hours and 4 survived.

In an interview in Prevention magazine in 1972 conducted by Jane Kinderlehrer, he explained that he and "Dr. Egyud have found that **retine (methylglyoxal) stops the growth of cancer cells without poisoning other cells.** When retine is present in sufficient concentration, no cell division can occur while vital cellular processes go on unhindered."

The article goes on, "And what is a good bit of luck, and not my cleverness, the whitehaired scientist pointed out, "is that if a cancer cell cannot grow, it dies by itself.' According to the researchers, retine is normally produced by the body and, when it is, it prevents the growth of existing cancer cells. But the body can lose its ability to produce this substance...

"Putting the retine back in the body, just as we put insulin back into a diabetic's body, can stop the growth of cancer... The scientists at Woods Hole found that cancer cells are much more sensitive to retine than normal ones, and so cancer cells may be inhibited specifically."

To sum it up, the Carbonyl group - Glyoxal & Methylglyoxal, are retine. They arrest cell division and make cells return to a resting state. If Carbonyl is missing, uncontrolled proliferation goes on, and cells grow wildly and uncontrollably which leads to cancer. Glyoxal & Methylglyoxal are a non-toxic substance that is supposed to be in your cells. Putting them back in your cells has significant anti-cancer activity.

Another well known Nobel Prize winner of that period, Dr. William Koch, worked on this same issue with a different approach. Dr. Szent-Gyorgyi acknowledged his work saying, "A decade ago, a very intuitive researcher, Dr. William F. Koch, came to the same conclusion about the possible importance of Carbonyls in regulation of cell division and carcinostasis."

SSR Super Quinone, Koch TMT and MG Concentrate

Developed by Dr. William F. Koch, Super Quinone and Koch's full line of TMT homeopathic remedies have for over 60 years been used time and again to conquer cancer and other major illnesses. Composed of homeopathic sized methylglyoxal quinone molecules, one of their main functions is their ability to repair damaged respiratory enzymes in cells. This is fundamental to the development of cancer.

As you will read more about later on, another main cancer fighting function they perform is to get methylglyoxal back into cells, thus helping to turn off the uncontrolled replication that characterizes cancer cells. They also work to effectively neutralize free radicals in a different way than typical antioxidant supplements do.

It was Dr. Koch's opinion that his homeopathic quinone based remedy tapped into healing at the level of DNA in the all the cells of the body. Primarily by triggering a cell's oxidative mechanisms to regenerate the impaired aerobic oxygen respiration that causes the cell to go cancerous. Restoring a cell's ability to use oxygen to produce energy is fundamental to Otto Warburg's theory on how to stop cancer. And it works...

Koch's book, The Survival Factor, has a series of photos of an infant with inoperable liver cancer who had a protrusion of the abdomen which got less and less until she is shown as a healthy young girl. And many other users have experienced similar results.

They formulations trigger a chain reaction in every cell on a molecular level, and tap into the body's infinite capacity to reverse any disease. Dr. Koch called his primary remedy the Synthetic Survival Reagent, thus SSR. And used it successfully for treating cancers, allergies, polio and infectious diseases. He postulated that it worked against pathogens because the increased oxidation initiated by SSR would kill the disease causing pathogens in the cells.

They also help to deal with the damaging effects of free radicals throughout the body. In a sense, causing a chain reaction at the DNA level among all existing free radicals to nullify them so that they cannot cause disease. When you take them along with other free radical scavengers, the damaging effects from the vast amounts of free radicals we are exposed to in this polluted world can be greatly negated. It can bring about dramatic changes in the cells because it normalizes DNA function with the removal of free radicals, and subsequently effects how cells replicate.

In addition, it is theorized to be able to interfere with the DNA of pathogenic microorganisms and cancer cells to shut down their replication and thus cause them to die. An MD who worked with Koch's formulations said that he found it to be about 80% effective against cancer.

As a historical note, in Germany they have been used to treat many different diseases. German authorities on these remedies say that they treat: Cancer, HIV, chronic infectious diseases, autoimmune diseases, can be a replacement for vaccinations of diseases such as chicken pox and measles, and basically treat any and all disease. (Heart disease is intimately connected to free radical damage and bacterial infections.) Because the Super Quinone and TMT molecules are extremely small, it has no problem working on diseases of the brain.

Methlyglyoxal, if you remember, literally tells cancer cells to stop their abnormally high replication rate. Cancer cells are revved up way past the red line, so to speak, when it comes to cell replication, and replicate many times faster than normal cells.

Methlyglyoxal is missing from those cells. TMT or SSR use a very slight amount of methylglyoxal that starts a self-replicating process causing the cell to repair itself as Methylglyoxal is introduced to the cell, and passes on to restore the Methylglyoxal in another cell. Causing a cascade of cellular repair and a stopping of uncontrolled

replication. As Dr. Szent-Gyorgyi discovered, when cancer cells can't replicate in an uncontrolled fashion, they die.

And of course, at the same time as these remedies turn off the replication of cancer cells, they initiate the repair of respiratory enzymes from cell to cell.

TMT is Dr. Koch's full range of five different homeopathic formulations of glyoxal and methylglyoxal (one of them being SSR) that work together to stimulate your body to create more methylglyoxal in the cells. They have been used for 50 years in Germany and have proven again and again to be quite powerful in their cancer fighting effects.

The TMT Homeopathic liquid remedies come in 2ml sealed glass vials. You break off the top of the glass vial to open them. Then sip the liquid using a small straw. You get more then you do with the SSR vials, but they are a bit harder to take than the SSR screw off the top 1 ml vials.

One set of TMT comprises ten vials. The normal protocol is to take one a day for 10 days, and then one a week for 10 weeks. At this rate, two sets of TMT vials will last three months.

The TMT protocol is not quite as intensive in frequency as using the SSR. A set of SSR comprises 14 vials. You use one a day for ten days and then one a week for 4 weeks. Then repeat. The 14 SSR vials last for a month and a half and then you start taking one a day again for ten more days and then one a week for four weeks.

The TMT remedies are a more complete program in that they comprise five of the formulations developed by Koch, which he gave in rotation, and the TMT vials contain more per vial then the SSR. But they are a bit harder to take as they are a sealed glass vial that has to be broken, and you go through a longer period where you are taking one vial a week for ten weeks. With either formulation you can decide to take one a day indefinitely until better.

Dr. Koch, in one of his books, wrote that he was having miraculous success with cancer when he was working in South America, reversing even quite advanced cases. One health practitioner using a Koch formulation that came in the sealed vials - like the TMT remedies do, was giving them via muscular injections and reported what she called miraculous effects also. (The more painful the shot, the better the formulation.)

It is suggested that you go on a vegan - no animal products diet (for at least a week) when using TMT - though most people do not follow that protocol.

Here are some case studies of people who followed the TMT protocol. A 31 year old female with cervical cancer suffered for a year with irregular bleeding, discharge, increasing pain and progressive bladder problems. Squamous cell cancer was diagnosed and confirmed.

She went on the TMT protocol and vegan diet, and experienced the typical first reaction

symptoms of general achiness and a low grade fever, very much like a cold. After a few months the bleeding stopped, puss and discharge stopped soon afterwards, and the pain slowly went away. After 36 weeks there were no more symptoms, and the cancer was in remission.

A 58 year old female had stomach cancer and had lost weight from 150 to 108 pounds in nine months. The entire right side of the stomach was enlarged, bulging with a tumor. She was vomiting, had great weakness and considerable pain and tenderness in the abdomen. She started on an all vegan diet and the TMT. After 3 weeks she experienced the healing reaction of chills, fever, and general aching for several days. She took no dosages of TMT during her healing reaction. She continued in a once a week dosage and experienced several more healing reactions until her recovery and went into remission. TMT was used once a month as maintenance. After ten years, she was still in good health.

A 42 year old female with metastatic breast cancer in the bones, lungs and liver had a radical mastectomy with lymphatic dissection followed by chemotherapy for 6 months. This was followed by radiation treatments to the lungs and bones. After eight months of remission, she was found to have an acute reoccurrence of bone metastasis. She started on a vegan diet and intermittent juicing and fasting on a regular basis, and did home enemas. (Maximum Digestion is an enema substitute as it cleans the whole intestinal tract and rebuild the intestinal lining.)

She followed the usual TMT protocol. She developed acute bone pain with skin inflammation. Even the surgical scar of the mastectomy became inflamed. She was taken off TMT during this healing reaction. After two weeks, she went back on the protocol. Within a week, the patient developed abdominal pain. This seems to be resolving a chronic liver viral episode she had in the past. It lasted for several weeks.

Over the next year she took TMT in intervals dependent on healing reactions. Pain and inflammation decreased. Eventually she went back to her oncologist, and a bone scan and cat scan revealed no further evidence of cancer.

A three month old baby, diagnosed using x-rays, exploratory surgery and a biopsy, had cancer in 85% of her liver. The doctors closed her up and told the mother that nothing more could be done. Just try to make her as comfortable as possible for the few days she had left to live. They placed her maximum life expectancy at 21 days.

With the help of another doctor, she was started in the TMT protocol. Within the first ten days on TMT, the baby passed large quantities of mucous with multiple bowel movements. In three months, the abdominal area became smaller in size and softer, and the baby could breath easier. In four more months another doctor examined her and could find nothing wrong with the baby. After 6 more months, the baby was examined by several other doctors, and none of them could find anything wrong. At two years old she had normal growth and development.

A 40 year old man with metastatic squamous cell carcinoma of the throat was given 6 to 12 months to live. After taking two IV dose infusions of chemotherapy, the patient terminated the treatment as he couldn't take it anymore.

TMT protocol was started. He maintained a vegan diet and did enemas for the first 3 months. After about one month, he had a healing reaction with acute body aches, fever and chills, and fatigue as if fighting the flu. Within several weeks he reported to be feeling quite well. He maintained on TMT. One year since the initial lymphatic dissection a follow up with the oncologist was done. No reoccurrence of the original cancer could be found. He was told by the oncologist "don't tell me what you are doing, but for goodness sakes, don't stop whatever it is." After five years he gave up going to the oncologist stating that it was just too depressing going to a place where he sees people in his previous state so sick from the chemotherapy.

Looking at Koch's remedy from Dr. Szent-Gyorgyi's understanding of the role of Methylglyoxal in stopping cancer, it seems most likely that SSR Super Quinone or the Koch TMT is stimulating the body's ability to produce Methylglyoxal in cells. Thus stopping cells from turning cancerous, and stopping the replication of cancerous cells so that they die.

Methylglyoxal is missing in cancer cells. SSR and the TMT use a homeopathic amount of methylglyoxal to start a self-replicating process causing cells to produce Methylglyoxal. MG Concentrate Causing a cascade of cellular repair and a stopping of uncontrolled replication. As Dr. Szent-Gyorgyi discovered, when cancer cells can't replicate in an uncontrolled fashion, they die.

And of course, at the same time as SSR or the TMT turns off the replication of cancer cells, it initiates the repair of respiratory enzymes in cells.

Dr. Koch, in one of his books, wrote that he was having miraculous success with cancer when he was working in South America, reversing even quite advanced cases. SSR and TMT have proved to be a top cancer fighters with a long history of success.

MG Concentrate

Dr. Koch and Dr. Szent-Gyorgyi took different approaches to supplying methylglyoxal to the body. Dr. Szent-Gyorgyi developed a way to take methylglyoxal just like you would take a vitamin. It worked. The researchers Apple and Greenberg showed that it significantly inhibited tumor growth in mice with leukemia and tumors. It was observed to inhibit mitochondrial respiration and energy production of malignant tissues and cells, but had no effect on normal, nonmalignant tissues and cells.

These studies proved it is a potent anticancer agent that acts against cancerous cells, but not normal cells. And that it works best when augmented with vitamin C. But no testing on humans had been done. In the late 90s, a group of doctors at the University College of Science in India tested it on a group of mostly stage 4 very advanced cancer patients.

Of the 19 patients who completed the 25 week study, (5 patients moved away), 11 were in excellent health, 5 were stable and continuing with the Methylglyoxal, and only 3 had died.

Remarkable results when dealing with advanced cancers. In fact, in the abstract of this study, the doctors state: "The results strongly suggest that this formulation is by far more superior than other present forms of treatment against cancer."

While actually these results are not quite as good as the liquid Cellular Zeolite informal study, they are most impressive, and better than other forms of cancer therapy, conventional or alternative. The study has continued on throughout the years with equally successful results.

The solution of methylglyoxal used in the study is the same as in MG Concentrate. Currently in the studies, users receive 5 servings a day for 10 weeks of 10 ml of methylglyoxal diluted in water, followed each time by some vitamin C and a mixture of B vitamins. A capsule of the natural source Vitamin C Complex works well for this as it is more effective than synthetic ascorbic acid. The Max Stress B Nano-Plex is a natural source vitamin B that can be used in small doses because it is very well absorbed.

After there has been improvement, or in 10 weeks to 3 months, you can reduce the amount to 3 servings a day until the cancer is gone. After that, the treatment can be either discontinued as not being needed, or continued on a low dose - 1 serving a day.

The liter bottle of MG Concentrate supplies 100 servings, a 20 day supply. It does not have a pleasant taste though it can be sweetened with stevia.

Based on the 70% success rate of the ongoing clinical study, if affordable, MG Concentrate with its methylglyoxal would be in everyone's cancer fighting regime.

And now for the best immune supplements.

<u>Cancer Strategy #5</u>: A Weakened Immune System Leads To Cancer... A Strong Immune System Seeks Out And Destroys Cancer Cells

For most of your life, the immune system has successfully dealt with cancer cells, killing them off as they developed. That's its job. For cancer to have developed in you, your immune system must have become worn out, ineffective and unable to deal with the cancer cells.

Thus it is vital in your battle against cancer to strengthen the immune system. Especially if you are getting medical treatments that wipe out the immune system, and make the body more **acidic** to boot.

Many natural supplements support the immune system. The trick is the find and use the ones that work the best, as it is easy to squander resources on products that won't get

the job done. The other concern is to make sure you take **enough**. Cancer is not something to pussyfoot around with. Taking 5 to 10 times the normal supplemental amount seems to work best when using natural supplements.

As the immune system is so important in fighting cancer, many products will be mentioned in this section. They work on the immune system in slightly different ways so any or all of them can be used without duplicating their cancer fighting effects. Let's start with a few of the best.

As the immune system is so important in fighting cancer, many products will be mentioned in this section. They work on the immune system in slightly different ways so any or all of them can be used without duplicating their cancer fighting effects. Let's start with a few of the best.

Get Healthy Aloe MPS Boosts The Immune System, Improves Cellular Communication, Creates Tumor Necrosis Factor and more

Cancer cells are viewed by the immune system as **non-self**. As are viruses and other pathogens in our body. By increasing the ability of the cells to communicate with each other and with the immune system, the immune system may be better able to identify what is non-self, and get rid it.

One type of product that has proved to be *so* effective at helping the immune system do this, a new science has developed around it. The science of **Glycobiology**, which deals with the role of essential long chain carbohydrates in cellular communication.

To maintain a healthy body, cells must "talk" to each other. Their language is one of touch, written in saccharides (or simple sugars) on the cell surfaces. Like thousands of different "keys" projecting from the cell surface, they either unlock the required functions of the adjoining cell or not. If the right keys are available, the body functions smoothly. If not, it doesn't.

In March, 2001, **Science Magazine** dedicated virtually the entire magazine to the science of Glycobiology and the essential saccharides that make up these cellular communication keys.

The University of California, San Diego, announced the establishment of a Center for the further research and development of the Science of Glycobiology. And the President of the Royal Academy of Medicine in London, Dr. John Asford, said that "Sugars are going to be the molecules of the next decade."

Eclipse Magazine reviewed the results in Uganda where they are using these glyconutrients on AIDS and cancer patients and seeing remarkable results, and the child with Projeria (fast aging disease) who is experiencing reversal in his aging process once on glyconutrients.

The best source for these special, long chain carbohydrate molecules has proven to be properly processed aloe vera. One of the top researchers in the field, Dr. Danhof, gives some details on what it does. (These are Dr. Danhof's words based on his and other research.)

"The Aloe Vera MPS is a long chain sugar molecule composed of individual sugar molecules connected together in long linear chains. There is wide range in the size of the MPS molecule. The varying sizes determine their healing properties.

- "1. Anti-inflammatory and Blood Sugar Normalization Small size molecules. MPS reduces inflammation which is involved in such diseases as ulcerative colitis, arthritis, and gastric reflux. Also helps with the reduction of blood sugar with both type I and II diabetes.
- "2. Free Radical Scavenger Medium size molecules.

Whereas vitamins and minerals can only function outside the cells, MPS are effective intracellular antioxidant and free radical scavengers - very important in preventing and treating arteriosclerosis, heart disease and Parkinson's disease. With the everincreasing chemical pollution all over the planet and loss of nutrients in the soil, the increase in free radicals and loss of cellular oxygen will only become worse with time.

"3. Anti-Pathogenic Large size molecules.

Has a direct antibacterial, anti-viral, anti-yeast/fungus and anti-amoeba effect. This is important with all the new infectious diseases cropping up, and the older ones becoming more virulent and mutating from long term use of antibiotics.

"4. Immune System Enhancement Very large size molecules."

The very large molecules are immune modulating, which has a powerful healing effect on AIDS, Chronic Fatigue Syndrome, other chronic infections, multiple chemical exposure, cancer, heart disease, auto-immune diseases and many other immune system disorders. MPS is important with the ever-increasing number of infectious diseases that are gradually becoming resistant to antibiotics.

"The MPS molecule activates the Macrophage directly and through the liver to produce a cascade of healing effects: increases phagocytosis by the macrophage to engulf and **destroy** infected cells and damaged cells (the garbage eater in the body); increases interleukin and interferon levels in the body, which then increases the number and response of T-Cells and Monocytes; wound healing via fibroblast activity as well as dramatically increasing the growth of new cells and the anti-pathogenic response with viruses, bacteria, yeast fungus and amoebas.

"MPS also causes the body to produce tumor necrosis factor that destroys tumors by shutting off their blood supply."

Dr. Danhof

Several small pharmaceutical companies are developing drugs using these long chain polysaccharides to fight cancer. Between them and the general research showing many cancer fighting benefits to taking aloe, there is a good amount of research on the use of aloe vera extract for fighting cancer.

<u>Aloe MPS</u> is the best aloe vera concentrate. Its manufacturer uses the right kind of processing to preserve all the active ingredients. Their testing shows no other Aloe product, whole leaf, from the gel or as a powder, contains as wide a range of <u>stabilized</u> muco polysaccharides as Aloe MPS.

When an aloe vera leaf is cut, the mineral salts and enzymes immediately starts breaking down the MPS molecules in it which reduces their effectiveness. The proprietary extraction process used in making Get Healthy Aloe MPS, involves freeze drying the gel into a powder, and eliminates the enzymes and mineral salts to prevent their destructive action. The mineral salts and enzymes in aloe can be irritating to the gut.

Aloe MPS contains high levels of active ingredients. Even the filler, larch tree powder, is beneficial. It acts as a pre-biotic nutrient feeding your friendly intestinal bacteria. And is a potent immune system enhancer too with independent research showing it is good for fighting cancer. Get Healthy Aloe MPS contains the complete MPS molecule intact. Its dalton weight goes up to over two million. These higher dalton weights, over one million, are necessary for **effective** immune system healing, bolstering and balancing the immune system cells, and for producing tumor necrosis factor.

Aloe MPS is taken as a loose powder mixed with water on an empty stomach in the morning. For health maintenance a quarter to half a measuring teaspoon a day is used, with an ounce lasting 4 to 8 months. For serious health concerns, **usually 2 measuring teaspoons or scoops a day** are used, with the large size container lasting a month. Some people use three times the amount, working through 3 bottles in a month's time.

A woman in her middle forties was diagnosed with a high-grade progressive malignant bladder cancer. X-rays and a biopsy showing that her bladder was 20% consumed by the cancer, which had invaded the muscle tissue and was considered to be one of the most aggressive types. She was scheduled to have her bladder **removed**, but after a few weeks of taking a high dose of Aloe MPS she went in to have the operation for bladder removal and the medical doctors found that her cancer was gone!

One man had advanced liver cancer. Chemotherapy treatments were *unsuccessful*. Bleeding in the intestines required months of blood transfusion. Five days after beginning one teaspoon a day of Aloe MPS, his bleeding stopped. His health gradually improved, and he returned to a more normal routine of day to day living.

Another man in his early seventies, who was recently undergoing chemical and radiation therapy for **pancreatic cancer**, had lost a tremendous amount of weight, so much that his family became very concerned and ordered Aloe MPS. Within two weeks

of using a very high dose of Aloe MPS mixed with water, 6 level measuring teaspoons, he began gaining weight and had much less nausea form the medical treatment he was receiving.

One woman, taking 7 1/2 tsp a day, said she felt it going directly to her cancer and working on it every time she took it. (She had very extensive bone cancer.)

Get Healthy Aloe 3X is a aloe vera concentrate that boosts the immune response threefold when taken *with* the regular Aloe MPS. Use it with the regular Aloe MPS. Take half as much of the 3X as the Aloe MPS. The 3X, when used with the regular Aloe MPS, is proven via scientific studies to increase immune system response by **300%**. (Aloe 3X contains components of the galactomannan molecule that target the immune system.) The bottle is half the size of the large Aloe MPS bottle so you use one of each.

Two or three of each in a month would be a high therapeutic amount. Aloe vera in general and Get Healthy Aloe MPS in particular has a long history of being an exceptional immune system booster and cancer fighter.

Ultralmmune9

Medicinal mushrooms have a long history of being some of the most potent cancer fighters. They are a source of beta glucans, polysaccarides, and other immune boosting phytonutrients that are important cancer killers. Ultralmmune9 specifically targets and nutritionally supports optimum anti-cancer performance. It is based on a little known Chinese Medicine anti-cancer formulation, giving you a high concentration of nine established immune boosting mushrooms. This is a more advanced formula, and more powerful, then the older mushroom formulations like AHCC. These nine mushrooms have both historical and modern track records of proven performance, and provide a broad base of nutritional support for hard working immune systems. What follows is a brief summary of the medicinal and anti-cancer properties of each mushroom in Ultralmmune9.

1) Trametes Versicolor or the Turkey Tail mushroom.

This mushroom has long been treasured in the East; in Japan it is known as kawaratake (mushroom by the river bank), and in China it is called Yun Zhi or Cloud Fungus. In Japan around 1965 a chemical engineer investigated this mushroom for its anticancer constituents after observing his neighbor's life-threatening cancer was cured after taking Cloud Fungus. This led to the discovery of PSK and later it's closely-related PSP (Polysaccharide-Peptide).

Decades of clinical experience indicate PSK is very gentle on cancer patients and works well for cancers. PSK significantly extended survival at five years or beyond in cancers of the stomach, colon-rectum, esophagus, nasopharynx, and lung (non-small cell types), and in a HLA B40-positive breast cancer subset. It's sister, PSP, in double-blind trials, significantly extended five-year survival in esophageal cancer. PSP significantly

improved quality of life, provided pain relief, and enhanced immune status in 70-97 percent of patients with cancers of the stomach, esophagus, lung, ovary, and cervix.

PSK and PSP boosted immune cell production, ameliorated chemotherapy symptoms, and enhanced tumor infiltration by immune system cells.

2) Agaricus Blazei

With a high beta glucan content this mushroom assists in the production of interferon and interleukin which are potent in fighting cancer, especially in the uterus. Anti-tumor effects come from a range of polysaccharides including "beta/ alpha/ xylo/ galacto/ and protein glucan. And its steroids, nucleic acids, lipids and lectin have cancer inhibition properties. In Japan, intensive research done with guinea pigs showed that Agaricus Blazei blocks cancer development 99.4% and reverses growth in 90.0%.

3) Grifola Frondosus or Maitake Mushrooms

Along with Ganoderma lucidum (Reishi) and Lentinula Edodes (Shitake), this is one of the most thoroughly studied of the medicinal mushrooms. It is an extremely rich source of polysaccharides which stimulate the immune system in diverse ways including boosting T-cells and NK-cells. Extensive studies also verify its liver support efficacy.

4) Ganoderma Lucidum or Reishi Mushroom

Ganoderma lucidum is one of the most thoroughly documented mushrooms with extensive human trials verifying its highly effective pharmacological characteristics which include Anti-cancer tumor inhibition, Histamine inhibition, Antioxidant, anti-inflammation, anti-allergy activity. Research indicates that the polysaccharide beta-1, 3-D-glucan in Reishi boosts the immune system by raising the amount of macrophages T-cells. This has major implications for people suffering from AIDS and other immune system disorders. Nutritional support to boost immunity, fight cancer and heart disease, calm your nerves, and relieve allergies. No wonder Reishi is also called the mushroom of immortality.

5) Cordyceps Sinensis

Cordyceps Sinensis is one of the most versatile multi-purpose medicinal mushrooms, with quite extensive modern human and animal studies confirming its effectiveness. One study demonstrated that Cordyceps added significant enhancement of NK cell activity in normal individuals as well as in leukemia stricken individuals. Natural Cordyceps enhanced the NK cell activity of normal patients by 74% and increased the NK activity of leukemia patients by 400%. Similar improvements of NK cell activities was found in big melanoma cancer.

6) Lentinula Edodes or Shitake Mushroom

The shitake has been used since the Ming Dynasty to cure respiratory illnesses, liver trouble, exhaustion, and poor blood circulation. This mushroom has also shown potential for successful treatment of heart disease, cancer, and AIDS. Its two polysaccharide derivatives, Lentinen and LEM, have been extensively studied in Japan, and are officially approved as cancer therapy adjuncts by the Ministry of Health.

7) Polyporous Umbrellatus

Like many of the other of the medicinal mushrooms listed, it fights bacteria, inflammation, viruses, and benefits the immune system, the liver, and the respiratory system. It is renowned for its urinary tract benefits in particular, and is used for treatment of lung, gastric, cyst and cervical cancers.

8) Flammulina Velutipes or Winter Mushroom

The health benefits of Winter Mushroom include supporting liver and ulcer repair. Its anti-tumor activity is suggested in many studies including effects on proliferation, apoptosis and colony inhibition in human breast cancer cells.

9) Hericium Erinaceus or Lion's Mane

Lion's Mane has been traditionally used in both Japan and China for centuries. Recently, Japanese researchers have isolated a NGSF (Nerve Growth Stimulant Factor) from the mushroom that causes brain neurons to re-grow. This has important implications for helping to cure senility, neurological degradation, and increasing intelligence. It has been proven to help the digestive system and is used as a tonic for the nerves.

Studies in China proved that it is effective on "ulcers, inflammations, and tumors of the alimentary canal. Ingestion of this mushroom is said to have a remarkable effect in extending the life of cancer ridden patients. Ying (1987) reports that pills of this mushroom are used in the treatment of gastric and esophageal carcinoma."

Take up to 3 capsules 3 times a day, about 3 bottles for a month supply. This is the most advanced formulation we could find, significantly better than some of the older formulations like AHCC or MGN3.

Yew Immune5

This remarkable cancer fighting supplement is derived from the Pacific Yew Tree which has a long history of use as a cancer fighter. YewImmune5 is a new and unique all natural supplement made from the needles of the Pacific Yew tree. These chlorophyll laden needles have additional nutrient benefits over the bark alone. The number 5 in YewImmune5 represents the five body systems this little known nutritional powerhouse supports: 1. Endocrine 2. Cardiovascular 3. Respiratory 4. Digestive 5. Immune.

Yew has been used for centuries to treat many different ailments, and has a long history of medicinal use. North Americans referred to the Pacific Yew as "Chief of the Forest" because of its incredible and miraculous healing powers when utilized for strength and endurance. Salves made from the Pacific Yew needles were used to treat skin tumors and diseases, bronchitis and respiratory problems. Pioneers brewed the needles and bark to relieve colds, fevers, headaches, stomach, kidney and lung problems as well as for sore swollen joints from arthritis and rheumatism.

Today, thousands of health practitioners have discovered the Pacific Yew to be an indispensable addition to the world of dietary supplements. Users have noticed its ability to strengthen the immune system and ward of illness far surpasses any other herb or supplements they have used before. YewImmune5 quickly and powerfully supports the body's ability to fight cold and flu symptoms such as stuffy nose, blocked sinuses, sneezing and watery, itching eyes, as well as aches and pains.

Is YewImmune5 proven to work? Absolutely. Government research done on the Pacific Yew tree showed that it contains many health promoting substances. Most notable were the anti-cancer phytochemicals present in the Pacific Yew. The unique anti-cancer constituents of the Pacific Yew were discovered for the first time in the 1960's and are called taxanes (inspiring the brand name Taxol). Pacific Yew taxanes are incredibly powerful plant chemicals that exert the strongest natural anti-cancer properties ever seen in cancer research and treatment.

How do taxanes work? Taxanes fight cancer by preventing cancer cells from dividing. Cancer cells reproduce when the parent cell grows small tentacle-like tubes called microtubules. New cancer cells grow at the ends of the tubules and when they mature, the tubules disintegrate so that the new cells are freed from the parent cell and can reproduce and function on their own. Pacific Yew taxanes, unlike any other anti-cancer drug or substance, actually prevent the disintegration of tubules, so the new cancer cells cannot separate from the parent cells. This paralyzes cell division and the cancer cells eventually die.

Not only does Pacific Yew contain anti-cancer taxanes, it also provides a wide range of other plant chemicals such as glycosides, flavonoids, lignans, benzenoids and enzymes, all of which have been shown to have powerful natural anti-inflammatory and immune boosting properties that work to help your resistance to illness. Its anti-inflammatory substances help alleviate symptoms related to inflammation such as stuffy nose and sinuses, fever, as well as aches in the muscles and joints.

Not only does Pacific Yew fight illness you already have, it's great to take as prevention against future illnesses. One of its most extraordinary benefits is its ability to keep your body's natural defenses high. Pacific Yew has been used in clinical testing not only for treating, but also preventing cancer and immune system weaknesses as well.

Many satisfied users have voiced their praise of YewImmune5. G.C. from New Jersey says, "I've never seen or used anything like YewImmune5 for preventing colds and flu....

we had no flu in out family last winter even though everyone around us was sick". But YewImmune5 is not just for the flu. It even works to fight aching joints as stated by B.R. from Idaho "I suffered from swollen, aching knees of arthritis, and was considering surgery to maintain my health and job. I took Yew and by the fourth day was experiencing substantial relief".

Dr. Elias Gutierrez, M.D. and Mildred Nelson, R.N. from the BioMedical Center in Mexico state about Yewlmmune5 "Over 20,000 of our cancer patients have included Pacific Yew tea, capsules and salves to their treatments..Patients are advised to continue Yew in their diets for one year after we can no longer detect cancer in their systems and periodically thereafter for preventative care..The immuno-stimulant, antiviral, anti-inflammatory, anti-parasitic and detoxification properties of Pacific Yew are also extremely beneficial..."

Finally, even the media has taken notice of the amazing benefits experienced from the use of Pacific Yew. An article in The Washington Post on May 31, 1998, states, "Discovered more than 30 years ago in the bark of the slow-growing Pacific Yew tree, Taxol has been shown to aggressively attack a wide range of cancers in a way that other drugs have not. It goes after cancer cells like no other drug before it..."

YewImmune5 has wide ranging benefits - with the proof to back it up. It is one of the most important cancer fighting supplements. With 180 capsules per bottle. Use a couple of bottles a month for fighting cancer.

Fulvic Acid Concentrate and Humic Acid Concentrate

Fulvic acid and Humic acid are often considered new miracle nutrients that balance and energize cells. Acting as a "free-radical" scavenger, fulvic acid supplies vital electrolytes, enhances and transports nutrients, catalyzes enzyme reactions, increases assimilation, stimulates metabolism, chelates and changes inorganic minerals into organically complex minerals. It modifies the damage of toxic compounds such as heavy metals and free radicals, and improves absorption into cells as it increases the permeability of digestive, circulatory, and cell membranes.

We suggest them here because this combination does a very good job of killing cancer cells and reducing tumor size. There are several reasons why it does so. It kills pathogens, and oftentimes it is pathgens in cells that cause them to turn cancerous. Get rid of the pathogens and the cell can normalize and die a natural cell death. Fulvic and Humic acids are also known to help repair cellular DNA. This action would also normalize cancer cells, allowing them to die a natural death. They have immune boosting activity that also plays a part in their ability to reduce tumor size. Take 2 ounces a day of each of them when fighting cancer. That is 2 quart bottles of each a month.

Medicine Man Tea

This tea supports oxygenation, detoxification and the immune system. It is made by a Native American healer, and works in a similar fashion to, but with different ingredients - and is more effective then, the well know cancer fighting tea from Canada, Essaic Tea. On the internet Essaic Tea is sometimes referred to as Medicine Man tea, but this is not Essaic tea. The woman who introcuded Essaic tea to the world wrote in her biography she was not going to disclose the complete formulation, and she did not.

Medicine Man Tea works on all cancers. It has one of the more remarkable stories we have heard on a cancer fighting supplement.

For over 20 years it has been used for cancer by several thousand people. Even the head of oncology at a hospital uses the tea and has some of his patients use it. It's developer hasn't heard of anyone taking the tea who died of cancer. It supports the fight against cancer 24 ways:

- 1. It purifies the blood.
- 2. Increases the body's ability to utilize oxygen by raising the oxygen level in the tissue cells.
- 3. Increases red cell production, and keeps them from rupturing, which increases the oxygenation of your body.
- 4. Maintains the balance between potassium and sodium within the body so the fluid inside and outside each cell is regulated. Thus cells are better nourished with nutrients and oxygen, and are also better detoxified.
- 5. Protects the body against radiation and x-rays.
- 6. Boosts the thymus gland, and thus the immune system, to produce more antibodies like lymphocytes and T-cells.
- 7. Inhibits and destroys tumors and benign growths.
- 8. Removes toxic accumulations in fat cells, the lymph system, bone marrow, bladder and alimentary canals.
- 9. Neutralizes acids, absorbs toxins in the colon.
- 10. Relieves the liver of its burden of detoxification by converting fatty toxins into water-soluble substances that can then be easily eliminated through the kidneys.
- 11. Protects your cells against free radicals.
- 12. Reduces, and may eliminate, heavy metal deposits in tissues, especially surrounding joints, to reduce inflammation and stiffness.
- 13. Improves the functions of the pancreas and spleen by increasing the effectiveness of insulin.
- 14. Prevents the buildup of excess fatty deposits in artery walls, heart, kidney and liver.
- 15. Regulates cholesterol levels by transforming sugar and fat into energy.
- 16. Destroys parasites in the digestive system and throughout the body.
- 17. Counteracts the effects of aluminum, lead and mercury poisoning.
- 18. Makes bones, ligaments, lungs and membranes strong and flexible.
- 19. Nourishes and stimulates the brain and nervous system.
- 20. Promotes the absorption of fluids in the cells.
- 21. Assists the liver's production of lecithin, which forms part of the myelin sheath that encloses nerve fibers.

- 22. Speeds up wound healing by regenerating the damaged area.
- 23. Relieves pain, increases the appetite, and provides more energy.
- 24. Clears the respiratory channels by dissolving and expelling mucus.

One bag makes two gallons and the first time you use the tea it lasts for 6 weeks as you take 2 ounces 3 times a day before meals until gone. Then get another bag, and for the next batch you can reduce the amount to 1 ounce 3 times a day. For a maintenance program once the cancer has been gone for several months, which is important to do, take 1 ounce twice a day. The exact ingredients are a tribal secret as the formula has been handed down for generations. They are grown in Florida swamps and specially processed. And work amazingly well.

One man with stage 4 cancer was in the hospital because his kidneys were failing, at 47% efficiency, with elevated calcium levels. Less than a week after starting on this tea, his kidneys were at 100% and his blood work was perfect.

In 2001 a retired NASA scientist, after a series of chemotherapy treatments, was sent home to die with cancer spread throughout his body in many of his organs. He decided to try the tea after being told it would make him feel better. In four months he went in for a checkup to see how he was doing, and was found to be cancer free. He has continued to take the tea to make sure it doesn't come back. At 83 years old, he is now able to run 10 miles 3 times a week.

U-Fn 35% U-Fucoidan Extract

Research done in Japan and in Europe discovered the ability of another polysaccharide from seaweed to fight cancer, **U-Fucoidan**. It causes cancer cells to **self-destruct**. Within 72 hours in the test tube. Turns out it is also excellent for dealing with an enlarged and painful prostate.

U-fucoidan is a polysaccharide found mainly in brown seaweed. Kombu (Laminaria japonica) is distinctively rich in this substance. Brown seaweed has been found continuously to be the most beneficial among other seaweeds and plants.

In clinical studies U-fucoidan was administered to cancer cells in test tubes where they died within <u>72 hours</u>. This process is known as apoptosis; the destruction of cells from within due to activation by the digestive enzymes contained in the cells themselves. Interestingly, Okinawa, Japan has the **lowest cancer mortality rate** in Japan, and it is where kombu is predominantly consumed.

U-Fn is concentrated brown seaweed extract. It has 35% u-fucoidan and a natural balance of vitamins and minerals from the seaweed. U-Fn is also a strong antioxidant.

Health Benefits: Clinical studies have shown that fucoidan can...

- Decrease cholesterol levels its enzymes break down fatty acids in the liver
- Diabetes control slows down the release of glucose into the blood
- Lower blood pressure
- Improve liver function
- Improve immunity increases the production of immune cells or natural killer cells (NK cells)
- Reduce stomach disorders
- Skin rejuvenation increases the production of integrin, a protein that helps in skin repair and firmness
- Relieve allergies- because of the increase of NK cells
- Relieve arthritis by promoting the production of fibronetin which plays an important part in keeping joints flexible and lubricated
- Herpes remedy because of fucoidan's antiviral properties
- Stop formation of cancer cells through a process called apoptosis (cell self-destructing)

Here's more information on u-fucoidan from a press release, published June 17, 1996 - from Biomedical Research Laboratories titled:

"Polysaccharide found in the seaweed kombu, <u>U-fucoidan</u>, discovered to cause cancer cells to self-destruct "

Biomedical Research Laboratories (Takara Shuzo, Japan) and their research partners have discovered that a polysaccharide known as U-fucoidan, found in brown seaweed, causes various types of established cancer cell lines to self-destruct.

These researchers have confirmed that fucoidan has anti-tumor properties and causes certain types of rapidly growing cancer cells to self-destruct. Examples of cancer cell strains where this self-destruct phenomenon was observed include: Human acute promyelocytic leukemia cells (HL-60 cell line) Human stomach cancer cells (AGS cell line Human colon cancer cells (HCT-116 cell line Cancer cells of the descending colon (SW-480 cell line/WiDr cell line) This self-destruction was observed to take place without affecting normal cells.

The article explains that this self-destruct phenomenon is known as **apoptosis**, as distinguished from necrosis, which is the death of cells directly brought about by external stimuli such as poisonous substances and physical damage to the cell. Apoptosis is brought about by a mechanism that is programmed into the natural makeup of cells. Apoptosis may be said to be a natural means through which living organisms manage to **eliminate** harmful cells from their systems.

While the Japanese have been using U-Fucoidan extracts to fight cancer for a number of years now, a concentration of this magnitude, 35%, dramatically reduces the amount of capsules that need to be taken to get enough U-Fucoidan to effectively fight cancer.

Even with a concentrated brown algae extract like Modifilan, the difference is significant. 4 capsules of U-Fn supplies as much U-Fucoidan as 45 capsules of Modifilan. Reports are that **improvements in cancer blood tests** often show up within 2 weeks, and tumor reductions within 2 months, when using 6 capsules a day.

Leonid Gordin, M.D. Cambridge, MA on the benefits of U-Fucoidan.

"The ongoing research into fucoidan has conclusively demonstrated its ability to induce cancer cell **apoptosis** (programmed cell death) in leukemia, stomach and colon cancer cell lines....

"Fucoidan interferes with cancer cells metastasis (anti-metastatic activity)....

"Another mechanism of antiproliferative (anti-tumor) properties of fucoidan was shown in vitro and in vivo on a cell line derived from a non small-cell human bronchopulmonary carcinoma (particularly chemo resistant tumor). Fucoidan exerted **antiproliferative** activity with a block observed in the G1 phase of the cell cycle."

With its extremely high concentration of U-Fucoidan activated by synergistic ingredients from the seaweed, U-Fn is a premier cancer fighting product.

It is best taken before or with breakfast. Two capsules are taken per day for normal supplementation. For cancer, 6 capsules per day are recommended which takes three bottles for a month's supply.

Immuno C3

Immuno C3 is an essential oil formula developed by a medical team in Canada composed of licensed medical doctors and PhD researchers. They were trying to and succeeded in creating a combination of essential oils that would significantly enhance immune system effectiveness.

Over several years, this Canadian medical team developed a formulation of essential oils for treating diseases of the immune system. First they tested to discover which essential oils worked the best individually. Then they refined their formula by determining the ratio of essential oils to each other that worked the best. And then they tested it in a long term study.

When used in exact concentrations, Vervain, Cedar, Angelica and Pine are the four essential oils they found that worked the best for stimulating the immune system. In addition, this medical research team determined that by utilizing a special technology to activate the water based solution, the formula was much more effective.

Their clinical study showed this formulation to be a potent stimulant of CD8+ lymphocytes. And thus may be effective against immune diseases as it is most supportive of the immune system response. It optimizes the way in which immune

system cells communicate their chemical messages to each other. Thus there is a much greater capacity for the immune system to deal more effectively with cancer.

It contains the correct proprietary blend of:

Oil of Vervain

The oil vervain has a calming effect, relieving spasms (especially of the digestive system) while reducing fever. It acts as a diuretic and expectorant, while increasing topical blood flow. It has a toning effect on the nerves, and is strongly antiseptic.

Oil of Pine

The oil of pine has often been used for colds, coughing, flu, rheumatism, sinusitis, general respiratory problems in general, urinary tract disease and loss of memory.

Oil of Angelica

The oil of Angelica has been used as an antibacterial, fungicidal, expectorant, stimulant, anti-flatulent, anti-inflammatory, diuretic, anti-rheumatic and sedative agent. It has been used to treat a wide variety of disorders like general exhaustion, anemia, flu, coughing, tuberculosis, chronic bronchitis, indigestion, digestive disorder, gastric acidity, stomach and intestinal spasms, liver disorders, migraines, faintness, impotence, menstrual disorders, scurvy, etc.

Oil of Cedar

The oil of Cedar has been used as an anti-infectious agent or a stimulant.

The individual ingredients are only part of the picture. The other part is the particular combination of these ingredients to maximize their effectiveness is supporting the immune system. It is a liquid solution where you put half a capful or a capful in some water twice a day. One bottle is a month's supply for maintenance. Double for more profound effects. We like the fact that it was originally created by a team of MDs and researchers who based their formulation on actual research studies.

Marine PhytoPlankton

A few years ago the owner of a company harvesting and growing phytoplankton from sea water to feed a fish farm was told he has cancer, and that he didn't have long to live. For some reason, and much to his daughter's disgust, he started eating some of the phytoplankton paste he was producing, just scooping some up with his fingers and eating it. Three months or so later his cancer was gone, his blood sugar normalized too. He started having other people take it, and their health improved also. So he started selling the stuff.

It's very good stuff. One of the bases of the whole food chain. Wild. Full of nutrients, it is a marine macroalgae. It does contain long chain polysaccarides that enhance cell communication, making it a powerful immune system supplement. While one bottle a month can be used for maintenance, to deal with cancer you need to be using about six bottles a month.

AFA Blue Green Algae

AFA Blue Green Algae (A wild, fresh water blue green algae) consistently **increases energy levels** and gives people a greater degree of health. Like all nutrient dense green food concentrates, it helps the body detoxify and is an excellent **alkalizer**.

It supplies small amounts of premium quality nutrients generally lacking from our diet -- virtually every nutrient -- in an energetic form that maximizes their benefits because it is harvested wild and is processed correctly.

This supplement also has cancer killing abilities.

The Chicago Tribune, February 9, 1996 reported "Blue-green algae... has yielded a promising new family of anti-cancer drugs, researchers said Thursday. The compounds derived from algae have shown remarkable ability to **shrink** tumors in mice, enough to cure some animals, said Gregory Patterson of the University of Hawaii."

"Mice were implanted with cancer cells that cause **breast and prostate cancer** in humans, and treated with **algae-derived compounds** called cryptophycins, which appear to **attack** the internal structure of **cancer cells**, blocking their ability to continue spreading. Patterson said."

There are other ways this algae may be of help with cancer.

Virtually every trace mineral is contained in it as it grows in mineral rich Klamath Lake. Trace minerals are needed for enzymes to function. If respiratory enzymes in your mitochondria don't have the trace minerals they need, they will be further impaired.

Containing high amounts of chlorophyll, it is an excellent detoxifier. Chlorophyll is thought to be especially valuable for dealing with cancer. Because its structure is very similar to hemoglobin, there are some who claim it may help transport oxygen. And being a concentrated green food, it is very alkalinizing.

Along with Oxy E, it has often been known to help **reduce the side effects of chemotherapy and radiation therapy**. And will not interfere with any medication.

It was one of the first living organisms on earth. The basis of life. Billions of years old. Cellular biologists say that the enzyme system in this particular algae is virtually identical to the enzyme system in our cellular mitochondria. The mitochondria is what produces the energy in our cells.

So it may **supply additional respiratory enzymes** to replace the damaged ones. Which would be important indeed, given Otto Warburg's research and his idea that to fight cancer you need to take respiratory enzymes to replace the damaged ones. This algae is processed in such a way that its enzymes are alive and viable.

This algae contains a significant amount (about 3-5% by weight) of the essential omega-3 fatty acid linolenic acid. The essential fatty acids present in it were remarkably bioavailable and led to the accumulation in the blood of EPA and DHA, two long chain fatty acids associated with brain function and cardiovascular health. In addition, it led to a decrease in the blood of the inflammatory fatty acid arachidonic acid.

This data suggests that this blue green algae may be a good dietary supplement to prevent deficiency in omega-3 fatty acids. Your cells need an adequate supply of omega-3 fatty acids to oxygenate properly. In addition, it's...

Proven Effective at enhancing Natural Killer Cell activity by 40%!

In March 1998, an article was published describing the effect of this algae on the migration of Natural Killer cells. This study, performed by Dr. Gitte Jensen at Royal Victoria Hospital, demonstrated that this algae triggered within 2 hours the migration of nearly 40% of the circulating natural killer cells. (Which the body uses to destroy viruses and cancer cells.)

This study was **repeated**, and **confirmed** the results obtained previously, and further revealed that this effect is seen only in people eating this algae on a regular basis. (This second paper appeared in the Jan '00 issue of the Journal of the American Nutraceutical Association.)

AFA Blue Green Algae Enhances Stem Cell Production

More research has shown that two phytonutrients in the AFA Blue Green Aglae actually work to enhance the production of stem cells. These facilitate the repair of diseased cells in the body.

Suggested therapeutic dosages range up to about 15 grams a day for the most serious of conditions. Until one becomes healthy, at which point you cut back. Use about half as much for not quite so serious conditions. With both well known for providing an energy boost, blue green algae combined with Oxy E does a good job of getting people more active and energetic.

Start out using small amounts of the algae and work up to the larger amounts. It comes in two forms. Powder, and in 500 mg tablets or capsules. If you are comfortable drinking it in liquids, the powder is the better choice as it is less expensive, and soaking the powder in a liquid for several hours makes it even more potent. Tablets can be more convenient, and many people don't like the taste of drinking a concentrated green powder.

People start out taking 6 to 10 tablets or capsules per day, about 2 to 3 teaspoons of powder. The 1 pound container of powder will supply a high therapeutic amount of 15 grams or about 9 teaspoons a day for a month. Two of the 500 tablet bottles will supply an equivalent amount. Or get just one of the 500 tablet bottles if you are not going to use the highest therapeutic dose, but are going to take a normal therapeutic amount. And of course, the 130 capsule bottle can be used to try it out.

Defense

Defense is another immune support herbal formulation that is primarily a cancer cell killer. It also acts as an antioxidant and immune system booster. It is excellent for knocking out tumors. For instance, within three days of taking just 1/4th of a capsule twice daily, the cat's tumor started making dramatic changes. Then on the fifth day, more changes -- the tumor began disintegrating. It turns out that the tumor actually liquidized and leaked out onto the driveway where the cat was lying in the sun. This was after 2 years of using Graviola and other natural supplements that had not been successful in stopping the cancer.

The four main ingredients in **Defense** are Black Cumin, Muscadine Grape Seed, the Native American Sacred herb "Tsi-Ahga" and Allicin-Release Product (ARP) from garlic. Each one is demonstrated in scientific research to strengthen, support and modulate the immune response in different ways.

Garlic extracts have been used for thousands of years successfully to aid in a wide variety of conditions. Allicin is the natural defense mechanism of the garlic plant that science has proven to be effective as a defense for us as well. Some research-supported actions of Allicin are: reduces blood pressure, kills microscopic organisms, poisonous bacteria, parasites and fungal infections, aids in preventing neoplasm, reduces high blood cholesterol, removes heavy metals and other toxins, scavenges and removes free radicals, repairs immune system cells by providing high sulfur compounds, and increases blood circulation.

Even though Allicin was discovered in 1944, its volatility means that most garlic based products contain hardly any Allicin. Using a patented process, Defense has pure allicin in it that is stabilized and effective. **The amount found in two capsules of Defense is equivalent to eating 45 bulbs of garlic!**

Black Cumin has impressive scientific research behind it that shows it stimulates the bone marrow to produce immune cells, increases interferon production, protects the body against viruses and inhibits infection. Black Cumin has also been proven effective against the development of cancer.

The Cancer Immuno-Biology Laboratory of South Carolina ran a series of experiments in which mice were infected with tumor cells. Two thirds of the animals treated with Black Cumin oil were still alive thirty days after being infected. In contrast, ALL of the mice that did not receive Black Cumin treatment died within thirty days.

Some researchers speculate that black cumin oil is more effective than other cancer fighting supplements.

The makers of Defense use a patented process to turn the black cumin oil into a powder without losing any of the essential phytonutrients found in the oil. In its capsule form it is much easier to take than the oil. It is the highest quality cumin, organically grown in Egypt.

Tsi-Ahga is a Native American Medicine derived from conks that grow on certain conebearing trees. The Beta-3D-glucans which make up part of the cellular structure of these Conks cause a modulation of T-Cells, Macrophages and Neutrophil White Blood Cells, when ingested. In fact, it has been established that the number and viability of these particular cells **is increased by as much as 4000% within 20 hours after taking Tsi-Ahga!**

Macrophages and Neutrophils are the two cells upon which all other immune cells depend. You can have many viable B-Cells and T-Cells, but they will not be effective without the programming provided by these macrophage and neutrophil "Communicator" cells. Tsi-Ahga also contains bitter triterpene compounds that support the thymus and spleen (essential to insuring that immune cells are properly programmed), anti-tumor polysaccharides, blood pressure-reducing angiotensin reuptake inhibitors, and perhaps the highest source of germanium in nature. Germanium is an oxygen catalyst, and one of the most powerful free-radical scavengers found in nature.

Muscadine Grape Seed contains higher levels of antioxidants than blackberries, black raspberries, blueberries, cranberries, red raspberries, and strawberries. This finding was established in the early 1990s by Mississippi State University, as well as by the National Institutes of Health. Because it is so much higher in antioxidants, Muscadine Grape Seed protects and restores immune function resulting in a wide variety of protection throughout the body.

Defense is a very good and inexpensive cancer fighter. Use four to six capsules a day, 2 or 3 bottles a month.

Seasonal Rescue

This is an herbal formula designed to fight colds and other seasonal illnesses. It will activate the liver, kidneys and lymph system so that they will be better able to handle the toxins and dead cancer cells that need to be eliminated when you are attacking cancer. You may even want to start it first, a day or two before other supplements or treatments, if time is not an issue, to get those organs in better shape before inundating them with toxins and dead cancer cells.

According to some anecdotal reports, Seasonal Rescue is a powerful cancer fighter too. This is because it contains wasabi and herbs that facilitate wasabi's transportation into

cells and activate the wasabi. There have been a number of Japanese studies showing that wasabi is a powerful cancer killer. Plus it has a number of herbs that boost and enhance the immune system. As you will see, it works quite well.

One man with a spot of skin cancer decided to fight it with Seasonal Rescue. He took 5 tablets 6 times in day. By the end of the *second* day the cancerous spot was gone. A woman, upon learning she had ovarian cancer also took 5 tablets 5 or 6 times a day. In 30 days her cancer was gone. One bottle lasts a week when taking 5 tablets 5 times a day. Consider it both for supporting your detoxification organs and for its cancer fighting abilities.

Carnivora

Carnivora is a patented extract of the plant, Venus's-flytrap, developed 30 years ago by the renowned German oncologist Dr. Helmut Keller. On a trip to the United States, he marveled at the flytrap's ability to digest protein such as insects, without harming itself, as it had no digestive system. He realized that compounds in it must have the ability to breakdown primitive, unshielded protein found in insects and microorganisms while leaving the more complex cells intact.

Being an oncologist, he knew that cancer is also a primitive cell with lots of irregular protein, and he thought it might prove to be a valuable tool in the fight against cancer. So he started using it with patients, and found that it was indeed, very effective against cancer, along with being excellent for fighting viral diseases, bacterial infections, fungal infections and parasites.

It works in several ways. Not only does it contain compounds that digest primitive protein while leaving normal cells alone, but studies have shown that it contains nutrients that improve immune response, increase NK and macrophage cell production, activate and increase self-defense cells in the body, provide antioxidant support, stimulate lymphocytes, reduce inflammation and more. Studies show it has no toxic or mutagenic effects in the human body up to 4,500 times the daily dosage so it is completely safe.

The well-known alternative MD, Robert Rowen has been using Carnivora in his practice for years. He began using it after reading an article by Dr. Morton Walker detailing remarkable cures of life-threatening diseases with Carnivora. Dr. Walker estimated a 45% significant response rate to cancer with Carnivora alone. Dr. Keller said the results are much higher with integrated approaches such as what we suggest in this article.

From what I have read about its use in Germany and now the US, it works excellently for early stage cancers, with success rates as high as **90**% reported when used with other products as part as an integrated approach. It is of no help with osteosarcoma.

Carnivora comes in capsules and as a liquid extract. Capsules are always taken if Carnivora is used. The liquid extract is expensive and is typically used along with the

capsules where more serious support is needed. Therapeutic usage ranges from 6 to 9 capsules a day with more not necessarily being better. There are 100 capsules in a bottle. High doses of the liquid extract can be used, gradually increasing from 10 drops 3 times a day. The more serious the situation, the more is used.

Dr. Rowen reports that many physicians using Carnivora are recommending 20 drops six to eight times daily with a drop of DMSO taken with it to enhance absorption. Each bottle of the liquid extract supplies 600 drops. Carnivora has a short life in the body, around four hours, and works best when maintained in the bloodstream as consistently as possible. Carnivora is the *only* brand of Venus's-flytrap Dr. Rowen recommends as most others are diluted with problematic solvents while Carnivora is 100% undiluted and uncut.

Ellagic Acid Formula with Graviola

A few years ago an acquaintance told me story after story of people with cancer experiencing quick and dramatic improvement in their condition using Ellagic Acid.

A woman with **stage 4 breast cancer** virtually going into <u>remission</u> in two weeks. That kind of thing. Even a story of someone reducing their extremely high blood pressure down to normal in 10 minutes or so while at her doctor's office. Now I don't know why it brought down blood pressure so fast, but there has been a great deal of research showing that Ellagic acid has potent anti-cancer properties.

The Hollings Cancer Center has conducted extensive research on Ellagic acid and they have been very impressed with what they have discovered. In fact, they are now doing a double blind study on a large group of 500 cervical cancer patients. Their past nine years of study have shown that ellagic acid is causing <u>G-arrest within 48 hours</u> (inhibiting and stopping mitosis-cancer cell division), and <u>apoptosis (normal cell death)</u> <u>within 72 hours</u>, for breast, pancreas, esophageal, skin, colon and prostate cancer cells.

Clinical tests show that ellagic acid prevents the destruction of the p53 gene by cancer cells. Additional studies suggest that one of the mechanisms by which ellagic acid inhibits mutagenesis and carcinogenesis is by forming adducts with DNA, thus hiding binding sites on the DNA from the mutagen or carcinogen.

Dr. Daniel Nixon, MUSC, began studying ellagic acid in 1993. His recently published results show:

- * Cervical cancer cells HPV (human papilloma virus) exposed to ellagic acid experienced apoptosis (normal cell death).
- * Ellagic acid leads to G1 arrest of cancer cells, thus inhibiting and stopping mitosis (cancer cell division).
- * Ellagic acid prevents destruction of the P53 gene by cancer cells. P53 is regarded as the safeguard of mutagenic activity in cervical cells.
- * Tests reveal similar results for breast, pancreas, esophageal, skin, colon and prostate cancer cells.

Ellagic acid has also been shown to **inhibit** the initiation of **tumors** in many types of cancer. It acts as a <u>scavenger</u>, and binds to cancer causing chemicals to make them inactive. It even prevents their binding to DNA and thus has been shown to *reduce* the incidence of cancer in human cells exposed to carcinogens.

Many people with cancer have been helped considerably by the use of high amounts of Ellagic acid. This particular supplement has high amounts of Ellagic acid and many other antioxidants with proven anti-cancer properties. These are:

OPCs from grapes seed extract and **Resveratrol** from the grape skin both have been shown to be quite potent. Resveratrol in particular has been heavily researched. Not only does it inhibit the growth of cancer cells, but it causes cancerous cells to **revert** back to normal, and helps <u>prevent</u> them from turning cancerous in the first place.

Green tea extract, which has long been known to fight cancer and heart disease. In addition the formula contains recommended amounts of most of the major antioxidant vitamins including **Selenium** and **Vitamin E** which protect against cancer and heart disease.

How well does this formula work?

One health food store owner who has seen it help many customers says she has never seen *anything* work better against cancer.

She tells of the story of a 90 year old man with **prostate cancer** which had spread to the **bones**. On his own he started taking 21 capsules a day, 6 capsules being the normal amount, so as usual for the best results significantly increase how much you take. In a few months his cancer was **gone**. He was alive and in good health 3 years later. Not bad for a 90 year old man.

To make this formula even better, recently an extract from a rainforest tree was added. **Graviola**. There is a very interesting story behind Graviola. In 1976 a billion dollar drug company started investigating Graviola's cancer fighting properties. Incredibly, they found phytochemicals in it to be:

- 10,000 times more toxic to colon cancer cells than a common chemo drug
- Lethal to <u>12</u> different kinds of malignant cells, including lung, prostate, and breast cancers
- Extremely safe as it protects healthy cells instead of killing them
- Something that doesn't cause extreme nausea or hair loss
- A treatment that doesn't make cancer patients drop huge amounts of weight, get weak, or compromise their immune systems

So what does this drug company do? They found two phytochemicals in Graviola that literally **destroy** cancer cells. Without harming healthy cells. And the extracts actually **boost** immunity!

Does the drug company tell the world? Nope. Instead, the company sends researchers into the lab to isolate the natural chemicals so they can crank out a patented, prescription version of the drug. They do this for **seven years** before they finally give up... the synthesized version just wasn't working. (And you can't patent natural compounds -- it's against the law.)

So what do they do next?

Instead of publishing their findings, they box up the research and put it away to collect dust.

However, news about the research on cancer was out, and research on Graviola did continue, though it took a couple of decades for it to do so. Purdue University, funded by the NCI and NIH, has done a good deal of research on graviola. In 1997 they reported that the Amonaceous acetogenins found in Graviola: "not only are effective in killing tumors that have proven **resistant** to anti-cancer agents, but also seem to have a special affinity for such resistant cells."

These cells resist drugs by developing a pump that pushes the drug out the cell before it can kill it. Graviola inhibits the production of ATP so that cells cannot produce as much energy. While this may does not cause a problem in normal cells, it wrecks havoc on the cancer cells with pumps because of their high energy requirements.

All in all, some remarkable phytonutrients are found in this Ellagic acid with Graviola formulation that do a very good job on cancer. One bottle contains 180 capsules and a high therapeutic amount would be using 18 to 24 capsules daily, 3 to 4 bottles monthly.

These products comprise some of the top tier of the **immune supporting** cancer fighting supplements. Below are additional immune system supplements that are very good for fighting cancer that would be a valuable addition in any cancer fighting program.

Whole Cell Beta -1,3D Glucan

Not all beta glucan is the same. The most common kind is a split cell brewer's yeast beta glucan that is inexpensive and not effective. Oat beta glucan is less inflammatory, but the best type, with the most research done on it is a whole cell beta glucan from baker's yeast. Being an extract, it does not cause problems in people with yeast allergies. This beta glucan has been proven to be one of the strongest immune system supplements in several studies.

Researchers have reported that this orally administered beta glucan provided tumor-protective effects by statistically decreasing the size and weight of tumors removed from study animals. Beta Glucan enhances about 75% of the function of the immune system. It works well with products like the Get Healthy Aloe MPS that concentrate on the other 25% of immune function.

Researchers at the Tokyo Dental College, University of Louisville and Biopolymer Engineering, demonstrated that mice in a colon cancer model treated daily with oral beta glucan after 21 days, had a 21 percent decrease in tumor weight and volume, compared with untreated mice in the control group.

Peer reviewed literature from Harvard, Tulane, the University of Louisville, and Baylor agree. Properly manufactured Beta glucan may be the best activator/potentiator of the immune system ever discovered.

This Whole Cell Beta 1-3D Glucan is one of the most tested and scientifically proven immune supplements there is. Testing shows that it supplies more beta glucans by a significant degree than other beta glucan products, including the mushroom products that produce beta glucans. It is the type that has been used in the vast amount of studies done on beta glucans by the US military and other researchers. If you want to be taking supplements that have a great deal of science and research behind them proving they are effective against cancer, and proving that they provide more beta glucan for the money, get the Whole Cell Beta Glucan. Suggested usage is one 500mg capsule for every 50 pounds of body weight.

Oncaplex

Provides broad spectrum immune support using a number of powerful cancer fighters. It contains: **Resveratrol** protects healthy cells while killing cancerous cells. It was shown to reduce DNA mistakes during cell replication by 60%. You have already read about the anti-cancer benefits of **Cordyceps** mushrooms which can boost NK cell activity many-fold. **Modified Citrus Pectin** also has a long history of value when used for cancer. It interferes with the binding of galectins to cells walls, making it harder for cancer cells to form tumors. And contains galactosyl components that optimize immune function. Other ingredients include DIM, Natto Complex, Green Tea Extract and a synergistic herbal formulation of Indian Bala, Turmeric, Quercetin, Noni, Hyssop, Quinoa sprout concentrate, and Broccoli Concentrate. Use 3 bottles a month when fighting cancer. That's 12 capsules a day.

IP6

IP-6 and inositol are found in whole grains. They make IP-3 when consumed, a key molecule responsible for cellular signal transduction, controlling vital functions including <u>cell proliferation</u> and differentiation. The combination of IP-6 and Inositol (a common B vitamin) yields more of the crucial IP-3.

It is useful for cancer because all cancers, irrespective of their type and origin, have a common defect of uncontrolled cell proliferation. IP-3 is a key regulator of cell growth, and IP-6 & inositol make IP-3. So IP-6 & inositol **normalize the rate of cell division** in cancer cells.

IP6 has been proven to **normalize the sugar production** of cancerous cells. This helps make them less harmful.

It has also been proven to **boost Natural Killer cell activity**. These are white blood cells that target cancerous cells with the intention of destroying them.

IP6 has been shown to greatly increase the amount of the p53 gene, up to 17 times in some experiments. The p53 gene acts as a policeman by <u>preventing genetically damaged or cancerous cells from growing and propagating</u>. In addition, tumors are known to be more resistant to chemotherapy when p53 is low.

IP6 also **inhibits inflammation**. Inflammation triggers the release of cytokines which are known to cause cancer cells to grow.

It is a potent **antioxidant**, more potent than green tea. And it has also been shown to **enhance apoptosis** or cancer cell death, **reduce blood vessel growth** to tumors, and **inhibits metastasis** of cancer.

If you are getting enough inositol from whole grains in your diet, then supplementing with just IP6 may be enough.

The best IP6 supplement, **CellXcite**, contains both inositol and IP6 that has been bound to calcium and magnesium. These minerals keep IP6 from leaching other minerals out of the body. It has been shown to be *much stronger* than taking IP6 on its own. Best assimilated on an empty stomach, 2 capsules morning and night is the normal amount to take. A high therapeutic amount is 8 capsules morning and night. (Four bottles a month.)

Power3 Algae

This is a formulation of 3 of the premier algaes available. Equal amounts of rganic spirulina, organic and wild harvested AFA Blue Green Algae, and a special soft cell chlorella. You've already read about the AFA blue green algae. Research studies have shown that Spirulina has many beneficial, disease-preventing properties. Spirulina has been found to stimulate the immune system function and help the body to produce new blood cells. Spirulina's dark blue-green color comes from a rainbow of pigments. Consistently high levels of Phycocyanin (ranging between 15 – 18%) give Spirulina its unique blue color. Phycocyanin is widely known as a blood builder in addition to the properties mentioned above in AFA Blue Green Algae, and also shows potent anti-viral activity and anti-cancer properties. Other pigments include the green in high levels of Chlorophyll and the oranges and yellows stored in the Carotenoids and Beta-Carotene.

This spirulina is 100% Certified Organic without the use of any Chilean Nitrate. Its primitive cell wall contains no cellulose, but soft mucopolysaccharides. This makes it a valuable food source for those with digestive difficulties. Its high protein content is therefore easily available as real nourishment.

The third ingredient in Power 3 is a Soft-Celled Chlorella that is grown in a perfect environment and therefore does not need to develop a thick-celled barrier in order to protect itself from combative elements. Spinning and pressure-cracking a thick-cell wall can be unnatural and traumatizing to the cell itself. It is digestible and assimable. It is the world's highest source of chlorophyll, at over 2 percent. Chlorophyll is well-known as a stimulator of red cell formation in the blood—it is therefore a blood-builder. Chlorophyll has been known to strengthen the immune system, speeding the healing process, cleansing the bloodstream, liver, and bowel. Its cleansing and sterilizing action makes it a natural body deodorant.

Chlorella's 3% RNA and 0.3% DNA content makes it one of the highest-known food sources for nucleic acids. Nucleic acids are very beneficial in the repair of damaged genetic material in cells, in maintaining health and in slowing down the aging process. Chlorella assists the body at the cellular level thereby raising the body's energy level and vitality. Chlorella contains a substance unique to itself called Chlorella Growth Factor (CGF). CGF has been shown to dramatically accelerate growth in organisms and promote the healing of damaged tissue. It also stimulates the building up of the immune system. It also has strong detoxifying properties. Studies show it can neutralize and remove poisonous substances, such as heavy metals, dioxin and PCBs, from the body. It has also been found helpful in assisting the body's resistance to radiation. In addition, Chlorella has been shown to aid in healthy liver functioning and improve digestion by stimulating the growth of beneficial intestinal bacteria.

Estrogen Defense and Progesterone PleoLyposome

A major issue to be dealt with in the hormonal cancers like breast cancer and prostate cancer is estrogen dominance. The excess production of estradiol in both men and women creates the problem of estrogen dominance which can lead to cell proliferation and DNA damage - a formula for cancer.

Estrogen Defense contains Indole - 3 Carbinol and DIM both of which are used to inhibit aromatase which would then reduce estradiol levels. Unfortunately, these two compounds are normally poorly absorbed. Estrogen Defense absorption levels are high because the Chinese doctor who formulated this product uses an old Chinese technique to increase absorption. Evodia, Chrysin, and Piperine are included for their absorption increasing abilities too. The other important ingredient is resveratrol from fermented grape seed and skin. Research is showing that it is an extraordinary aromatase inhibitor. A bottle a month of Estrogen Defense is well worth using for any breast, ovarian or prostate cancer patient.

Use with Progesten PleoLyposome which is a special progesterone cream. The progesterone will occupy estrogen receptor sites, keeping them busy so that the estrogen will not attach to those receptor sites. Progesten PleoLyposome hides the wild yam extract inside phospholipids so that they are delivered to the cells and don't get trapped in the skin like most progesterone creams.

Goji, Mangosteen, Acai Berry Powder Effective Fighting Cancer

Over the last few years the remarkable cancer fighting benefits of these exotic, health promoting fruit juices have emerged. When taken in sufficient quantity, they have proven to be highly effective cancer fighters. Anecdotal reports abound with recoveries from cancer when using these as juices in high quantities. There is hard scientific research behind these juices proving that they are indeed exceptional against cancer. Xango from the Mangosteen fruit and Goji Juice have were the first ones that came into prominence. Acai has recently been found to be very good against cancer.

A University of Florida study published in the Journal of Agricultural and Food Chemistry showed that extracts from acai berries triggered a self-destruct response in up to 86 percent of leukemia cells. Acai berries are also one of the richest fruit sources of antioxidants.

Numerous studies show that mangosteen phytonutrients kill cancer cells. The Sloan-Kettering Institute found mangosteen promotes apoptosis in cancer cells. Mangosteen's most important phytonutrients are xanthones -- some of which have properties for reducing tumors and fighting leukemia.

They have anti fungal activity - critical for all cancer patients, antibacterial activity which protects DNA, antioxidant activity too. At least two dozen different kinds of xanthones are in the mangosteen fruit, They also are noted for helping with the anti proliferation of cancer cells, killing cancer cells and causing apoptosis in some types of cancer.

Goji berries may be the richest source of carotenoids of all known foods. They contain 500 times the amount of vitamin C, by weight, than oranges. Of perhaps greater importance for fighting cancer are the polysaccharides which fortify and boost the immune system.

Goji berries have been traditionally regarded as a longevity, strength-building, and sexual potency food of the highest order. In several studies with elderly people where the berry was given once a day for 3 weeks, in 67% of the patients T cell transformation functions tripled and the activity of the patients white cell interleukin-2 doubled. In addition, the results showed that in everyone, spirit and optimism increased significantly, appetite improved in 95%, the same percentage slept better, and 35% partially recovered sexual function.

Anecdotal reports abound of these juices knocking out cancer in people when taken in large quantities. There are many reports of people using a bottle, or 25 ounces, of mangosteen juice a day whose cancer went away in 3 weeks. Goji users say the amount needed is less, about a range of 4 to 8 bottles a month helps significantly with cancers. One would assume that the newer acai juice would fall somewhere in the range of these numbers of bottles as you always have to use significant quantities of whatever you take for cancer.

There are some drawbacks to the juices though. They contain plenty of sugars which you don't want when you are fighting cancer. They have to be pasteurized which denatures the nutrients. And they generally provide only a small amount of the actual superfood concentrate per one ounce serving. Often 50 mgs or less. Which is not very much. A much better value is to get a juice powder that contains 500 milligrams each of goji, mangosteen and acai per serving. With 90 servings in a container of the powder, this would provide you with many more nutrients than you get from the juices for much less money. For the most purity, as there is a very small amount of organic cane sugar in the powder, get the veggie capsules contain 600 mgs of each of these juice powders, and nothing else, 60 capsules per bottle.

For three months double up on the dosage and do six servings a day. This will saturate your cells with a wide variety of antioxidants and supercharge the cancer fighting ability of these nutrients. That way you'll be getting the equivalent amount of nutrients that are supplied when drinking therapeutic, cancer fighting, amounts of the individual juices. Of each different one.

Anytime you are taking whole food superfoods which are highly usable by the cells in your body, they are going to do you a lot more good than synthetic vitamins or isolated nutrients. The juice powder from these powerful cancer fighting juices, when taken in double or triple doses, can do you a lot of good in your program to eliminate cancer from your body. And provide plenty of other health benefits too.

Research shows that pomegranate phytonutrients fight cancer, especially estrogen based cancers like breast cancer and prostate cancer. In addition studies show that it is effective against lung cancer and skin cancer. Pomegranates are a source of ellagic acid and you can obtain it in powdered form in the Ellagic Formula with Graviola. According to master herbalist Donald Yance in his book HERBAL MEDICINE, HEALING & CANCER, ellagic acid "inhibits cancer formation and is believed to inhibit cancer mutation by latching onto DNA-masking sensitive sites on the genetic material that might otherwise be occupied by harmful chemicals. Ellagic acid is particularly effective in the inhibition of lung cancer caused by tobacco." Pomegranate contains anthocyanidins and proanthocyanidins, which have been shown in experiments to reduce tumor angiogenesis.

Goji Liquid Concentrate,

Goji Concentrate is the stuff they make juices from. It is convenient to put in water or smoothies or whatever, and gives you much more actual nutrients than the juices. This is a 6 ounce bottle.

If you just want to use goji, get handpicked **Goji Berries** from deep in the mountains of Tibet. Not only will they provide the polysaccharides for fighting cancer, but this particular brand is extremely high in antioxidants. They have a tested *ORAC antioxidant capacity of 25,000 to 36,000*. These are very high numbers. Each batch that comes in is tested to insure its high quality.

Native Flora

This is a formulation of soil based organisms that are bile and acid resistant so that they do not get destroyed by the stomach acids and intestinal bile. While technically a probiotic and working on digestion, they are included here as an immune supplement because soil based organisms do a great job of stimulating the immune system. Because they are not organisms that normally exist in the intestinal tract, when you take soil based organisms, they elicit a response by the immune system that creates an army of antibiodies able to be used for whatever the body needs.

In addition, they stimulate the production of natural alpha interferon. Alpha interferon has long been used as a treatment for cancer, with great potential if only they could somehow do away with the side effects of this artificial interferon. (As with all drugs where they change nature and make something synthetic so that they can patent it, the drugs don't work as well as natural sources - and they have harmful side effects. Stimulating production of all species of alpha interferon naturally, which is what Native Flora does, is much more effective, and has no harmful side effects.

Lactoferrin is also a powerful immune system component when it comes to cancer or other diseases. It is found in undenatured whey protein like ImmunoPro. Soil based organisms naturally produce lactoferrin in your body. They also are known to produce SOD, the number one antioxidant in your body.

They clean off the walls of the intestinal tract, improve digestion, kill pathogens and parasites, and more. Having healthy intestinal flora is a fundamental of good health, and soil organisms are excellent for improving the condition of the intestinal tract.

The Townsend Letter for Doctors & Patients in the 1997 August/September issue reported on a small study done in Mexico using soil based organisms with "chronic lymphocytic leukemia in 35 human adults. Soil based organisms attenuated the symptoms of approximately 80% of the treated patients.

A doctor, who had used soil organisms 20 years ago on Aids and cancer patients, says that soil based organisms are the best product there is for Aids and cancer. He used it with many patients and saw excellent results in their blood work and other testing. He feels that the reason it works so well is that it produces large quantities of alpha interferon in the body.

Each capsule of Native Flora contains 5 billion soil based organisms in a base of blueberry powder. There are 60 capsules to a bottle. Normally one bottle lasts a month. More can be taken to increase the stimulation of the immune system. Two or three bottles a month being a normal therapeutic dose.

Boosting the Thymus Gland

The thymus gland controls the immune system. It is most active in children and becomes less active and smaller as we age. In one study a group of 55 people with inoperable oat cell lung cancer were given thymosin, a thymus hormone. Survival time doubled and 21 people given very high amounts were alive 2 years later.

Experts seem to feel that it works best for age related cancers like kidney, lung and prostate. Pituitary cancers have also been helped by use of natural thyroid hormones in some people with low thyroid levels. Get a natural product like **Thyroid Specialist** for this.

Boosting the thymus gland naturally is going to help the immune system fight cancer. Here are a two things that can help you can do just that. **Nucleotide Complex** does a good job of boosting the thymus gland. Taken in high amounts, up to 20 capsules a day, at the start of a cold, it can knock out the cold. It will increase the speed at which bones and wounds heal so is good to take before and after surgery.

You can also wear an **Energized Medallion**. It was designed to energize the thymus. A small glass oval, it is filled with the high energy gel (more on this later), that when worn over the thymus, puts that energy into the thymus. Some users report an almost immediate improvement in energy and sense of well being.

This list of immune supplements is a bit overwhelming, it does comprise some of the more potent cancer fighters. Pick and choose what you want as they can be used together. Next we will take a look at another issue most people fighting cancer need to deal with.

<u>Cancer Strategy #6</u>: Candida And Fungal Infections May Cause Cancer... Eliminating These Fungal Infections Is Vital For Getting Rid Of Cancer

Some doctors theorize that candida or other systemic fungal infections cause or at the very least contribute to the *development* of cancer. This makes sense. A body wide candida infection plays havoc on the immune system. Not only does the immune system become overwhelmed and worn out from fighting the infection, but candida (or other fungus) **excrete toxins** that further weaken and harm the body.

The major waste product of candida is *acetaldehyde*, which produces ethanol. Ethanol may be great in cars, but in your body it causes excessive fatigue, and reduces strength and stamina. In addition, it destroys enzymes needed for cell energy, and causes the release of free radicals that can damage DNA.

Ethanol also inhibits the absorption of iron. Because iron is one of the most important oxygen supports in the blood, ethanol in your body creates low oxygen levels. And you know what happens when your body can't oxygenate well. Deal with candida if you want to beat cancer.

There is a simple test to tell if you have candida overgrowth.

First thing in the morning, before you put ANYTHING in your mouth, get a clear glass of water. Better still; leave it by your bed the night before. Work up a bit of saliva, and then spit it into the glass of water.

Check the water every <u>15 minutes</u> or so for up to one hour. If you have a candida yeast infection, strings (like legs) will travel down into the water from the saliva floating on top, or "cloudy" saliva will sink to the bottom of the glass, or cloudy specks will seem to be suspended in the water. If nothing develops in 30 to 45 minutes, you are probably candida free.

Some doctors implicate fungi as a cause of **leukemia**. In 1999 Meinolf Karthaus, MD, watched three different children with leukemia suddenly go into remission upon receiving a triple antifungal drug cocktail for their "secondary" fungal infections.

In 1997 Mark Bielski stated that leukemia, whether acute or chronic, is intimately associated with the yeast, Candida albicans, which mutates into a fungal form when it overgrows.

Milton White, MD. believed that **cancer is a chronic, infectious, fungus disease**. He was able to find fungal spores in every sample of cancer tissue he studied. Some other doctors agree with him. Such as the Italian doctor who has his patients take a teaspoon of bicarbonate of soda, baking soda, in a glass of water half an hour before breakfast. This alkalinized the digestive tract so that it would help eliminate candida.

Author Doug Kaufmann asserts that fungi in foods may play a role in cancer. He has seen children become free of their documented leukemia once the child's parents simply changed the child's <u>diet</u>. Kaufmann's diet is base on the widely published problem of mycotoxin contamination of our grain foods.

Grains such as corn, wheat, barley, sorghum, and other foods such as peanuts, are commonly **contaminated** with cancer-causing fungal poisons called mycotoxins. One of them, called aflatoxin, just happens to be the <u>most</u> carcinogenic substance on earth.

He says we consume, on average, from 0.15mg to 0.5mg of aflatoxin per day. So it is not sugar alone that is the problem in our western diet, but fungal toxins that are found in the sugary grains. More than once has Kaufmann interviewed a caller (on his health talk show) who absolutely craved **peanut butter** and **popcorn** just prior to their diagnosis of cancer.

Kaufmann feels that *antibiotics* may play a role in this. Antibiotics destroy the normal, protective gut bacteria, allowing intestinal yeast and fungi to grow unchecked. Resulting in Candida overgrowth. This can lead to immune suppression, symptoms of autoimmune diseases, or even cancer.

"If the onset of any symptom or disease, cancer included, was preceded by a course of antibiotics," he says, "then look for a fungus to be at the root of your problem.

Total Immune Booster

It fights cancer in several ways while it attacks fungal infections. That's because it contains a formulation of live friendly organisms from a fermentation process. Live **lacto-fermented** foods are noted for their cancer fighting abilities and have been proven beneficial in several studies. They put a multitude of good bacteria into your guts that you do not get anywhere else.

Live fermented foods *do not* include the typical pickles, sauerkraut and yogurts. These were fermented and then pasteurized, or had vinegar added to kill the bacteria. They do include live fermented sauerkraut and pickles like in the Rejuvenation products and fresh Kefir.

Live yogurt contains transient beneficial bacteria that keep the digestive system clean and provide food for the friendly bacteria that already are present. However, organisms from kefir and other types of live lacto-fermented foods actually colonizes the intestinal tract -- a feat that yogurt cannot match. And they are much more aggressive at getting rid of the bad bacteria and candida in your guts.

An excellent way to get these fermentation organisms is to take a unique, patent pending probiotic formulation, **Living Grains**, found in a supplement called **Total Immune Booster**. Living Grains is a combination of 67 organisms grown together in a colony so they know each other. When they activate in your intestinal tract, they form a cohesive colony of friendly organisms that kill off bad bacteria and fungus, and are much more effective than other probiotics at recolonizing the intestinal tract. Just like eating live fermented foods - with the addition of soil based organisms too.

In addition Total Immune Booster contains a patented <u>garlic allicin extract</u>, AlliMax. Allicin is the most important, the active ingredient in garlic. AlliMax is the best way to get allicin from a supplement because most garlic supplements cannot effectively supply allicin to your body. AlliMax is allicin, stabilized and available to your body. Garlic has a long history of being excellent for cancer.

In fact, no other herb is more mentioned in the literature for its cancer fighting properties. Plus the Allimax will kill candida and other fungi throughout the body. Just be sure to double or triple the usual dose of a bottle a month till you get the results you want.

Total Immune Booster also contains small amounts of a couple of other nutrients mentioned in this report, whole cell beta glucan and Wolfberry (Goji berry). And a bit of Swedish Flower Pollen which works on the immune system in other ways. For both the probiotic formulation and the garlic, it's worth taking this probiotic formula for one of the basics of good health.

Other products like **Carnivora**, **Defense** and **Oxy E** will help kill candida. If you do have candida overgrowth, it is quite likely that you also have parasites in your body. Most of

us do. According to Hulda Clark, parasites have a very strong connection to cancer too. Well, she claims it is the underlying cause of cancer, and that you have to eliminate them to get rid of cancer. **Parasite Solution** is an excellent parasite killer. Or get **Para Cleanse & Colon Booster** for an herbal colon cleanse and parasite killer.

One Italian doctor has a theory that all cancer is caused by candida. His solution, drink a teaspoon of baking soda (bicarbonate of soda) in a glass of water half an hour before breakfast. It seems to work and is simple and cheap. He reports many remissions using this procedure.

We'll learn more about other detoxifiers in the next strategy.

<u>Cancer Strategy #7:</u> Toxins (Including GMOs & Chlorine) Cause Cancer... Reducing Toxic Overload Vital For Eliminating Cancer

An eminent German oncologist says that cancer is caused by environmental toxins. Others agree. While there are obviously other issues, fungus, viruses, genetics, etc., the major change in the world that could have lead to the explosion of cancer over the last 100 years has been the introduction of tens of thousands of chemicals into the environment. Chemicals that we had never been exposed to before. Ones that our bodies don't know how to handle.

They overwhelm the defenses of your body and cancer develops. Unfortunately, if industry and the government they control have their way, it may even become worse.

Biotech companies have been aggressively promoting the use of genetically modified food. It's a financial goldmine for them. Unfortunately, there are several problems with genetically modified food. Even the scientists at the FDA resisted them till political pressure from the top approved it. Every independent study has shown problems with the eating of genetically modified food. Abnormal cell growth being high on the list. And no wonder.

Jeffrey Smith, author of Seeds of Deception writes on SeedsOfDeception.com:

"More worrisome is that the "promoter" used inside GM foods could get transferred to bacteria or internal organs. Promoters act like a light switches, permanently turning on genes that might otherwise be switched off. Scientists believe that this might create unpredictable health effects, including the potentially pre-cancerous cell growth found in the animal feeding studies mentioned above.

"Milk from rbGH-treated cows contains an increased amount of the hormone IGF-1, which is one of the highest risk factors associated with breast and prostate cancer, among others. Soy allergies skyrocketed by 50% in the UK, coinciding with the introduction of GM soy imports from the U.S."

Foods are not required to be labeled as GM foods. The only way to make sure you are not eating food that has been genetically modified is to eat organic food or food labeled non-gmo. Eating organic food will also reduce the amount of chemicals you are ingesting.

Types of toxins in your body

There are several types of toxic buildups in the body that need to be dealt with when fighting cancer. First there is **cellular toxicity** caused by the shunting of toxins into cells due to excess acidity in the blood, and the inability to release toxins in the cells for that very same reason.

Next is **heavy metal and chemical toxicity** coming from years of exposure to highly toxic heavy metals and chemicals. While many come from the environment, silver amalgam fillings, many vaccines and some other drugs put mercury and other toxins into our body. Most large fish have elevated mercury levels. Elevated levels of heavy metals disrupt the immune system, and *must* be dealt with when fighting cancer.

And then there is the **toxic buildup in the colon** of undigested foods and hardened fecal matter. Nutrient absorption is disrupted, and toxins sitting in that decaying mess are reabsorbed back into the body. This creates a constant stress on the immune system, and a further load on the body's detoxification systems. Colon cleaning needs to happen on the journey to good health.

The Chlorinated Water and Cancer Connection

Pathogens in water have led to many diseases. But did you know that what's put in your water to purify it may be causing your cancer (and heart disease)?

The French, with their lower cancer rates from consuming OPCs and resveratrol in red wine, have made red wine famous for its health benefits. There is another side to their lower cancer rates that most people don't know...

The French **do not** drink chlorinated water. They ozonate their water to purify it.

Does this make a difference? Absolutely.

"We are quite convinced... that there is an association between cancer and chlorinated water."

Medical College Of Wisconsin research team

We don't use chlorine because it's safe, we use it because it is *cheap*. We essentially still pour bleach in our water before we drink it. The long-term effects of chlorinated drinking water are disastrous.

According to the U.S. Council Of Environmental Quality, "Cancer risk among people drinking chlorinated water is <u>93% higher</u> than among those whose water does not contain chlorine."

It may cause much heart disease too. Dr. Joseph Price wrote a highly controversial book in the late sixties titled *Coronaries/Cholesterol/Chlorine*, and concluded that nothing can negate the incontrovertible fact, that the basic cause of arteriosclerosis, heart attacks and stroke, is chlorine.

Dr. Price later headed up a study using chickens as test subjects, where two groups of several hundred birds were observed throughout their span to maturity.

One group was given water with chlorine and the other without. The group raised with chlorine, when autopsied, showed some level of heart or circulatory disease in <u>every</u> specimen, the group without had **no** incidence of disease. The group without chlorine grew faster, larger and displayed vigorous health.

This study was well received in the poultry industry, and is still used as a reference today. As a result, most large poultry producers use dechlorinated water.

When chlorine is added to our water, it combines with other natural compounds to form Trihalomethanes (chlorination byproducts), or THMs. These chlorine byproducts trigger the production of **free radicals** in the body, causing <u>cell damage</u>, and are highly **carcinogenic**.

"Although concentrations of these carcinogens (THMs) are low, it is precisely these low levels that cancer scientists believe are responsible for the <u>majority</u> of human cancers in the United States". *The Environmental Defense Fund*

Dr. Robert Carlson, a highly respected University of Minnesota researcher, sums it up by claiming, "Chlorine is the greatest crippler and killer of modern times!"

Breast cancer, which now affects one in every eight women in North America, has recently been <u>linked</u> to the accumulation of **chlorine compounds** in the breast tissue. A study carried out in Hartford Connecticut, the first of it's kind in North America, found that:

"Women with breast cancer have **50% to 60% higher** levels of organochlorines (chlorination byproducts) in their breast tissue than women without breast cancer."

It is not just *drinking* chlorinated water that is the problem.

Up to two thirds of our exposure to chlorine is due to inhalation of steam and skin absorption while showering. A warm shower opens up the pores of the skin and allows for accelerated absorption of chlorine and other chemicals in water.

The steam we inhale while showering can contain up to 50 times the level of chemicals than tap water due to the fact that chlorine and most other contaminants vaporize much faster and at a lower temperature than water. Inhalation is a much more harmful means of exposure since the chlorine gas (chloroform) we inhale goes directly into our blood stream.

"Showering is suspected as the primary cause of elevated levels of chloroform in nearly every home because of chlorine in the water."

Dr Lance Wallace, U.S. Environmental Protection Agency.

If you take showers using chlorinated water and are dealing with cancer, clearly installing a **shower filter** to dechlorinate your shower water makes good sense.

Other Toxin Sources

In the process of eliminating as much toxic exposure as possible, you need to limit exposure from the chemicals in your carpets and walls of your home. Unless you've already taken special efforts to have a chemical free house, **formaldehyde** and many other chemicals have been outgassing toxic fumes in yours for years. Hulda Clark, in her books on fighting cancer and other diseases, recommends that all carpeting be pulled up, paneling and walls taken out and replaced, and so on - if you want to beat cancer. Pretty drastic stuff. A less overwhelming solution would be to get a photocatalysis air cleaner. Using technology developed by NASA, it puts out molecules that interact with VOCs, the chemicals put out by carpets, etc. and changes them into harmless carbon and water molecules.

Personal care items like shampoo, conditioner, or skin lotion often contain ingredients that *add* to the overburden of chemicals your immune system must get rid of. Try to use as natural and pure personal care items with as few chemical listed in the ingredients as possible to reduce that overload. The less overwhelmed your immune system is, the better it can fight the cancer.

The buildup of toxins in your body reduces cell oxygenation and toxins will damage DNA, causing cell mutation. The key is to protect your cells by making sure you are taking plenty of antioxidants, stop drinking chlorinated water or taking showers in it, and get rid of the buildup of toxins in your body using safe and natural detoxifiers.

There are three types of detoxification to be done, cellular detoxification, intestinal detoxification and a more general body detoxification in which we will include heavy metal detoxification. There is some crossover here, any detoxifier will work in more than one way. And remember, it is very important to alkalinize the body as that *must* happen before a great deal of detoxification can be done.

Products To Help You Detoxify

Let's start by introducing you to a product that replenishes your body's main cellular detoxifier and anti-oxidant, glutathione.

Glutathione PleoLyposome

When you have a build-up of toxins in your body, as you do with cancer - and especially if you have had or are receiving chemotherapy, the glutathione levels in your cells (and liver) become depleted, and toxins build up in your body. This is because glutathione is your body's primary cellular detoxifier and antioxidant. Your liver's too. Depleted levels always occur with chronic ill health situations like cancer.

Glutathione is an amino acid, and thus is available in vitamins. Unfortunately, especially so for something this important, free glutathione as a supplement is not absorbed by your cells. Whether you take it in pill form or via injections, almost none gets into your cells or the liver. For years health practitioners have tried to come up with a way to get glutathione into cells. The only solution available before Glutathione PleoLyposome, was to consume undenatured whey protein like **ImmunoPro** or **RenewPro**. The amino acids in this type of whey can be used by the body to make glutathione. However, this process works slowly, and requires that you be able to properly digest the proteins.

Glutathione PleoLyposome has changed all this. I consider it a real breakthrough in cancer therapy - or any other therapy where toxins must be eliminated from the cells, like autism, Parkinson's, MS, and other autoimmune diseases. In it, glutathione has been bonded with a pure high quality essential phospholipid of Omega 3s and Omega 6s in a four to one ratio. That's good in its own right. Because this phospholipid is identical to the composition of your cell walls and blood brain barrier, it is very well absorbed into your cells. This enables the glutathione to be directly carried into your cells with virtually 100% absorption. Using Glutathione PleoLyposome, you can more rapidly and effectively detoxify your cells then you can with any other product.

Glutathione may inhibit the cancer cell killing abilities of vitamin C, selenium, melatonin, curcumin, ellagic acid, vitamin D and vitamin K. These all work by generating reactive oxygen species which are counteracted by glutathione. While it is a great detoxifier, you may want to moderate it's use if you are taking these or similar cancer fighting supplements.

The more you use, the faster the results. There are 12 teaspoons of liquid in a bottle. While you may use one teaspoon a day for normal preventative use, it is recommended that three teaspoons or a quarter of the bottle be used therapeutically for at least four days out of the week, and as much as half a bottle a day can be used in life and death situations.

The next two products will help clean the colon. A colon full of putrefied and rotting food and fecal matter will certainly overload your body with toxins and limit nutrient absorption.

Para Cleanse & Colon Booster

The creator of these two herbal formulas found that they worked together to make a powerful colon cleanser. Not only are they highly effective for getting rid of the junk in the intestinal tract, but some alternative cancer healers say that everyone with cancer has parasites. This makes sense. Any time your immune system is overwhelmed and your body chemistry is off, and it is or you wouldn't have cancer, you're bound to have pathogens of all types residing in the body. Candia, viruses, parasites. Para Cleanse will fight the parasites. You can use it even if you are not sure that you have parasites, won't hurt a thing. And you are most likely to have parasites. This combination will not be as gentle as Max Digestion but will do more cleaning.

If you are already are taking a parasite killer, the combination to get is the **Whole Body & Colon Program**. The herbs in the Whole Body Program work on detoxifying and supporting detoxification throughout your body. And the Colon Program is even more effective than the Colon Booster as a stand alone product for the colon. (Colon Booster works better with Para Cleanse.)

Oxy E and the **AFA Blue Green Algae** are potent detoxifiers. Taking large doses right from the start can overload the liver and kidneys, the core of the detoxification system in the body. So start with small amounts of these two products to reduce detoxification side effects. You would be able to increase amounts more quickly if you were taking the following two products.

Supporting the liver and kidneys will help to minimize detoxification side effects and be a significant help in detoxifying your body. The kidneys flush waste toxins from the body. Every muscle, organ, bone and tissue you have depends on the kidneys to keep them free from corrosive salts and chemicals. The liver filters and cleans the blood, breaks down toxic substances, and tries to deal with the overwhelming amount of chemicals and toxins we are exposed to.

Liver Balance Plus, Kidney Rescue and UltraLiver8

Liver Balance Plus and Kidney Rescue are herbal formulas that are designed to work together to support the function of these two organs. (Seasonal Rescue supports both organs too.) If you are embarking on a cancer fighting program which will detoxify your body, taking both the Liver Balance Plus and the Kidney Rescue will help you avoid some of the detoxification symptoms. This would enable you to more rapidly increase the amounts of the cancer fighting supplements you take, and can even help prevent death that sometimes occurs from to rapid killing of the highly toxic cancer cells in people who are in weakened states.

UltraLiver8 focuses on liver support too. It 's main ingredient also happens to be the top medicinal mushroom for fighting cancer, Reishi. Which just happens to be great for the liver. It also makes use of the herbs Triphala and Burdock as the two other major ingredients for liver support. With additional ingredients to enhance assimilation and

use. None of the ingredients in UltraLiver8 are used in Liver Balance Plus so these two products form a good combo for liver detoxification support.

For more extensive detoxification, consider some of the following products...

"Magnetic" Clay Detox Bath Kits

These detox kits are called "magnetic" clay because they literally pull toxins out of the body into the bath water. They can be used in foot baths or packs too if someone is not able to get into a bath, or is very weak and must detoxify very slowly.

Tests have shown that these baths are much more effective than standard chelation therapies at pulling heavy metals out of the body. They do a **superb** job of getting out the metals, chemicals and other toxins that usually are a factor in the development of cancer. (Remember Otto Warburg explained that it was a toxic buildup that led to the low oxidative state in the first place.)

Mercury is particularly dangerous because mercury vapor is more than a thousand times more likely to bind to the oxygen receptors on red blood cells than oxygen is. Each red blood cell has <u>four oxygen receptor sites</u> to grab oxygen and carry it to the cells. If you have much mercury vapor in your body at all, the mercury vapor fills some of those receptor sites, and not as much oxygen can be sent to the cells. And poor cellular oxygenation, leads, as you know, to cancer. **Cellular Zeolite**, **Zeolite Powder** and **Glutathione** are all excellent mercury detoxifiers.

Dental amalgam fillings are over half mercury, and give off mercury vapor constantly. In the Seventies when the price of silver skyrocketed briefly, the percentage of silver in the fillings decreased from about 30% down to about 4% and copper increased from about 4% to about 30%. Copper is not nearly as inert as silver, and releases much more mercury vapor (and toxic copper vapor). Getting rid of the mercury in your body along with the other toxins is of vital importance for cancer prevention and elimination.

Many vaccines contain large amounts of mercury and other toxins. Mercury also greatly disrupts the immune system, and is usually found where there are candida and other fungal infections.

In these detox clay bath kits, different herbs are combined with a special bentonite clay to pull out chemical and metal toxins. Simply mix the clay with the herbal formula into a tub full of moderate temperature water. One bath may rid years of accumulated toxic chemicals and metals, but as you have lived many years, you will need a series of baths.

The clay provides a large negatively charged surface area in proportion to volume. When mixed into a tub of very warm water, the clay opens the pores of the skin and has a magnetic `pulling effect' and draws out many times its weight in positively-charged toxic particles.

The **Dental Mercury** kit is designed to get rid of mercury.

The **Environmental** kit is often suggested for cancer. It is designed for pollutants, insecticides, pesticides, vaccination poisons, industrial pollution, chemical warfare, and almost all chemicals including food additives, chlorine, etc. Very helpful in radiation and lead detoxification.

The **Tox-Away** bath is for general detoxification of metals and chemicals including industrial pollution, toxic water and air, smoke inhalation, burns, chemical burns, chemical warfare, pesticides, insecticides, etc. The metals and chemicals for this bath are environmental toxins, mercury toxins, aluminum toxins, chemical toxins, insecticides/pesticides, lead, and vaccination toxins.

Use the **Clear-Out** detox kit for a general overall detox. Use this if you are not sure which kit to get.

Smokers or ex-smokers may want to use the **Smoker's Cadmium** formula which assists in removing toxins found in cigarette smoke (cadmium), tobacco, smoke inhalation, etc. It is effective to release toxic substances found in tobacco such as tar, hexavelant chromium, hydrogen cyanide, nicotine, lead and arsenic. This may help someone stop smoking.

For someone seriously ill, smaller amounts are suggested so a single kit may provide 10 or more baths taken 1 to 3 weeks apart, and the clay dissolving agents may not be needed. The kits are inexpensive as they last a long time and well worth doing. They can be used as a foot bath if a full body bath is not possible.

Heavy Metal Screening Test Kit

Not sure if you have elevated levels of heavy metals? There is now an accurate, inexpensive and easy to use home test that will tell you within a few minutes if you have elevated levels of heavy metals. It won't tell you which ones you have too much of, but it indicates how high the overall levels are. As any and all heavy metals cause free radical damage and mineral mal-absorption, it doesn't really matter which ones you have elevated. You need to reduce their levels if they are elevated.

Using technology that has been around 75 years, this test has been evaluated and proven accurate and reliable by numerous experts, and is even suitable for clinical use. Just be sure not to take any mineral supplements or drink wine the day before the test as that would skew results.

If you have elevated levels, consider taking **Bio-Chelat** as it works on detoxifying all heavy metals along with one of the clay bath detox kits or Esdifan. You can't detoxify too much and we all have too many toxins in our bodies.

You need to stop putting toxins in your body. Or greatly reduce the number. Excess toxicity is intimately connected with cancer. Here are some products that help you do just that.

5 Elements Shampoos, Conditioner and Scalp Detoxifier

These salon quality shampoos and conditioner detoxify and rejuvenate your hair and scalp. They work so well they are marketed as the Morocco Method for stopping and reversing hair thinning in 30 days. These shampoos and conditioner have no chemicals in them. You will be able to read every name on the ingredient list. They are organic and safe. Using them will eliminate the unhealthy chemicals other shampoos and conditioners put into your scalp. When you are dealing with cancer, the more toxins you can prevent from entering your body, the better off you will be.

With ingredients like clay and algae, they don't look, smell or suds up anything like ordinary shampoos and conditioners. But they work better and are much healthier. If you are dealing with a brain tumor, also consider using their clay based **Zen Detox** scalp detoxifier. It will pull toxins out of the scalp. and also help with getting rid of radiation treatment side effects.

By the way, these shampoos weren't made by some health nut who just threw a bunch of stuff together. Anthony Morocco cuts the hair of the stars (and other wealthy clients), and before he released his line of products to the public, his clients were the only people using these products. There is nothing better. They are unlike any shampoo or conditioner you have used, they have to be if you're going to have something of superior quality, a step above the rest.

Coral White ToothPaste

Even most natural toothpastes still have ingredients that you really don't want in your body. Fluoride and Sodium Lauryl Sulfate to name a couple of major toxins. That's why I was pleased when I found Coral White. It's main ingredient is coral calcium, and it is chock full of other good for you cavity fighters and teeth whiteners, and doesn't have anything toxic in it. Plus the coral calcium in it has been shown to help remineralize teeth.

The Hideous Hiatus Hernia Video

In the Hideous Hiatus Hernia video, Dr. Jack Richason explains what a hiatal hernia is. If you have one, the top part of your stomach is pushed up into your chest cavity, and you develop GERD and the like. At the very least, it can lead to excess toxicity from poor digestion. When cancer clinics south of the border test patients to see if they have hiatal hernias, every patient does. That is a pretty strong connection to cancer. A hiatal hernia disrupts food digestion to such a degree that the body is flooded with toxins from undigested foods.

In this video Dr. Richason shows you how to pull a hiatal hernia down, and how to keep it down. While you can do some of this yourself, you'll likely need to have someone pull it down. The video will show a friend, or any health professional who works with their hands, how to do so.

<u>Cancer Strategy #8</u>: Free Radicals Promote Cancer By Damaging DNA... Free Radical Scavengers Protect Cells From Damage

One of the causes of cancer is excessive free radical damage in your cells that harms your DNA and results in some cells **mutating** into cancerous cells. Every chemical and toxin in you body causes free radical damage. The carcinogenic ones cause even more. Combined with high acidity and low oxygenation, you've got a prescription for cancer.

Another reason we have too much free radical damage and too much cancer is that processed foods generate more free radicals than whole foods, and have fewer nutrients to act as free radical scavengers to help protect you from those free radicals. On top of this, you are exposed to **70,000 chemicals** -- <u>20,000</u> of which are known **cancer-causing** agents. These *all* cause free radical damage too, and help to cause cancer in yet another way.

There is no doubt that the ordinary free radical scavengers play a key role in **fighting** cancer, like OPCs that took care of lung cancer, the European manufactured **Health First Grape Seed Extract** may be the best source for OPCs. There are other potent scavengers that work in an entirely different ways. **SSR Super Quinone**, **Glutathione PleoLyposome** and **EAQ10** are several you have read about. Here are a few other excellent ones starting with the number one free radical scavenger produced by your body. **S.O.D.**

Super Oxide Dismutase (with Catalase)

The two most important free radical scavengers your body has are glutathione and SOD, with SOD being the most important. Consequently, Glutathione PleoLyposome, if it wasn't such a good detoxifier, would be included in this section. SOD, being the number one free radical scavenger in your body, would be available in every health food store and vitamin shop if it was easy to take orally. It has not been so. Like glutathione, it is usually destroyed by the digestive process and the liver when taken orally. And now, like Glutathione PleoLyposome, it is micro-encapsulated using nano technology that hides it inside phospholipids that your cells readily absorb.

It fights Super Oxides. A super oxide is an oxygen molecule minus an electron. Because it pulls electrons from other molecules, it causes a great deal of oxidative damage. Dismutase's (the D in SOD) primary function is to interact with the super oxide and make it whole again by donating it an electron. This stops it from causing more damage. When it does so, it creates hydrogen peroxide - which is also a free radical though not as powerful. So catalase is added to this formulation because catalase will stop hydrogen peroxide from acting as a free radical.

This particular form of SOD is thus of much value in fighting cancer as free radicals certainly are implicated in cancer. And being the body's number one free radical scavenger, nothing will work better than it as a free radical scavenger. One bottle is a normal amount to use for a month. Use more as needed.

DHLA Nano-Plex

This is a never-before-available fully reduced and thus immediately usable alpha lipoic acid. It is known to provide premier nerve and brain cell nourishment, protection and rejuvenation. DHLA has far superior free radical quenching power than than the previously best form of alpha lipoic acid, R-lipoic acid. It is nano sized so that it gets into the cells much better.

It may be the ultimate antioxidant, as it is capable of quenching every known free radical in living cells. In addition DHLA recycles all major antioxidants, including glutathione and vitamins E and C. Practitioners report that patients taking DHLA require far fewer supplements and experience dramatic improvement in significantly less time. One bottle of this liquid extract is a normal month's supply, but more can be taken for a more aggressive approach against free radicals, or if you want to benefit from its energy increasing and brain improving abilities. Also contains resveratrol and turmeric in a probiotic base with pure water and organic alcohol.

Resveratrol

Resveratrol has been making a lot of news lately. It is found in red wine and in several plants. And is produced by plants as a defense against environmental stresses and infection by pathogenic microorganisms, such as fungi. Studies suggest that resveratrol demonstrates potent antioxidant activity and is a potent cancer fighter. It is excellent for the cardiovascular system too. And speeds up the healing of wounds from surgery. Resveratrol has even been shown to significantly increase lifespan. 75mg of active resveratrol has been shown to be most beneficial for overall health. Consider taking the 500 mg capsules of resveratrol when fighting cancer. This gives you 250 mg of the active resveratrol per capsule.

Ionic Selenium Concentrate

Selenium is a trace mineral that is known for its anti-oxidant abilities that has been found in studies to have significant anti-cancer activities. It is necessary for the proper action of many enzymes, such as thioredoxin reductase, which initiate oxidation/reduction reations that encourage cancer cells to undergo apoptosis or natural cell death. Glutathione, a major cellular antioxidant and detoxifier, requires selenium for its formation. Selenium even appears to improve immune system response, and boost the production of Natural Killer cells. P450 enzymes need selenium. They help detoxify some cancer causing substances. It also helps to reduce inflammation. And high doses of selenium may decrease rates of tumor cell growth.

In one study at the Universtiy of Arizona, selenium reduced the incidence of prostate cancer by 63% when 200 mcg was taken daily, and decreases incidences of lung and colorectal cancers too. Selenium gets used up in the body when we are exposed to toxins and other free radicals. Lack of selenium gives cancer cells a chance to develop because your body doesn't have the ability to turn off cancer cells if selenium is lacking. If you have cancer, it would be a pretty good guess that selenium levels are low. Ellagic Formula with Graviola is one anti-cancer supplement that does contain selenium. If you are not taking it, or some other source of selenium, you may want to consider taking lonic Selenium Concentrate. Three 10 drop servings a day supplies over 200 mcg of selenium daily, in the most absorbable, elemental form you can take it in. Allowing you to assimilate much more selenium than the usual type of supplement. A bottle will last a month.

Protein 8 in 1 Greens

This is a green drink that gives you a lot of protein and antioxidants. Each 30 gram serving gives you 10 grams of protein from pea protein isolate along with 7 grams of organic barley grass powder. You get 5000 mg of a fiber blend of organic oat beta glucan and rice bran, 3500 mg of organic beet, carrot, broccoli, cauliflower, spinach, parsley and tomato juice powder, 2000 mg of chorella and spirulina, non gmo lecithin and glutamine to help repair the intestinal wall.

In addition it contains an antioxidant blend of fruit extracts that supplies a very high 9690 ORAC antioxidant units. To improve digestion, it contains a probiotic blend, an enzyme blend, and a turmeric rhizome extract with organic aloe vera leaf extract. For a green drink, it tastes very good, and the container is very large, 750 grams. This is over twice the size of most green drink powders, making it an excellent value.

Chocolate Powder - Raw and Organic

Raw Organic Chocolate Powder is packed full of ORAC (a measurement of antioxidant ability). It contains no sugar. Even the usual heat processed cocoa powder tops the ORAC list of foods with a score of 26,000. The goji berry rates strongly, with a score of 25,300. The ORAC ratings are for 100 grams. That's much more than a typical serving of either, about a quarter of a pound. If you calculate the ORAC units per gram you quickly see that dark cocoa powder is at 260 and goji is 253.

This raw chocolate powder gives a whopping 955 ORAC units (measure of antioxidant activity) per gram. In other words the raw version contains 367% more antioxidants than the very best cooked version. (On the same 100 gram scale as above, Raw Organic Chocolate Powder would have over 95,500 ORAC units compared to the 26,000 in the roasted chocolate powder.) Pure dark chocolate (which, to most researchers, is the benchmark of healthy chocolate) contains about 132 ORAC units per gram.

Again, that's much higher than most foods. But it's still meager compared to the 955 units in this raw Chocolate Powder. It has about 723% more (or about 7 times more)

antioxidants gram-per-gram than typical dark chocolate. Cornell University food scientists say that cocoa has nearly twice the antioxidants of red wine and up to three times those found in green tea. With this raw Chocolate Powder, it would be 14 times more than red wine and 21 times more than green tea.

One 16 ounce container supplies 16 2 tablespoon servings. Each serving of approximately 28 grams provides 26,740 ORAC units of antioxidant activity. Add to smoothies, teas, coffee mixes, protein drinks, desserts or anything else you can think of. Just one or two spoonsfuls can transform something into a healthy chocolate treat. Use Stevia or Flora Sweet as healthy sweetners for the drink.

A Harvard research found that an Indian tribe in Panama that drank up to 40 cups a week of a traditionally prepared hot cocoa had 90% less cancer, heart disease and diabetes than neighboring tribes that did not consume hot cocoa.

Vitamin D Forte Emulsified

Getting enough Vitamin D is vital for fighting cancer. In fact, a lack of it may contribute to cancer. There is more cancer (and MS) in the higher latitudes of the North because weaker sunlight produces less vitamin D. Vitamin D has been used to treat breast, prostate and other cancers.

Some health practitioners recommend 4000 to as much as 10,000 units a day when dealing with ill health situations. If you are in the lower latitudes and are out in the sun without sunscreen, you are probably getting enough Vitamin D. Or if you are taking cod liver oil. Otherwise you probably don't get near enough. The amount in vitamins and mineral supplements is too low, 400 IU. Emulsified vitamin D is the best source in a supplement because of its increased absorption and assimilation. Also, it is very easy to take. One drop supplies 2000 IU.

Green Tea Extract (And Black Tea Extract)

Green tea is a very well know and powerful cancer fighter quite useful to add to any cancer fighting regime. Research shows that the polyphenols (catechins) in green tea are powerful antioxidants that protect cells from cancer, and can actually kill cancer cells.

Epigallocatechin gallate (EGCG) is the most powerful catechin found in green or black tea. It is estimated to be 25-100 times more potent than the vitamins C and E. One cup of green tea has antioxidant effects that are greater than a serving of broccoli, spinach, carrots, or strawberries. EGCG was shown in several lab studies to kill cancer cells without harming healthy tissue. It can also lower LDL (bad) cholesterol levels, and inhibit the abnormal formation of blood clots.

Unfortunately, tea leaves accumulate more fluoride (from pollution) than any other edible plant. Fluoride in tea has been found to be much higher than the

maximum level set for fluoride in drinking water of 1 mg per liter. Studies from the 1990's showed a daily fluoride intake in tea drinkers of between 5.8 mgs and 9 mgs a day from tea alone.

Unions representing Environmental Protection Agency employees and other public health professionals have asked Congress to impose a nationwide moratorium on drinking water fluoridation programs and called on EPA to set a goal of reducing the amount of fluoride in drinking water based on evidence it is associated with cancer. The unions' request is based on "startling and disturbing new information" that a Harvard University study shows a connection between fluoride and **osteosarcoma**, a rare type of bone cancer that afflicts young boys.

Even more insidious to the general population is fluoride's aluminum connection. Your body does not readily absorb aluminum. But fluoride combines with aluminum to form aluminum fluoride, which is much more easily absorbed by your body.

Once in your body, the aluminum combines with oxygen to form alumina -- the compound of aluminum that is found in brains diseased with Alzheimer's. By drinking a lot of green or black tea, you could be setting yourself up for Alzheimer's.

If you are drinking green tea to fight cancer, the healthiest thing to do is to switch to a special fluoride free green tea extract.

This special Green or Black Tea extract contains -based on independent testing - *no detectable levels of fluoride or other heavy metals.* No caffeine either.

One study found that you absorb more antioxidants by using a green tea extract than you do by drinking cups of green or black tea. Even though the black and green teas had more polyphenols than the extract that used in this study, more polyphenols were absorbed into the body with the extract.

With these extracts the absorption would be much higher because the unique extraction process used to make these special tea extracts *enhances the concentration of polyphenols*. Each cup of the Green Tea Extract has 80 -100 mg of polyphenols. Much higher than regular teas. And the Black Tea Extract is enhanced to the same high level of polyphenols as the Green Tea Extract. Most tea extracts can't even come close to these levels.

The Green Tea Extract is made from a blend of "first-flush" Shizuoka and Uji Japanese Green Tea. Uji and Shizuoka are the premier tea producing regions in Japan. The Black Tea Extract is from a blend of the best Estate Assam teas.

Studies in Japan and China concluded that to get the antioxidant and immune system boost needed to add years to your life, 15 to 20 cups of tea a day need to be drunk. Because these Tea Extracts are concentrated with extra polyphenols, you get that same benefit with just a few cups per day. One bottle will last a month if you

drink two or three cups a day. You may want to double or triple that amount if you are fighting cancer.

Next we are going to take a look at how a lack of enzymes may lead to cancer.

<u>Cancer Strategy #9</u>: Low Levels Of Enzymes Always Found In Cancer... Use The Right Enzymes To Kill Cancer Cells

Researchers have noted for years a correspondence between low enzyme levels and cancer. In fact enzyme therapy has been used with **good results** against cancers in Europe, and by some doctors in the United States. To literally digest cancerous cells.

In the early 1900's a doctor in Wales, John Beard discovered that pancreatic enzymes destroyed cancer cells. Making some brilliant observations, he deduced that cancer cells come from stem cells that become uncontrolled stem cells. He noticed that the fetal pancreas starts working and secreting enzymes at the 56th day of gestation. Fetus' don't digest anything till they are born. Beard wondered why did the pancreas in the fetus start working so early? He noticed that the day the pancreas started producing enzymes was the day the placenta stopped growing. The enzymes stopped this rapid growth.

His theory was that many placental cells remain in our body. When hese misplaced placental cells get lost and can start growing, turning cancerous, if you don't have enough pancreatic enzymes. (By the way the medical community thought he was crazy. Now a hundred years later, technology has confirmed there are these cells.)

In 1911 he tested pancreatic enzymes for stopping cancer in mice and it worked. Naturally and unfortunately, he was blackballed and died in obscurity. Decades later Dr. Kelly read about his work, and cured himself of cancer using pancreatic enzymes and started treating and curing many cancer patients using pancreatic enzymes. Dr. Gonzales, sent to investigate Dr. Kelly, liked what he saw so much that he also treats cancer using pancreatic enzymes.

The major reason enzymes levels become depleted is that we eat mostly processed, irradiated and cooked food.

The digestive system was designed to process **raw food**. Raw food, when it is picked ripe, has enzymes in it that help break down that food in the upper stomach where it sits for 30 to 45 minutes. The enzymes in the food predigest that food. Then in the lower stomach the pancreas excretes more enzymes.

When you eat cooked, irradiated and processed foods, the enzymes have been killed; the food does not predigest in the upper stomach. So when it reaches the lower stomach *two things happen*. The pancreas must make extra enzymes to try and break down the food.

And often the food is only partially digested.

The pancreas, after decades of overworking, eventually is no longer able to produce an adequate supply of enzymes. So you develop **low enzyme levels** of all types of enzymes, and your body *cannot* naturally kill cancerous cells using enzymes.

In addition, food that is not completely digested all too often makes its way into the bloodstream. Especially if you have leaky gut syndrome from candida overgrowth. This partially digest food is treated as a toxin, and the immune system has to get rid of it. This puts an additional strain on the already overworked immune system.

Studies have found that the immune system treats the ingestion of cooked food as a toxic poison, causing a jump in white blood cells in an attempt to get rid of it as fast as possible.

Taking a good quality enzyme supplement with meals, one that has high levels of protease to digest protein, lipase to digest fat, and amylase to digest carbohydrates helps break down food in the upper stomach. So that the pancreas doesn't have to produce extra enzymes. Food is better digested. You also need to take **Betaine HCL** and the **HCL Activator** to help break down protein.

Also, it is important to take enzymes on an empty stomach. A stack of research shows that enzymes, when taken in this manner, will go into the bloodstream and clean it up. **And in the process may digest and kill cancer cells.** Take both a plant based digestive enzyme along with pancreatic enzymes high in Trypsin and Chymotrypsin for the best results. Take both with meals for improved digestion, and on an empty stomach to get into the body.

This will also unstick clumpy red blood cells. Sticky, clumped up red blood cell clusters clog up capillaries and reduce circulation. So that cells cannot oxygenate properly. Which as you have gathered by now, contributes to cancer.

Cancer tumors produce a thick fibrin <u>protein</u> to help protect them from the immune system. This also helps to stick the cancer tumor to wherever it is.

Enzymes in the bloodstream can digest and dissolve the fibrin coating. Large amounts of enzymes would need to be taken, and they would need to be enzymes high in protease or nattokinase to break down the fibrin.

The following products only provide these enzymes and digestive support.

Hi-Pan Enzymes

The pancreatic tissue in this enzyme fromula is from New Zealand so it is safer than US sourced enzymes. It is one of the few pancreatic enzyme formulas to have high amounts of both Trypsin (48 mg per capsule) and Chymotrypsin (40 mg per capsule).

There are 120 capsules per bottle. Each capsule supplies 135,000 units of Protease, 135,000 of Amylase, and 10,800 of Lipase.

People using enzyme therapy as the primary way they are attacking cancer use around 30 a day. Six with each meal to aid digestion, and 12 on an empty stomach. That would be about 8 bottles a month. However, you may not need to use this much if you are also using other strategies to beat cancer. And if you are using the PhytoBio Enzymes along with the Hi-Pan Enzymes. They will further aid digestion when taken with meals, and on an empty stomach, will aid the absorption of the Hi-Pan Enzymes. With each serving, take one or two of the PhytoBio Enzymes in addition to or in place of a couple of the Hi-Pan Enzymes.

PhytoBio Enzymes

Every person, whether healthy or ill, should be using a high quality digestive enzyme. You will be healthier as you age, and your digestion will also improve. In addition, it helps deal with the big picture of low enzyme levels leading to cancer. It supports your overall health, takes a strain off the immune system, helps you absorb food and nutrients, helps you kill cancer cells, and cleans out the arteries. Enzymes are a basic supplement.

Each of the 180 capsules in a bottle of PhytoBio Enzymes contains 120,000 units of protease to digest protein, 8000 units of lipase to digest fats, 18,000 of Amylase to digest carbohydrates. With high amounts of a number of other plant based digestive enzymes and trace minerals, it is an excellent value.

Take 1 or 2 with each meal to improve digestion, and with Hi-Pan on an empty stomach. (Also take Betaine HCL and Betaine HCL Activator to improve digestion.)

These enzymes will, on an empty stomach, get into the bloodstream and work to clean it up. Their extremely high levels of <u>protease</u> may help to **break down the fibrin coating all cancerous tumors** so that the immune system can better *attack* those tumors. However, Neprinol is the very best fibrin digester you can use.

Neprinol

Neprinol is a systemic enzyme you take on an empty stomach so that the enzymes get into the body. It contains nattokinase and other enzymes that dissolve fibrin, have anti-inflammatory, pain relief, and artery clearing abilities. Natural removal of fibrin by the body is accomplished by enzymes whose role is to attack the excess fibrin buildup. Neprinol provides several fibrin-active enzymes in a combination designed to address fibrin buildup and more.

Some proteins can be harmful to joints, organs, tissue, and can increase our vulnerability to certain viruses. Neprinol's blend of proteolytic enzymes can emulsify and break down these harmful proteins. Its proprietary combination of Nattokinase,

Serratiopeptidase, rutin, alma and other proteolytic enzymes are specially formulated to defend your body from the damaging effects of fibrin. It's activity levels are much higher than other systemic enzyme formulations on the market.

Neprinol uses individually enterically coated enzymes. Enterically coated enzymes pass safely through the stomach and digestive tract, and are better absorbed into the bloodstream. By supplementing and replenishing the body's enzymes, Neprinol strengthens immune systems, helps maintain proper circulation and supports your body's natural recovery mechanisms following physical stress. Primarily, of course, it would help dissolve the fibrin coating cancerous tumors. Use one 300 capsule bottle a month, taking 9 capsules a day on an empty stomach for best results fighting cancer. As each capsule supplies 15,000 fibrin digesting units while other products contain only 750 to 2000, it is by far the best value for dissolving fibrin.

Here is what you can do if you are suffering from wasting.

Catabolic Wasting Protocol

Catabolic wasting can occur in the end stages of cancer, aids and other serious illnesses. It is a major cause of death in cancer. No matter how much someone eats, they lose weight. Metabolic processes at work in the body cause this. There is a protocol for nutrients that will help stop this metabolic process and thus stop the wasting.

A daily dose of 2000 mg of glutamine is suggested to prevent glutamine depletion in the tissues and the ensuing catabolic effect. Fish and borage oil supplementation, in the dose of 1300 mg of DHA, 500 mg of EPA, and 1200 mg of GLA a day, should be considered to suppress inflammatory cytokines and prostaglandins that can destroy tissue.

The intake of 30 grams a day of high potency non denatured whey protein concentrate, 10-20 grams of arginine, 2400 mg of L-carnitine, and a branched-chain amino acid complex may produce a dramatic anti-catabolic tissue-sparing effect, and regulate immune system cytokines that are thought to cause cachexia.

GlutImmune is the best source of glutamine and is not easily found. It is covalent bonded and about 10 times better absorbed than regular glutamine. One scoop a day would provide more than enough glutamine. There are 60 scoops in a container. Fish and borage oil are in all health food stores. Make sure you get the borage oil from the refrigerated section as it can go rancid. **Heart & Lung Plus** is a powerful anti-inflammatory herbal formulation that would be useful for this too. Take up to 3 capsules 3 times daily to reduce inflammation as quickly as possible.

RenewPro is an excellent biologically active non denatured whey protein. It has high levels of immune factors because it has been low heat processed and is not a byproduct of cheese making. Three containers for a month's supply. **Cardio Arginine** is

an absorbable arginine supplement, a quart of liquid. You would need about 3 bottles a month to get almost 20 grams or arginine. You would need about 2 bottles worth of **Carnitine** for a month's supply.

Probiotics Support Immune System And Digestion

Another important digestive and immune system component are the probiotics or friendly organisms that live in our intestinal tract. A healthy person will literally have pounds of friendly bacteria and other micro-organisms living in their guts. Not only do they complete the digestive process, producing many vitamins, breaking down food, and killing pathogens, but they play a major role in the immune system. Some nutritionists say that they are the main component of the immune system, comprising 70% of the total immune system.

Antibiotics and many other medications - including chemotherapy, chlorinated water, birth control pills, and more, kill them. Lack of friendly organisms is the primary cause of candida fungal overgrowth. Even if you have been eating yogurt or taking acidophilus, you most likely still don't have enough. Very few yogurts contain live bacteria, and even in those that do, the bacteria in yogurt does not colonize the intestinal tract.

In addition, most probiotic supplements fail to deliver many live organisms into the intestines. For two reasons.

- 1. First, many of them die while the product sits on the shelves. Refrigeration is used to slow down their metabolism and keep more alive, but studies consistently show that a great many of the live bacteria die in the bottle.
- 2. Even more destructive is the stomach environment where the acids kills the friendly bacteria. Studies show that not much makes its way to the intestines.

Total Immune Booster contains 67 different organisms that colonize the intestinal tract very well because they are grown together as a colony. They are asleep in the capsules so they don't die, and they grow best in high acidity so they get through the stomach environment without being killed. You also get the cancer fighting benefits of AlliMax allicin extract when you take Total Immune Booster.

Ultra Blend

This is another of those rare probiotic formulas that colonizes your intestines very successfully. It contains bifidobacterium longum BB536 that babies are born with. So it grows in the intestinal tract much better than probiotics originally cultured from vegetables or fungus such as your typical acidophilus or bifidus probiotics. It fights harmful bacteria, increases healthy intestinal flora, reduces inflammation in the colon, boosts the immune system and enhances absorption of minerals. It has been shown to be beneficial for fighting cancer and can help with nausea caused by chemotherapy.

Ultra Blend also contains Bacillus subtilis, as does **Native Flora**. Bacillus subtilis eats harmful bacteria, stimulates enzyme production, including *Nattokinase* enzymes, enhances immune function and improves assimilation of all nutrients. It is a powder. Use a couple of bottles of UltraBlend monthly for serious conditions, taking two or more teaspoons of powder daily.

Other products can help get more friendly bacteria into the intestines. Unlike yogurt, kefir is a fermented milk product that has many different micro-organisms that do colonize the intestinal tract. You can make your own. It's best to use organic milk, non-homogenized and raw is the ideal way to go. OrganicPastures.com is one source for organic raw milk. Get a good **Kefir Starter** and make your own kefir with that milk. It's easy. Many studies show that live fermented foods like kefir or live sauerkraut are powerful cancer fighters.

EcoBloom is inulin or FOS, a 100% chicory extract that feeds the friendly bacteria in the intestines, helping them to grow and reproduce. EcoBloom boosts the growth of beneficial micro flora, often more significantly than taking probiotics will do. This suppresses the growth of pathogens, reduces toxins, and stimulates the immune system, along with improving digestion.

Research has shown FOS fed beneficial bacteria reduce the pH of the colon thus enhancing mineral absorption, especially calcium. You can add it to just about anything including hot and cold beverages.

Flora Sweet is a prebiotic formula similar to EcoBloom that is also sweet enough to act as healthy sweetner that tastes quite good. As you need to reduce your sugar intake when fighting cancer, this is a healthy way to do so. There are about 33 teaspoons in a container.

Stevia is the ideal sweetener when fighting cancer. Sugars of any type feed cancer cells. Artificial sweeteners are basically toxic and cancer causing. Stevia is safe, sweet and even health promoting. It is a plant leaf. According to Dr. Whittaker, studies suggest that stevia has a regulating effect on the pancreas, and can help stabilize blood sugar levels in the body, therefore making it a safe dietary supplement for people with cancer, diabetes, hypoglycemia, and candidiasis.

This brand of liquid stevia has no aftertaste. It is the best tasting stevia. This extract was developed by taking only the sweet-tasting rebaudioside crystals, leaving behind the licorice-like flavor from the leaves and creating the ideal alternative to synthetic sweeteners. If you are fighting cancer, it is well worth trying. One bottle lasts quite a while as you only use a few drops per serving.

Next we will take a look at how low vibratory energy levels can lead to cancer.

<u>Cancer Strategy #10:</u> Cancer Cells Have Low Subtle Energy Vibrations... Raising The Vibratory Level In The Body Disrupts Cancer Growth

Conditions that lead to cancer can also be viewed energetically. In fact, low energetic vibrations may well set the stage for the development of cancer. Cancer cells have much *lower* levels of vibratory subtle energy. For a cell to turn cancerous, its vibratory energy must be low. Raising the energetic level of the body alone has helped some people conquer cancer.

You can raise the vibratory levels of your cells. One way is to **drink fluids that have been energized.** Liquids vibrate at the rate fluids near them are vibrating. Drinking highenergy water will raise the energetic level of cellular fluids. The higher they are raised, the harder you make it on cancer.

Electromagnetic Fields (EMFs) are another possible cause of cancer. You are exposed to them by electronic appliances. Cell phones, computer screens and microwaves are among the biggest offenders, but even the clock radio by the side of your bed is putting out unhealthy levels of EMFs for a foot or two. Your car puts out quite a bit of it.

Radiation from cell phones can literally *eat holes* in your blood brain barrier, which functions to prevent toxins from entering the brain. When it is full of holes, toxins get into brain, causing much damage. **A Swedish study has found that heavy users of cell phones had a** *240 percent* **increase in brain tumors on the side of their head that the phone was used on.** The study defined 'heavy' use as more than 2,000 total hours, or approximately one hour of use per workday for 10 years.

There are two ways you can deal with EMFs. You can try to avoid exposure to them, or you can wear or use an energized product that counters the effect of that radiation to your body's energy field. For example, you can choose to not use a cell phone or any portable phone, or you can put a good cell phone energy neutralizer on the phone to neutralize the radiation.

Geopathic stress has been implicated by many alternative health practitioners in Europe as a cause of cancer. Simply put, geopathic stress is unhealthy energy coming from the earth. One cause is underground streams that creates friction that produces the wrong type of energy. Two developers of energized products both had cancer that would not resolve until they were told to check and see if they slept over geopathic stress. They did, changed their sleeping arrangements, and then were able to get well. A study in England noted that gypsies, even though their diets and smoking habits were poor, were not near as likely to get cancer because they were always moving so were not likely to have been sleeping in an area of geopathic stress for years at a time.

One way to raise your vibratory levels is to drink...

IASO Water

IASO Water is an energized water using M-Power technology. There have been several reports of it reversing cancer. Some people not able to keep anything down began to

take IASO Water and found that their nausea ended. Some users were able to get out of their hospital beds and go home within days - after being full of tubes, once it was added to their IV. Of a woman whose hair had turned white, who had become crippled with arthritis after chemotherapy and radiation. After drinking IASO Water for a year, her hair had regained its color, the arthritis was gone and her period had returned. Here's how it works.

About 70% percent of your body is water. Water is the means by which nourishment is circulated throughout your body. When you drink IASO Water, it is able to produce healthy coherent energy throughout your body, replacing the disorderly, non-coherent energy related to disease. Plus it hydrates your cells.

IASO Water has scientific testing proving it micro-clusters your drinking water and hydrates your cells. Both it and the water you make with it have much smaller micro clusters than other waters. Meaning that it is much better at hydrating cells because the water is of smaller size and is better able to get into cells. The human clinical study on it showed that hydration of cells increased an average of 22.3% in just a month.

10 Benefits of Increased Hydration

- 1) Increases detoxification of stored cellular toxins.
- 2) Balances body pH towards neutral.
- 3) Markedly elevates available oxygen to the cells.
- 4) Improves immune system function.
- 5) Increases energy to the body as a whole.
- 6) Lowers pain from any condition.
- 7) Improves the absorption of all nutrients and supplements.
- 8) Helps balance blood sugar.
- 9) Lowers blood pressure and cholesterol levels.
- 10) Decreases cellular mutation.

Add IASO Water to ordinary good quality drinking water to transform that water in a more perfect water with smaller crystals, more coherence and higher energy. Mix a couple of teaspoons of IASO Water in a gallon of drinking water, and drink that water. This is the only water which has research studies behind it proving that it increases energy in the body.

The essence of what IASO Water does beyond the size issue of the molecular clusters. At a deeper level, there is a coherent frequency message in IASO Water This coherent frequency is compatible with the frequency of cellular fluids, which in turn allows water to become easily absorbed into the cells of the gut, and then to the general circulation, and to every cell of the body. People who drink IASO Water often say they enjoy drinking it more than normal water.

One bottle will hydrate your drinking water for a month, though for cancer, more is better. If you drink 3 ounces a day straight, plus put a couple of teaspoons in every gallon of drinking water, you may need 6 bottles for a month's supply.

Enhance

Enhance capsules contain homeopathically charge earth minerals. When taken internally, these capsules are said to help align and energize the energy centers of your body. More importantly, when taken with other supplements and food, they *greatly* increase the effectiveness of the supplements or food. The powder in these capsules work so well, there are supplement companies looking at adding it to their supplements to increase their effectiveness. This makes use of the same technology that is in the proven to work Cell Phone Neutralizer stickers.

Cell Phone Neutralizer

The best thing to do is to stay away from Cell Phones. But if you must use them, get one or two Cell Phone Neutralizers to put on each cell phone. This is the only cell phone neutralization device that has scientific research behind it showing that it does protect your cells.

The Cell Phone Neutralizer is a combination of natural para-magnetic and dia-magnetic elements which neutralize the effect of man-made EMF exposure on human DNA. Noted DNA researcher Dr. Maria Syldona recently completed a study in which she concluded: "... the natural coherent energy emanating from Aulterra (Cell Phone Neutralizer and the powder in Enhance) neutralized the incoherent energy from the man-made EMF, rendering it harmless to human DNA."

Even casual use of a cellular phone can damage the DNA in your brain. A study conducted by Dr. Henry Lai of the University of Washington showed that at low levels, exposure to electromagnetic fields and radio frequencies caused DNA damage to brain cells of rats resulting in loss of short and long-term memory and slower learning. He noted that DNA damage in cells is cumulative.

A study done at Penn State University concluded that EMF exposure produced no effect for the "first few minutes, . . . then a cascade of microbial destruction occurs." The levels at which damage occurs have been shown to be as low as .024-.0024 W/kg -- much lower than any cellular phone.

Using an earpiece will not keep you out of danger from EMF exposure. Earpieces can act almost like "conduits" to funnel as much as three times the harmful radiation to your brain. And it turns out the portable phones and their bases can actually produce more EMFs than cell phones.

Put one or two Cell Phone Neutralizers on each cell phone and cordless phone you have, and on the cordless phone base. Stick one or two on your computer and screen,

or any other electrical device you may be exposed to over a period of time, such as a clock by your bed.

Other Ways To Energize Water

Energized water <u>reverses</u> the energetics of cancer cells as cancer cells have very low energetic vibrations in the 2000 Bovis range while the energized water may be in the hundreds of thousands of Bovis. In addition, energized water improves cellular communication. Primordial M-Water may well be the best energized water, however, there are other devices that will energize water and fluids on a continuing basis.

One of the best is the **Energized Water Pitcher**. It is a plastic pitcher that surrounds a bottle that holds energized gel. This gel is at <u>2.5 million</u> bovis. Extremely high energy. That vibration from the gel gets transferred to any water or fluid that is put in the pitcher. Food or medicine too. If you leave water in the pitcher overnight or longer, the energetic value of the water will increase to around a **million** bovis which is a very high therapeutic range.

Pour water energized overnight into a pitcher, and energize more during the day. It is an excellent value because this pitcher will last indefinitely as long as you don't zap it or break it. You may want to start out drinking this energized water in small amounts. It could give you *too* much energy at first!

The **Energized Gel Coaster** has the same gel in a soft plastic coaster. You can put your own pitcher on it, or plate of food, and it will energize about as high, but not quite, as the energized water pitcher does. If you get three, for a little less than the cost of the pitcher, you can use one for energizing your water or fluids, one for energizing everything you eat including your medicines and supplements, and one to wear over the area of your body where the cancer is. To zap it with very high energy.

Does energized water really work?

You will first notice a difference in how the water tastes. It will taste <u>better</u>. Or put a soft drink coffee in the pitcher or on the gel coaster for a few minutes, and then drink it, you *will* notice a difference. People have reported numerous health improvements from drinking energized water only.

The energized pitcher and gel coaster have one disadvantage. The energized gel in them can be *destroyed* by X-rays or strong electromagnetic radiation, especially microwaves. So gets destroyed if shipped overseas. Primordial M-Water is a more stable water and can be shipped overseas.

Quantum Touch

The Quantum Touch DVD Workshop and Book teaches you how to do hands on healing quickly and easily. Everyone can do it. You learn techniques that have been

used and refined for several decades to teach anyone how to do hands on healing or even distant healing. You can literally be doing it within an hour or less.

On the first DVD you will hear stories of doctors seeing a white glow around a tumor while Quantum Touch was being done on it. Of tumors literally disappearing through the use of this technique. If you are especially concerned about keeping someone alive long enough for cancer fighting supplements to kick in, this could be what you need. If you are trying to help someone beat cancer, giving them healing energy using the Quantum Touch technique may well make the difference.

EarthCalm Immune System Regenerator

EarthCalm provides EMF protection for the whole house that strengthens your energy meridian system. Jeanne Gallick, the inventor of the Immune System Regenerator, was inspired by the work of George Lakhovsky, a Polish scientist who in the 1920s created a new and highly effective cancer treatment based upon an oscillating circuit. The Regenerator also uses an oscillating circuit, and is also powerful with noticeable results. It will help product you from geopathic stress too.

"Your product is fantastic. It is better than anything I have ever come across. It does what you say, and more. Believe me, within a few minutes, I could feel my nervous system relax, and the meridians opening, the energy flowing better. I am really quite astounded.... We felt tingling through our bodies, and a sensation of energy flowing up and down the spinal column." I R, Canada

Next we are going to cover that other important but hard to pin down issue that effects your ability to beat cancer, the psychological factor.

<u>Cancer Strategy #11:</u> Psychological Stress Leads To Cancer... Resolving Stressful Issues Vital For Success Against Cancer

Dr. Hamer, a German oncologist, developed cancer in the late 70s, shortly after his son's untimely death. Theorizing there was a connection between the stress of his son's death and his development of cancer, he began to investigate his cancer patients' histories, and found that they too had experienced an unexpected shock or trauma shortly before their cancer.

Next, he analyzed his patients' brain scans and compared them with the corresponding medical and psychological records. Amazingly, he found a clear correlation between shocks, specific areas of the brain damaged by certain types of shocks, and particular organs where cancer developed depending on the type of trauma.

Based on over 40,000 case studies, over a number of years he developed a theory that every disease originates from a shock or trauma that catches us by surprise. The moment the unexpected conflict occurs, the shock strikes a specific area in the brain causing a lesion (called Hamer Focus), visible on a brain scan as a set of sharp

concentric rings in MRIs. The brain cells that receive the impact send a biochemical signal to the corresponding body cells causing the growth of a tumor, a meltdown of tissue or functional loss, depending on which brain layer receives the shock.

He theorized that specific conflicts are tied to specific areas in the brain because, during evolution, brain areas are programmed to respond instantly to conflicts that could threaten survival. For example, let's say that a woman is walking with her child. Suddenly the child runs into the street, and is struck by a car. The moment a mother sees her child injured she suffers a mother-child-worry-conflict, and in a split second the special biological program for this particular type of conflict is switched on.

This always impacts in the brain area that controls the function of the breast glands. This is because, in biological terms, an injured offspring recovers faster when it receives more milk, extra milk production is immediately stimulated by increasing the number of breast gland cells. Even if the woman is not breast feeding, this event is still triggered. As long as the child is in the hospital, the breast cells will keep dividing and multiplying, forming what is commonly called a glandular breast tumor. When the child recovers, the mother will start to heal.

So you correct the problem that is causing the stress, like getting a new job if you have been fired, or a new spouse if there has been a divorce. Or you psychologically learn to deal with the issue so that it no longer is causing stress. Either is vital for healing from cancer. Done in conjunction with conventional treatments, the results have been exceptional.

Dr. Hamer suffered over the years for his controversial theories. One prosecutor pulled his records, and went through patient after patient. Out of 6500 patients with terminal cancer, 6000 were alive. Pretty impressive.

Cancer has many more causes than only being initiated by stressful events. But it does look like they are much more important in initiating cancer than anyone had previously thought. What is undoubtedly true is that stress knocks down the immune system significantly, which could certainly translate into accelerated growth of cancer cells. Continued stress from unresolved traumatic events *must* inhibit your body's ability to fight cancer.

Fortunately, there are now ways of dealing with, and releasing, events and problems that cause stress which work much faster and more effectively than traditional psychotherapy. One of the best is called the Sedona Method.

The Sedona Method

In 1952 a 42 year old successful entrepreneur in very poor health, Lester Levenson, was sent home to die. Lester began looking into himself to try and figure out his life. He discovered the basic mistakes he (and all of us) make in our relationships and life. And learned how to dissolve them and let them go. Three months later his health problems

were gone, and he had developed an understanding that left him completely at peace. The Sedona Method became his way of teaching what he learned to others.

With it you learn how to release unwanted emotions effortlessly. As recurring stress inhibits your ability to fight cancer, using the Sedona Method would be valuable for conquering cancer. This process is backed by a mountain of scientific research, celebrity endorsements, and users who have achieved amazing breakthrough results in every area of their lives. Simply put, our emotions, reactions, just about everything we think we are, is on the surface, and joy or happiness starts to happen when you start letting go of whatever you've been holding on to.

"The Sedona Method is an easy-to-use, practical guide to releasing emotional tension, one of the key steps I recommend in my medical practice for achieving resilience, vitality, and long term health. This book is a valuable adjunct to every healthcare program."

--Frank Lipman, M.D., author of Total Renewal

"In an age when unrieneting stress and anxiety are considered by many to be unavoidable and normal, the Sedona Method is the most effective tool I have encountered for learning to simply let go of any emotional discomfort we may be experiencing." Elliott Grumer, M.D., psychiatrist

It can be used to help with some pretty tough health problems. Including the final stages of emphysema. "In the middle of April, my friend went into total respiratory arrest and I had to have paramedics bring her to the ER. After several weeks in CCU in a semi-comatose condition, the doctors told me that there was nothing more that could be done and they released her into hospice care so that she could die at home. During this time, Hale.... gave me several more sets of (Sedona Method) audio material to bring home, including Effortless Creation....

"Within two weeks, my friend began to recover. In three weeks she was taking notes on The Sedona Method Course and Effortless Creation, and made up her mind to recover completely. Last week she was examined by the doctor from hospice and he told us that she would be released from their care the first week in July. The doctor could not believe her recovery because they are only called in for terminal cases. This past Sunday we both went to the supermarket and my friend pushed a cart around the store for an hour and a half.

"If anyone has the slightest doubt about the effectiveness of The Sedona Method and Effortless Creation, I have a dozen medical doctors who are now using phrases like "inexplicable" and "miraculous." Walker Bennett

In short, the Sedona Method can teach you how to release and let go of the stressful issues that may have helped your cancer develop. Or at the very least, help you reduce the stress so your immune system can respond better. It offers you a way to deal with

issues that Dr. Hamer feels are the of cause cancer, ways that work better than anything you may have tried before.

Transformational Breathing

The highest natural high you'll ever have is after a Transformational Breathing session. 45 minutes of continuous full breathing makes you feel pretty darn good, to say the least.

Past traumatic events are reflected in your breathing patterns. What happens is that parts of the lungs shut down when you experience trauma and stress. This is because we hold our breath when under stress, and then we don't release it completely. In a Transformational Breathing session a practitioner using gentle pressure opens up the breathing patterns which releases the past stress causing traumas. Once they are released, they are gone. As psychologist Henry Rohrberg said, "One session is equivalent to about two years of psychotherapy."

Better still, this continuous breathing floods your body with oxygen. Cancer killing oxygen. It is best to first learn how to do this with a practitioner. The resource section will provide a web address to check on practitioners in your area.

Optimize Your Breathing

Most of us don't breath correctly. Learn how to breath correctly and you will increase the oxygenation of your body. Long term studies have proven that people with the best breathing capacity have the least amount of disease and generally live the longest. In the resources section of this website is a link to the best learn how to breath correctly program we have found.

Next let's go over some other things to consider when fighting cancer. And then review some of the top products mentioned in this report.

Other Considerations

Even one cancer fighting supplement can make the difference.

One man said his mother had been taken off chemo three weeks before because it wasn't working and there was nothing else to do. They told him to look into hospice solutions for her as she was in bed all the time and didn't have long to live. Shortly before that, she had started taking Oxy E. A week later her energy had improved so

much she was up and active all day long, going out shopping and feeling good. Hospice was not needed.

A nutritionist reported that she had put someone on Ellagic Formula with Graviola a couple of months before. After going through 7 bottles, the tumors in one lung and in the lymph nodes were gone. The main tumor in the other lung was still there, but the doctors said it was dead at its center.

Linda reported that the doctors were amazed by what was happening with her father's advanced cancer. He was using Elemental pH. And another family member with a blood cancer also using Elemental pH had been scheduled for chemotherapy. When she went in for it, she was tested and told she didn't need it anymore.

More is better when it comes to fighting advanced cancer. You can only do too little... not too much.

"The products I bought to fight my Mom's cancer seem to be working. They wrote her off back in February. One doctor gave her 3 to 6 weeks. She just celebrated her 82nd birthday. She has no pain, no illness of any kind. She is now walking again also. Cancer had eaten at her pelvis bones. (Radiation did work on that for the pain). She is refusing Chemo since she feels so good.

"The Doctor is just "flummoxed". Her blood counts are all normal and her bones in the pelvis are growing back. Something they said would not happen. The only product I bought from you she just could not handle was the Super Quinone. The first dose was so strong and frightening for her she won't take any more. But she is doing well without it. She did however, after 3 weeks of taking things, "purge" for hours one night. I feel it was as you say the dead cancer cells being forced out of her body.

"Thanks again for your advice and products. I have recommended them to a lot of people." Diane

(Her mother experience a healing crisis with the Super Quinone. That means it was working quite strongly. What you do when that happens is stop taking it till the reaction is over. Then resume taking it. Stop each time there is a healing crisis.)

All of the products mentioned in this report are valuable. Some are more potent then others, and you certainly want to concentrate on using those top products in order to most effectively fight the cancer.

"We received great news from our oncologist yesterday after viewing Nikki's CT scan. Yes, she is responding very well to the treatments and yes, her remaining tumours are shrinking.

Compared to the CT scans done three months ago, they have shrunk by at least 80%. As such, Jenny and I have agreed to her continuing four more treatments. But it is my

firm belief that our holistic approach is working and I must thank you all for contributing in one way or other to her recovery.

It will take another three months before the chemo regime finishes. Another CT scan will be held after that. Hopefully, by then, nothing is left of whatever tumours in her lungs and liver. Of course, we shall ever be so careful not to fall back on previous 'lifestyles' but to continue the new one into the future with fine tuning along the way." D. K.

The top tier products are effective cancer fighters -- even on their own. They target all cancers because they target the underlying causes of cancer. They are natural and safe, you can take high therapeutic amounts with no side harmful side effects. With some you do have to start with small amounts and work up as you may get detoxification or healing reactions.

<u>INSIDE TIP:</u> Even if you are taking a number of supplements in moderate doses, you need to use *high* therapeutic amounts of at least one or two of the top tier cancer fighting products discussed in this report.

Things to consider when fighting cancer...

You may very well be thinking, "I'm completely overwhelmed. There are so many products that sound good, what should I be taking?"

Remember, you *don't* have to make an either/or choice about whether to take chemo or radiation, or go with an alternative approach to cancer. These products have all been successfully used *while undergoing* chemotherapy and radiation -- in fact they even help chemotherapy or radiation be more effective. They will help you deal with the side effects of chemotherapy. And you will have better results when taking supplements too. They attack cancer in ways that chemotherapy and radiation don't.

Even if chemo and radiation alone are initially successful, far too often cancer comes back within two months to two years. Chemo put quite a strain on the body, and does nothing to improve the internal environment to make it healthier. So the cancer can come back quickly, and is usually worse the second or third time. *This doesn't have to happen*.

Supporting your body with supplements before, during and after chemo that will help you reverse the underlying causes of cancer discussed in this report.

Cancer should not be fought with one hand tied behind your back. Using chemotherapy, radiation therapy or surgery without taking potent herbal and nutritional supplements *doesn't* make sense. They can do no harm, and have been shown again and again to help.

It is of course important to eat healthy. Organic, if possible, to reduce toxins. Increase your intake of essential fatty acids from organic cold pressed flax oil (take two tablespoons with cottage cheese as the Europeans do to fight cancer) or fish oil.

Cancer thrives on sugar and refined grains. Cut them out as much as possible, and don't use artificial sweeteners as they are also not healthy. **Stevia or Flora Sweet are the most healthy sugar substitute.**

There has been research which indicates that eating too much animal protein, more then your body can utilize that day, may be one of the causes of cancer. A study was done where mice were injected with one of the strongest carcinogens there is, aflatoxin (a mold often in peanut butter). Some were given low doses of aflatoxin, some high doses. The diet of the mice included a range of high amounts of a milk protein to low levels. What the researchers found was that it didn't matter how much of the aflatoxin the mice had been injected with. Mice whose diet include over 12% milk protein (more then their daily dietary needs) got cancer. And mice whose diet included less protein did not. Even the mice given high doses of aflatoxin did not develop cancer if the amount of protein was low.

Apparently, too much animal protein acts as a **cancer promoter**. Cancer promoters are substances in our diets that can trigger off the growth of cells that have been damaged by carcinogens and are present in the body. Without these promoters those cells which have mutated will likely remain inactive. So it is a good idea to reduce amounts of animal protein (meat, milk products and eggs) and eat more vegetable protein like nuts, beans, etc. Study results indicate that you just have to keep the amount low and it will not be a cancer promoter.

Synthetic vitamins are not good for you. You may have taken multi-vitamins for years figuring that they wouldn't hurt you. Unfortunately, research shows that taking them is actually worse than not taking anything if they are synthetic.

In 1941 research done by Dr. Agnes Faye Morgan at the University of California found that animals fed synthetic vitamins had toxic reactions or died more quickly of degenerative diseases compared to those fed whole foods. She stated that the enrichment of processed foods with synthetic vitamins may "precipitate conditions worse than the original deficiency."

A study of 29,000 Finnish smokers proved that synthetic vitamins increased death rates significantly enough to stop a 10-year study prematurely. The risk of cancer increased by 16% and there were more heart attacks, more strokes, and an 8% higher increase in the overall death rate.

A Harvard study of 22,000 physicians reported no health benefits from synthetic vitamins. Other studies report toxicity and serious side effects. In one case, synthetic beta carotene blocked antioxidant activity and anti-cancer activity of 50 antioxidants in the diet.

In a Fred Hutchinson Cancer Research Center study, 18,000 American men and women at risk of lung cancer took a either a placebo or supplements of synthetic vitamin A. The researchers lead by Dr. Gilbert Omenn stopped the study in January 1996 because the group on supplements had a 28% higher incidence of lung cancer.

Most of the multi-vitamins and many of the individual vitamins on the market are made with synthetic vitamins. The profit margin is huge compared to whole food vitamins. But as you can see, not only do they not work, but they actually harm your health. Fortunately, there are a few multi-vitamins that do not contain synthetic vitamins. An excellent is **Life Essence**, created by the man who virtually started the whole food vitamin field. Every nutrient in it is derived from whole foods. Making it a safe, healthful, and surprisingly affordable multiple vitamin.

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You can't do too much when you're fighting cancer, just too little. The more you're doing, the more ways you're attacking cancer, the greater your odds of success.

Even if you are taking a supplement that has helped many people, it may not be all you need because you have other issues that supplement doesn't address. A broad, wideranging approach to supporting your health and fighting cancer always works best. Keep it up for a year to give your body time to recover. Consider using the Sedona Method to clear up unresolved stress that disrupts your immune response and could prevent you from beating cancer.

Cancer is not some mysterious disease that just happens to you. It has definite causes, and when you correct those causes, you get well. Natural treatments work remarkably well.

If the powers that be were to work on prevention of cancer by reducing our exposure to the huge array of toxins and other cancer causing environmental issues like EMFs, we would win the fight against cancer. Unfortunately, cancer is very big business, with huge profits, and preventing cancer is not profitable. So you will continue to see more toxins in our environment, more gmos, and more cancer.

Read the book **Cancer-Gate** by Dr. Samuel Epstein for a full understanding of this. He explains how the National Cancer Institute and the American Cancer Society have betrayed us, spending tens of billions of dollars of taxpayers and charity money primarily targeting silver-bullet drugs while ignoring strategies for preventing cancer in the first place.

With this understanding of how cancer works, you do not need to to fall victim to cancer. You can take action to prevent cancer or to beat cancer, even late stage cancer. A comprehensive approach, doing as much as possible, is best.

The only reason not to do as much as possible, is affordability. Some of the best products are expensive, but there are plenty of relatively inexpensive products among the top tier products. The more you do, the better, so in making a decision as to what to get, choose a variety of the top products if possible.

And of course, improve your diet, eliminating refined sugars and refined carbs, eating more fruits and vegetables, etc. A grape diet has eliminated cancer in some people. Eat organic if possible. Make sure you are getting more essential fatty acids, that you are out in the sun to get vitamin D or take supplemental D. Stay away from chlorinated drinking water and chlorinated water in showers. Check out the Sedona Method.

Several products are particularly good for hormonal cancers like breast, prostate and ovarian cancer. These include the **Zeolite** products, **Oxy E**, **Estrogen Defense and Progesterone PleoLyposome**, **U-Fn**, **AFA Blue Green Algae** and **Ellagic Formula with Graviola**. Not that any of the other top tier products wouldn't also be valuable. One product we haven't mentioned yet because it is specific is prostate cancer is **Prostate EZ**. It used a nitric oxide delivery system to deliver cancer fighting herbs to the prostate. Well worth taking, especially if combined with its sister nitric oxide producing **Hemoxide**, which on its own is also quite useful for leukemia. **Oxy E** and the **Hi Pan Enzymes** are also excellent for leukemia.

All of the products can be used with each other, and don't have negative interactions with medications you may be on. Use them in addition to what you are doing with the doctor to amplify the benefits of the medications or chemo.

Cellular Zeolite is at the top of the list of supplements to take. And Zeolite powder at a bottle a month makes sure you get a therapeutic amount of the stuff. It will work in the body in a slightly different way than the Cellular Zeolite does, as it is processed differently. So it makes sense to do both. The product with the most history of producing spectacular results with cancer is Cellular Zeolite. It is a small bottle so you will need 4 to 8 bottles a month or more for a therapeutic amount.

There is an astounding group of remarkable testimonies about Cellular Zeolite. One man scheduled for prostate surgery used Cellular Zeolite for the two weeks before his surgery. When he went in for the pre-surgery test, the cancer was gone. Another man had stage 4 pancreatic cancer. When he began using Cellular Zeolite, he was home in bed on morphine. He started taking it and seven days later he was out playing with his kids. At 21 days no cancer showed in his cancer blood test.

Of course, for most people the process is slower. And someone can be too far gone to recover. But zeolite increases the odds of beating cancer. It is important to take high quantities when the cancer is quite advanced, or if you want to reduce the tumor size as fast as possible. As a general rule, the more you take, the faster the results.

For example, a cat with cancer was being given 3 drops 3 times a day. A therapeutic amount for a cat. No positive results were noted until the dosage was increased to 15

drops 3 times a day which is a huge amount for a less then 10 pound cat. Positive results started almost immediately. I

In her first week of taking 60 drops 4 times a day, one woman with breast cancer experienced swelling and redness in her breasts. A clear indication that cancer cells were being killed and the immune system was working get rid of the dead cancer cells, causing inflammation. A cost effective way to take more zeolite would be to add on the Zeolite powder. This way huge doses of Cellular Zeolite might not be needed, though certainly they can be taken.

Medicine Man Tea is another remarkable cancer fighter well worth taking. The history of its use on people with cancer is extraordinary. Plus it supports the body and the detoxification system in several ways. If you cannot afford to get both the Cellular Zeolite, Zeolite powder and Medicine Man Tea, certainly consider getting the Zeolite powder and Medicine Man Tea for a more comprehensive attack on cancer.

SSR Super Quinone or the **Koch TMT** work uniquely by stimulating the body to create methylglyoxal and to repair cellular respiration. **MG Concentrate** supplies the methyglyoxal in large quantities to stop the replication of cancer cells. They have been quite effective cancer fighters with the studies on MG Concentrate being most impressive.

Of course there may be other considerations which determine what you choose. If you have difficulty swallowing, Cellular Zeolite and SSR Super Quinone require minimal swallowing. **DMSO** can also be used as a carrier to take Cellular Zeolite and other nutrients directly into the body through the skin.

If you don't want to take a large number of capsules or tablets, it makes more sense to take **U-FN** at 6 capsules a day than the **AFA Blue Green Algae** at 30 tablets a day, or **Defense** at 4 to 6 capsules a day as compared to **Ellagic Formula with Graviola** at 18 to 24 a day. Or stick with the powders or liquids like **Get Healthy Aloe MPS** and **Glutathione PleoLyposome**.

In deciding what to do, take into account that the more underlying conditions causing cancer that you correct, the better your chances of beating cancer. The best alternative cancer clinics use many products that fight cancer. Incorporate as many of the strategies as possible into your battle against cancer.

These cancer fighting strategies do work. We hear reports all the time of people getting over tough cancers using these strategies. Hit cancer as hard as possible with a variety of cancer fighting products, diet improvements, and handle the stress with the Sedona Method and/or Transformational Breathing. Plus whatever your doctor has you do. If possible to do so, it makes no sense to do less.

Review Of The Top Tier Cancer Fighting Products

Whenever you are killing cancer cells, you must support your detoxification system so that it does not become overwhelmed. There are several products important to take, especially at first, if you are weak. They will help reduce detoxification symptoms too.

Liver Balance Plus and **Kidney Rescue** are herbal formulas (tablets) that provide about 60% of the total support for both organs. High quality products. Their sister product, **Seasonal Rescue**, supplies the other 40% along with immune boosting and cancer fighting herbs. You may want to take quite a bit of these products at first and then stick with the Seasonal Rescue for continued use. **UltraLiver8** uses the cancer fighting Reishi mushroom and other herbs not found in Liver Balance Plus to further repair and detoxify the liver while at the same time helping to fight cancer.

In addition, you will need to support the lymphatic system as it is responsible for getting rid of many cancer cells. **Lymphatic Drainage** is a formula that has been used by many doctors to support the lymph system and to get it flowing.

Zeolite acts as a powerful cancer cell killer... after it supports the detoxification system by grabbing hold of toxins. Because both the liquid and the powder would work in the body in slightly different ways, it does make sense to use both if affordable.

Cellular Zeolite. Four to eight bottles a month, supplying 15 drops three to five times a day is a therapeutic dosage for this liquid zeolite. 60 drops 4 times a day, which is about 24 bottles a month, is being used by some who wish to be super aggressive in their fight. Cellular Zeolite has little taste, can be put in food, fluids or even right on the tongue, with or without meals, so it is very easy to take. Drink plenty of water to eliminate any possible detoxification symptoms. This is more concentrated than other types of liquid zeolites, is more purified and safer to use because there is no danger of bacterial contamination. In addition, it is the most proven product for fighting cancer effectively.

Zeolite, the powder, gives you more zeolite for your money. One container supplies a therapeutic amount of 2 heaping teaspoons a day for a month. It makes more sense to get one bottle of Zeolite powder for a month's supply, than just one bottle of Cellular Zeolite, because 1 bottle of Cellular Zeolite would not provide a therapeutic amount of zeolite. The powder mixes easily and dissolves complete in water or juice and has no taste. Use in conjunction with Cellular Zeolite, or by itself. An elderly person with poor digestion might have a harder time handling the powdered zeolite.

The next three products make use of methylglyoxal to stop cancer. Relative unknown, though they originally developed over 50 years ago by Nobel Prize winners.

MG Concentrate provides methylglyoxal to your cells to help stop cellular replication of cancerous cells. Methylglyoxal has had continued highly successful use in a clinical trial in India for a number of years. One bottle is a 20 day supply at the highest suggested amount of 5 servings a day, but will last almost a month if doing slightly less, 4 servings a day.

SSR Super Quinone or the **Koch TMT** formulas stimulate the production of methylglyoxal in cells, they help with the repairing cellular mitochondria, and slow down or stop the replication of cancer cells. A 14 vial course of SSR lasts a month and a half, and two 10 vial sets of TMT last 3 months.

No need to use both the SSR and TMT, they are very similar. The small vials the SSR comes in have screw off tops so are easier to open than the Koch vials -- where you have to break off the tops because they come in sealed glass vials that are used for muscular injections in Europe. (The most effective way to take the remedies.) This can be tricky. The Koch vials contain more. They are the full range of the remedies he used. The SSR usage is one a day for 10 days and one a week for 4 weeks, then repeat, while the TMT is one a day for 10 days and one a week for 10 weeks. If you have done radiation therapy, for best results wait 30 days before taking any of the methyglyoxal products.

Oxygenation is another major area in the fight against cancer. There are several very good cellular oxygenators to consider that work together synergistically to increase oxygen levels in your body.

Oxy E will produce more oxygen in your cells. This will help to kill cancerous cells, and helps prevent other cells from becoming cancerous. Be sure to use it at a high therapeutic level such as 4 to 6 (up to 8) bottles a month as the normal therapeutic level of 3 bottles a month isn't quite enough.

Ge-ProCoQ10 Max may help improve the utilization of oxygen in cancer cells so that natural cell death can occur. Uses the most absorbable CoQ10 available, shown in studies to be 18 times better utilized than regular CoQ10. Supplies Germanium and Soluble Rice Bran Solids also for additional oxygenation support. One bottle is a month's supply.

UltraCeps works in a different way than Oxy E or Ge-ProCoQ10. The cordycep mushrooms in it improve the functioning of red blood cells. Studies show it can help you get as much as 40% more of the oxygen you breath into your cells. Plus it is a potent immune system supplement, increasing Natural Killer cell activity by about 400%. The job of NK cells is to destroy cancer. Take three bottles a month for therapeutic use.

Oxy Re-Stor EFA is specifically designed to supply the essential fatty acids needed to transfer oxygen into cells. Use one or two bottles a month. This product does not have to be refrigerated.

Life Support will increase circulation and thus oxygenation of your cells. Plus improve the delivery of all your anti-cancer supplements into your cells. Use a bottle a week for the strongest results.

MSM is an organic sulphur powder known as a pain reliever that releases a couple of oxygen ions in cells, among other things. These can help to oxygenate cells and to kill pathogens in cells. Use 20 to 30 grams a day when fighting cancer.

Normalizing pH by increasing alkalinity in your body is another important fundamental.

Elemental pH is highly recommended for increasing pH levels when you are fighting cancer. Once your pH levels are normalized, keep taking it so that your body can better detoxify itself. Cancer cells pump out a lot of acid, and Elemental pH will help to neutralize that acid production. One bottle a month is all that is needed, just 1/8th of a teaspoon 3 times a day.

G.H.A. Alkalizer is another piece of the pie in raising pH levels. Use 1 to 3 bottles a month. Liquid drops that you put in the fluids you drink. Greens, such as the AFA Blue Green Algae help increase pH. Or get a combination product such as **pH Rescue**.

Some of the best immune support products are:

Medicine Man Tea. One bag makes two gallons of this powerful cancer fighing and blood purifying tea that has had remarkable success in beating cancer. It also helps to support the detoxification system. Following the usage recommendations, this supply will last 6 weeks the first time you use it, and 12 weeks or more after that.

Get Healthy Aloe MPS and **Get Healthy Aloe 3X** may well be the most potent immune system enhancers. (Aloe powder has had some powerful effects on cancer over the years). One large size bottle of the Aloe MPS and one half the sized bottle of the 3X are a normal therapeutic amount for a month. A high therapeutic amount would be 3 bottles of each a month. These are powders that you take first thing in the morning.

Ultralmmune9 is the best medicinal mushroom supplement we could find with 9 of the top medicinal mushrooms in a proprietary formulation. Take 3 capsules three times a day for an adult, which requires 3 bottles for a month's supply.

YewImmune5 supplies the Pacific Yew Tree taxanes which are a unique and powerful cancer fighter that prevents cancer cell division and multiplication. Use 2 bottles of 180 capsules each for a month's supply.

Defense is a powerful yet inexpensive cancer killing herbal formula which also acts as an antioxidant, fights pathogens and is an immune system booster. Use 4 to 6 capsules a day for fighting cancer, 2 or 3 bottles a month.

Immuno C3 is the essential oil formulation that boosts immune system response as it enhances communication among immune system cells. Use one or 2 bottles monthly.

PhytoPlankton liquid extract is a superfood that does an excellent job on cancer, helps with diabetes, candida and more. It is a powerful immune system booster. Use 5 or 6 bottles a month as part of an anti-cancer regime.

Carnivora capsules and extract use the venus's flytrap extract to kill cancerous cells. 30 years of use have proven this to be an excellent cancer fighter as it can both kill cancerous cells and enhance immune system response. Use 3 bottles of the capsules monthly. If needed, up to 6 or more bottles of the liquid extract can be taken.

Whole Cell Beta 1-3D Glucan works very well with Get Healthy Aloe MPS and of course, can be used on its own. Use one capsule for every fifty pounds of body weight. There are 60 capsules in a bottle. Research shows it is the most potent beta glucan on the market, and has very strong effects on the immune system, improving 75% of the immune system.

U-Fn U-Fucoidan has a great deal of research in Japan showing it is a powerful immune system supplement that can cause cancer cell apoptosis. Six capsules a day, 3 bottles a month is a therapeutic amount. This is a concentration containing 35% u-fucoidan with synergetic co-factors to help it work better.

AFA Blue Green Algae in large quantities can wipe out cancer. It is good for detoxification, nutrient support and giving you more energy along with boosting the immune system and supplying cancer killing phytonutrients. The 500 capsule bottle is a normal therapeutic amount for a month, two of those is a high therapeutic amount. One pound of the powder is a high therapeutic amount for a month, or will last two months at a normal therapeutic amount. The powder an be mixed in juice to improve the taste.

Seasonal Rescue supplies wasabi and other herbs that kill cancer and boost the immune response. Plus take it at the start of your cancer fighting program and it will activate and support the kidneys and liver for better detoxification. Use 5 tablets 5 or 6 times a day. 180 tablets in a bottle.

Ellagic Formula with Graviola is a potent cancer cell killer and antioxidant. Both Ellagic Acid and Graviola are well researched cancer fighters. A high therapeutic amount is 3 to 4 bottles a month, 18 to 24 capsules a day.

Some other top cancer supplements are:

Hi-Pan Enzymes and **PhytoBio Enzymes** aids digestion when taken with meals, and if taken on an empty stomach, will attack cancer. Up to eight bottles of Hi-Pan and two or more of PhytoBio can be used monthly.

Glutathione PleoLyposome is quite clearly the best supplement there is for detoxifying the cells, and for helping the liver to be a more effective detoxifier. Plus it is the body's number 2 antioxidant. The glutathione actually gets into your cells. Use a bottle a week. More may be taken. This is excellent to mix in with the Get Healthy Aloe MPS at a bit

more than a teaspoon a day. It may counteract the effects of Ellagic acid, vitamin C, vitamin D, vitamin K, melatonin, curcumin and feverfew.

IASO Water will help hydrate cells and energize the body. One bottle will last a month if you use it primarily to micro-cluster your drinking water for improved water and nutrient absorption into cells. If you drink a lot of it undiluted morning and night for its ability to raise the level of energetic vibrations in your body, you may want as much as six bottles a month.

Some other valuable cancer fighting products are...

Another basic is a good probiotic formulation as the friendly bacteria in your intestinal tract form a major part of your immune system. Some people say as much as 70%. **Total Immune Booster** recolonizes the intestinal tract with 67 different friendly organisms, and provides allicin which has long been known to fight cancer too. There are 60 capsules in a bottle. Take 2 to 6 a day. **Ultra Blend** has a history of research behind it as being good for cancer and reducing nausea from chemotherapy. 2 to 3 bottles a month. **EcoBloom** is a prebiotic that is one of the best ways to increase intestinal flora.

Inexpensive basics are: **Betaine HCI** improves digestion, helps your body eliminate lactic acid and adjusts pH - and years ago was used successfully as a cancer fighter when used in conjunction with potassium. Use with the equally inexpensive **lonic Potassium Concentrate** or **HCL Activator** which will help increase oxygenation and works with HCL.

Be sure to get **Vitamin D Forte** if you don't get out in the sun without sunscreen. You need more than you get in a multi-vitamin and it is very important for fighting cancer. Selenium, which is in Ellagic Formula with Graviola, or an individual source such as the **lonic Selenium Concentrate**, enables your body to turn off rapidly reproducing cells. Vital for cancer fighting or prevention.

Amigo Goji, Mangosteen and Acai powder used at double the standard dosage will saturate your cells with antioxidants and a host of valuable cancer fighting specialty nutrients. Individually these juices have proven themselves to be powerful cancer fighters. Take at least 6 servings of the powder or capsules daily for therapeutic use. That's 2 containers of the powder or 3 bottles of the capsules. Goji Concentrate, or Goji Berries also are high in antioxidants and cancer fighting nutrients.

There are many other additional products in this report that fight cancer. Pick and choose the ones you find useful. They are all good. If you are still drinking coffee, switch to the **healthy coffee** with enfused mushroom extract. It provides immune support, helps normalize pH, and helps to detoxify the body. The raw Chocolate Powder is a sugar free treat packed full of antioxidants. The fluoride free **Green Tea Extract**. Its a simple and tasty way to get a lot more antioxidants. **Stevia** or **Flora Sweet** sweetens with no sugar. **EFA Concentrate** is an excellent source for essential fatty acids. **Protein**

8 in 1 Greens and **ImmunoPro** supply digestible protein and other nutrients to support your body.

A reminder...

You don't have to use everything in high therapeutic amounts, however, using several products in therapeutic quantities is important in order to get enough to make a difference. Use several strategies to attack the cancer.

Because these products are natural products, they can be used with whatever else you may be doing. You can do chemotherapy and take these natural supplements. Both can be done together. The worse a cancer is, the more it's better to do, because that will increase your odds of success.

These strategies have worked for many many people. The sooner you start using them, the greater your chances of success. Some say that your chances are almost nil if you don't use natural supplements that promote health along with whatever your doctor has you do.

If you do have time on your side, chances are very high that employing these strategies will stop and even reverse your cancer because they correct the underlying conditions that allowed the cancer to develop in the first place. Plan on continuing a cancer fighting regime for at least a year. Even after the cancer is gone, you need to be supporting the body to help it recover so that the cancer doesn't come back a year or two later.

These strategies won't help you if you decide to do nothing. They are safe, natural supplements, they won't hurt you in any way. They will only do good in your body. Use them in addition to what your doctor has you do, or use them on their own.

Good luck with your battle against cancer. Here is your....

5 Step Game Plan

- 1. Below you will find links to these cancer-fighting products. Click the links below.
- 2. Look for the products you have decided to use and purchase them.
- 3. Start taking these products faithfully and in the suggested dosage as discussed above.
- 4. If you see results, great. Continue with the protocol. If not, alter your protocol with more products and vary the dosage till you see results.
- 5. You may want to get the personal guidance of a naturopath using these suggested strategies

11 Resources For Beating Cancer

Some of the supplements you'll need to beat cancer and win are widely available. Many are hard to find. Below is a source where you can stock up on these special supplements - the ammunition you need - to overcome your cancer. Plus links to other information you might find to be of interest.

1) **GetHealthyAgain** is an excellent and helpful online store specializing in effective immune support supplements. It carries all the supplements, the video, book, CD, DVDs and more. They can answer questions you may have about the supplements, and can get better support on the use of various products in combination. Call them at: **800-832-9755** or **907-235-5556**.

You get a 30 day money back satisfaction guarantee on their products.

CLICK HERE to visit their immune supplement page - ghastore.com.

- **2)** To read about a skin cream so effective and powerful it is used in some cancer clinics for taking care of skin cancer, <u>click here.</u>
- **3) Sedona Method.** Learn how to let go of emotional issues that can lead to ill health and cancer, and learn how to create effortless health and well-being. Great for relieving the stress of dealing with a life threatening illness. And much much more. This has our highest recommendation. Click here to learn more.
- **4)** As we have said, controlling stress is a major issue in healing. Study after study shows the power the mind and emotions have in causing disease, and getting over disease. It is useful to clear up any past emotional baggage that may have lead to cancer. The Sedona Method is the conscious approach to this. For another technique that can help you handle stress and fear, deal with past emotional issues, merely through tapping, go to the EFT web site Emotional Freedom Technique is a simple and very effective way to reduce fear and stress and resolve many issues that may prevent you from healing.
- **5)** With a tough case of cancer, it never hurts to put an energetic healer to work on you. A good healer like Michael Limacher can help almost everyone do better, and with some of the people he works on, long distance or in person, their cancers just disappear. If you have an interest in him working with you long distance, give Michael a call at: **907-235-7575**. His website, which isn't much because he is a healer, not a web guy, is www.threecircle.org.
- **6) Optimize Your Breathing.** Learn how to super oxygenate your body and get all the benefits of increased oxygenation by learning how to breath properly. Heart attacks, cancer, strokes, asthma, speech problems and every disease known to mankind is worsened or improved depending on how well we breathe. A free breathing test will help you determine if your health can improve by learning how to breath correctly and deeply. If you have cancer, you are almost guaranteed to breath poorly. Almost 6000

people have taken this test, and the people who scored the highest had the least illness. Learn how well you breath, and what to do to improve your breathing, and thus better fight cancer. Like the Sedona Method, this is another course I feel everyone can benefit from. This site has a lot of information. Just remember, the basic course is all you need to get started. GetHealthyBreathing.com

- 7) People sometimes ask what foods are good for you, and what aren't. Other than general common sense like staying away from sugar, refined flours, and most refined vegetable oils, it's very hard to say what's good for you and what isn't. That's because your metabolic body type plays a big part in determining what foods are good for you and what aren't. There is a science behind this that can help you determine what foods may be good for you and which ones you may want to minimize. Click here to learn more about the **metabolic typing diet**.
- 8) The Whole Food Farmacy has raw foods that are healthy snacks or meal replacements, including raw nutrient dense powders that you can mix up in a drink for a liquid diet. Expensive but good. <u>Click here</u> to go to their website, and substitute a healthy raw food snack for the not so healthy stuff you may be eating now. They now have an organic coffee where the beans have been infused with the extracts from 4 mushrooms. There's some interesting information too.
- **9)** For some addidtional sort of way out there spiritual help, you may want to set up a session with Bernadine Goldman. She is a Spiritual Release Therapist who works at the spiritual level through contacting your guaradian angles or spiritual guides or whatever they may be called, and getting them to start clearing up issues. Pretty interesting stuff. Her website is lightyourdestiny.com and her phone number is **520-575-5092**.
- **10)** There are two websites that provide extensive education on the dangers of Genetically Modified foods which will likely cause many cancers and are a huge disaster that needs to be stopped. Learn what you can do to stop this craziness. www.thecampaign.org focuses on what to do. www.seedsofdeception.com focuses on what's wrong with genetically modifying food.
- **11) Transformational Breathing.** Learn how to super oxygenate your body and get reduce stress. Breathe2000.com is their website where you can learn more. An excellent practitioner has a bed and breakfast and breath on the beautiful coast of Maine, on an island off the coast. Call Filomena at **207-853-0928** for a real treat.

Raspberry Skin Cream gets rid of skin cancers with no pain or scarring...

One of the world's leading skin biophysicists, Dr. Pugliese, creates a state of the art skin cream.

The first thing I ask about any product I investigate is what the ingredients are, and what they do. But I didn't know the ingredients in this skin cream other than they were natural and safe. I had been working on a spot of skin cancer on my face, was getting nowhere, so it was worth a try...

Now, of course, it's a different story. We know the ingredients, and we even know that the skin cream is used at some cancer clinics throughout the world. Safe, natural and effective, a winning combination.

Here's my situation when I got started.

A few weeks earlier my wife had finally threatened me enough to get me to go to the doctor to get a spot on my face looked at to see if it was cancer. It didn't take long. One look was enough. It was. Fortunately, just your typical, slow growing, not very dangerous type of skin cancer. The doc told me to make an appointment to get it taken off. I wasn't thrilled about that. Painful, leaves a scar, and costs more then I'd like to spend.

So, as I know a bit about cancer, I thought I'd first check out that black salve I had heard about for years. And I did. The results using it were impressive. It worked fast and got the job done. However, there were two major drawbacks in my mind.

- 1. It is painful.
- 2. It leaves a scar.

Well, it was my face, and would be my pain, so I decided to wait a bit and try some things on my own first. So I was dabbing away with this and that and getting nowhere, and things were starting to get warm. I could tell my wife was about ready to take me down to see that surgeon if that spot didn't start shrinking. So when someone mentioned Raspberry Skin Cream to me and how great it worked, I immediately got on

the phone to learn more about it.

Bill told me that he had had a bit of skin cancer on a nipple, so he started putting it on that bump morning, noon and night. He has a device that measures the energetic level of a skin cancer. The higher the level, the more active the skin cancer was. I didn't know how that thing worked, but I could understand that the more active a skin cancer was, the higher the reading would be. Well, at least I was open to the concept.

As he was trying this out, Bill decided to measure his skin cancer's energy level. The energy level was 80 the day he started putting Raspberry Skin Cream on the cancer. The very next day that cancer's energy level was down to 30. And the day after it measured 0, zip, no more energy in that cancer. Who knows if that device really works? I don't. But two weeks later his cancer dropped off, so I knew the cream worked.

Another man he knew tried it out on a spot on his back the size of a silver dollar and about 1/4 inch thick. After a few weeks of using **Raspberry Skin Cream**, his skin cancer was down to the size of a fifty cent piece and only 1/8 inch thick. I asked him how it worked on serious melanomas. He said people were seeing improvement in those cases too, but it was too early to tell if it would take care of them on its own...

(Of course, you wouldn't want to fight a melanoma only using a cream. After all, it is in your body, and you need to hit it with nutrients internally too.)

Raspberry Skin Cream ingredients are at the cutting edge of effectiveness and safety. It contains:

- Ellagatannins from raspberry seeds. Dr. Pugliese uses a unique process to extract the ellagatannins from the seeds without leaving a gritty feel on the skin. They reduce solar keratosis (age spots) and actinic keratosis. These sun damaged areas are prime candidates for developing skin cancers.
- Ascorbyl palmitate and allantoin: tissue rebuilders that help eliminate wrinkles and rebuild tissue.
- Shitake mushroom extract: boosts the skin's immune system. Long known for its anti-cancer properties.
- Three moisturizers maintain skin suppleness.
- Linoleic esters: patented topical anti-inflammatory and anti-irritant which reverses sun-damage caused by sunburn.
- Three component sunblock Dr. Pugliese's sunblocks are the only sunblocks proven to be considered safe for use around the eyes.
- Oat protein: natural anti-inflammatory, anti-oxidant and anti-itch.

What isn't in the cream that is in most creams?

- Mineral oil mineral oil clogs pores.
- Diazolidinyl urea formaldehyde producing preservative.
- Sodium lauryl sulfate (sls) questionable toxicity.

Propylene glycol - processing aid which adds nothing for the skin.

By the way, I decided to take Ellagic Acid internally too as it makes sense to attack whatever was causing my skin cancer from the inside out too.

Within a week or two of using Raspberry Skin Cream, I could see my skin cancer starting to shrink. And it continued to shrink until it eventually went away. I am quite pleased. It is not fast as it took months for my particular spot to disappear. But... No pain. No scarring.

I did learn something about how to take it. Rub it in several times a day. Works faster than the dabbing on I was doing at first. Now I'm using it on several possible precancerous spots that have been coming out on my face and it is working well on those too.

From my experience and from what I have heard, it works very well on precancerous spots, moles, and most any skin condition. My mother uses it as a face cream as it has done a great job on her wrinkles.

Testimonies From Satisfied Users

"This product is amazing! I had what my dermatologist called, a "picker" on my scalp. No matter what she did (froze it, put cream on it), it would always come back since my hand would gravitate to that spot. Since using your raspberry cream, it has disappeared! I am going to bring this to her office and let her know what a great product this is! Thanks!" Kathy R.

"I usually have a visceral feeling about a product before I purchase it so am prepared for it to work in advance. I did a lot of research and when I found your Raspberry Creme and it's reported results I had that feeling. I am happy to say I was not wrong. It worked! I had two mysterious 'lumps' on my arm and chest, the one on my arm was an age spot that had turned red and swollen. I began the application as soon as the product arrived and have been using it three or four times a day since. The small lump on my chest disappeared within two weeks, the age spot on my arm has taken the entire month to reduce from the size of a small marble (maybe 12 centimeters) to no lump and just a dry flaky surface. I am really amazed and feel these spots are like a barometer for the aging condition. I am 64 and a healthy vegetarian for 14 years, these spots alarmed me and I am keeping watch."

Jan P.

"Just a note to tell you how fabulous your raspberry cream is. I am 56 years old and have noticed small warts, red spots and dry pre-cancerous areas on my face. After using this product, within three weeks these areas are clear. I shared half the jar with my father, who HAD a dark pea-sized cancerous spot on his cheek for about five years. The dark scab is gone and the area is clearing. This product is wonderful and I wanted to share that with you. Thank you." Sharon W.

"Your creme has seemingly taken the skin cancer off my nose, layer by layer. Can I use this also as a preventative?" Christine S. (Yes you can.)

"So I have used your cream and have had good results with it, I have had a clean face for 5 months. So far it working, My wife is using it now to. If we have a mark or pimple or something, we put it on, I use it every day, covering my face where I have had trouble. It worked. We would clear up and all's good. Thank you." John W.

"This will be the second jar of this cream that I've purchased, and the reason I'm getting another jar is because I've been pleased with the results so far. It would take too much time and space to tell you in detail about the conditions that I've been treating with this cream, but I've had a number of different kinds of skin eruptions/rashes/growths. The cream seems to be helping to diminish the size of nearly every one of them, and I'm hoping it will eliminate them altogether by the time I finish with the second jar. Blessings to you for producing and making available this product." Dolores W.

The bottle goes a long way. Kept refrigerated once it's opened if it is hot out. Otherwise its fine to keep unrefrigerated. Rub it in several times a day.

Ozone Gel

This is another product excellent for skin cancer. It is a gel made from olive oil that has been ozonated for three weeks to saturate the oil with ozone. When you use it, it puts oxygen into your skin. As you will learn if you read the rest of this site, oxygen kills cancer cells. This Ozone Gel is also excellent for wounds, acne, fungus, rashes, insect bites, etc. If you were using it along with the Raspberry Skin Cream, you would rub in the cream first and then put on the gel. It may speed up the process of getting rid of the skin cancer with no pain or scarring.

Zeolite could also be added to either the cream or the gel. It is an excellent cancer fighter as you will see if you read the home page.

If you have a serious skin cancer, do more than just rubbing the cream on the cancer day and night. And you could certainly decide to do more even if you have a slow growing skin cancer.

"I have been taking an assortment of your drugs for 5 weeks now and when I went for my check-last week my surgeon was amazed. I have had skin cancer - malignant melanoma - for 13 years and just in the last 6 months have had over 18 lumps removed from my left thigh. Since my last op. in March this year when I had 7 lumps removed I had got another 3 lumps and decided that I needed to do something other than surgery before my next check-up. I ordered various treatments from you and took several at theraputic levels and when I saw my surgeon this week all 3 lumps have gone!! Praise the Lord. All my surgeon could say was ' whatever it is you are doing, just keep on doing it"

Margaret H.

You are not going to find this cream at your local pharmacy or health food store. It is too new and unknown. One online store that has this cream, the Ozone Gel and Zeolite is GetHealthyAgain.com

<u>Click here</u> to go to their Immune System Products page to read about it and their other immune support products.

With their **30 day money back guarantee**, you can give it a try without any risk. You'll be able to see if it works well before the 30 days is up.

And don't forget, if your skin cancer or melanoma is serious, you need to be taking other products internally to support your body's fight against cancer.

By the way, if you know anyone using tanning beds you might want to let them know they are increasing their risk of getting the most serious skin cancer...

According to an Oct. 15 Associated Press article, an 8-year study of more than 100,000 Scandinavian women between 30 and 50 yielded an undeniable correlation between regular artificial tanning and the incidence of melanoma. Among the studies' shocking (to the medical establishment, not me) findings were these:

- Women over 30 who salon-tanned once a month or more increased their risk of developing melanoma by 55%.
- Women under 30 who UV-baked once monthly saw their likelihood of developing melanoma skyrocket by approximately 150%!
- The risks were identical for women of similar age regardless of hair color - a factor some in the mainstream deem significant in determining melanoma risk.

William Campbell Douglass II, MD points out that exposure to sunlight doesn't actually cause skin cancer. That actually a lack of sunlight can lead to skin cancer because that lack leads to a vitamin D deficiency.

He points out that "Scientists from the National Institute of Health have recently concluded that our nation is currently in the midst of a **Vitamin D deficiency crisis** that's likely leading to skyrocketing rates of all kinds of diseases - from rickets and osteoporosis to diabetes, heart disease and many common cancers."

How much vitamin D to take a day? The latest reports I am reading suggest taking as much as 4000 units a day. <u>GetHealthyAgain.com</u> carries an highly absorbed emulsified vitamin D that is much better utilized then the vitamin D you find in the health food store.

This special report shows you how you can win the fight against cancer...

Diagnosed With Cancer?

Here Are 11 Effective, Natural Strategies To Kill Your Cancer

The information you need to beat cancer is here - available to you for free. You won't have to download a report or buy any book. In fact, some readers say that this report is better than the ebooks, and they purchased every one. Here you will find information your doctor can't tell you or doesn't know - including information on one product where 51 out of 65 stage 4 cancer patients became cancer free while using it during a 14 month study.

Other readers say this report provides the most understandable information they found about cancer. You'll learn what the underlying causes of cancer are, and what to do to counteract those causes. Effective actions that you can take to defeat cancer. This information applies to all types of cancer. Lung, prostate, breast, colon, ovarian, cervical, liver, pancreatic, bone, bladder, stomach, testicular, thyroid, kidney, throat, brain, mouth, uterine, esophageal, rectal and more. The fundamental causes of cancers are the same, so these strategies work for all of them.

Thousands before you have used these strategies to beat their cancer and now live *happy* normal lives.

"In 2003 my husband was told he had a pancost tumor on his upper left lung. He began 6 weeks of chemotherapy and radiation therapy. On April 1st, 2004 he went thru a 10 hour surgery to remove the upper left lobe, parts of his ribs and the tips of the T3, T4 & T5 vertebrae.

"In May 2005 he was informed the cancer had returned in the lower left lung and on his spine causing compression fractures of the C2, T3, 4, 5, & T6 vertebrae. He refused chemo and radiation therapy. We studied the information on your site and began a regiment of detoxing, cleansing, and using several of the products and a complete life style change.

"The recent CT scan, PET scan, blood work and MRI came back cancer free. Thank God. He still has the issue with his back, but no cancer: We will continue taking the holistic approach using some of the products you suggest. Just to name a few: Oxy E, MSM, AFA Blue Green Algae, Ellagic Acid with Graviola, Elemental pH and more. Faith and prayer does work cause without it I would not have found you, many thanks. Our future looks brighter. Thank you..."

Patrick and Olga - August 1st, 2005

"Hi- I will never be able thank you enough. 8 months ago my boyfriend, Pete, was given a few months to live- melanoma was spreading rapidly through his body and was proclaimed to have settled in the lymph nodes and liver. "Doctors" wanted to strip his lymph nodes and cut out a section of his liver, and then chemo him, again. I found your website, printed out all the info on cancer, and presented it to Pete. He agreed to follow the advice- he refused conventional treatment, [We are not advising that you refuse conventional treatments.] and immediately began a regiment of supplements to detoxify, cleanse, oxygenate, alkalinize, and support the immune system. He also made changes in diet and in mind-set. 8 months later he is free of cancer, as indicated in the recent PET scan! He has energy abound, no longer sleeps half the day, and is looking forward to living instead of preparing to die. Your information is well-presented, logical, factual, and in language a person can understand, AND, it saved a man's life." Leslie R.

You will even increase the effectiveness of standard medical treatments by using the natural supplements covered in this report. And help reduce their negative side effects.

This is a long report that explains the underlying causes of cancer, and gives you 11 different ways to correct those causes and attack cancerous cells. If you prefer to read a hard copy, click here to go to a page optimized for printing the whole report.

You may also choose to read a summary of the report, though you will get more from reading the whole report. First you will read about the causes of cancer, and then the rational behind each of the 11 strategies along with how to implement them.

The Underlying Causes of Cancer

Cancerous cells are *always* being created in the body. It's an ongoing process that has gone on for eons. So parts of your immune system are designed to seek out and destroy cancer cells.

Cancer has been around as long as mankind, but only in the second half of the 20th century did the number of cancer cases explode. Contributing to this explosion are the excessive amounts of toxins and pollutants we are exposed to, high stress lifestyles that zap the immune system, poor quality junk food that's full of pesticides, irradiated and now genetically modified, pathogens, electromagnetic stress, lights, and just about everything that wasn't here 200 years ago.

All these **weaken** the immune system, and alter the internal environment in the body to an environment that promotes the growth of cancer.

Cancer is <u>not</u> a mysterious disease that suddenly attacks you out of the blue, something that you can't do anything about. It has definite causes that you can correct if your body has enough time, and if you *take action* to change the internal environment to one that creates health, not cancer, while at the same time attacking cancerous cells and tumors by exploiting their weaknesses.

Cancer tumors begin when *more* cancerous cells are being created than an overworked, depleted immune system can destroy.

Constant exposure to tens of thousands of manmade chemicals from birth onward, chlorinated and fluoridated water, electromagnetic radiation, pesticides and other toxins, leads to the creation of too many **free radicals** and *excessive numbers* of cancerous cells.

Alone this would be enough to raise cancer levels, but combined with an immune system weakened by a diet of refined and over processed food, mineral depleted soils, and too much exposure to artificial light at night, the immune system at some point no longer is able to keep cancer in check, and it starts to grow in your body.

DID YOU KNOW? Research shows that the immune system needs 9 1/2 hours of sleep in *total* darkness to recharge completely -- the authors of the book *Lights Out* explain. When was the last time you had this much sleep?

Because of this stress and the overload of toxins, you end up with a malfunctioning immune system, and a body that is <u>not</u> capable of destroying the excessive numbers of cancerous cells that develop. Some, sooner or later, survive and multiply. And then you have cancer. Of course, our diets loaded with sugar and refined carbohydrates don't help. Refined carbohydrates digest so fast they act like sugar, and cancer cells love sugar. They have about 15 times more receptor cells for capturing sugar than healthy cells.

Overcoming cancer is a process of **reversing** the conditions that allowed the cancer to develop, and going after and killing cancerous cells.

The exact causes don't have to be known, though certainly the more varied the approaches taken to correct those conditions, the more likely you are going to hit on what works best in a particular case. What you need to do is to **strongly and dramatically interrupt and reverse** the cancer-causing conditions in your body so that it becomes healthier, and stops breeding cancer.

The more cancer there is, the more serious the condition, meaning much more has to be done -- fast. It may be too late, or it may not. No one knows where that cutoff point is

as some people given only a few days to live have pulled through and conquered cancer when they applied these strategies.

What The Medical Industry Won't Tell You About Treating Cancer

There was a woman whose daughter was in the advanced stages of brain cancer. She asked her oncologist if it was ok to give her daughter a superfood called blue green algae. Her doctor told her that it was no problem, that in fact a number of his patients had used that supplement with success in fighting cancer.

Naturally she wondered why he didn't tell her about this product a year before when they came to him.

Unfortunately, he couldn't tell her about this or any "natural or alternative health therapies" and stay employed. **Insurance regulations would preclude such suggestions**. And he could get into administrative trouble by recommending natural, non-drug treatments for cancer.

His advice is controlled by a large medical industry that makes mega money off expensive cancer fighting drugs and treatments. An industry that doesn't look favorably on natural supplements or other cancer treatments as they cannot patent them to make high profits.

Fifty years from now, the current conventional cancer treatments used by doctors will on the whole be viewed in the same light that we view the old medical practice of using **leeches** to cure illnesses.

Chemotherapy and other treatments *damage cells* and tear down and weaken the immune system. But the problem in the first place is that your immune system is already weak, and that your cells are already damaged.

Even if tumors do go into remission, these treatments will have damaged other cells, which are more likely to turn cancerous. The immune system, unless it is supported by supplements and diet to help it recover, will be in **worse** shape then ever.

While it may have taken decades for cancer to develop the first time around, the second time usually takes a year or two.

Another reason why doctors ignore sensible, safe and healthy treatments for cancer, and recommend costly and illogical treatments instead -- is human nature. They advise and prescribe what they know. Just what we all do.

You go to them and you get what they know. You assume they will do the best they can for you, while in fact they only do what the system teaches them, promotes and allows them to do.

A Doctor's Shocking Closed-Door Confession ...

In a survey of 79 oncologists from McGill University Cancer Center in Canada, 64 said they would *not* consent to treatment with Cisplatin, a common chemotherapy drug, while **58 oncologists** said they would reject <u>all</u> the current trials being carried out by their establishment. Why? "The ineffectiveness of chemotherapy and its unacceptable degree of toxicity." Philip Day, *Cancer: Why We're Still Dying to Know the Truth*

This information is shocking to say the least. But consider this ...

Doctors today are not very different than they were 150 or 200 years ago. Back then the common practice was for interns and doctors working on cadavers to walk down the hall to deliver a baby *without* washing their hands. Many women died from the subsequent infections.

Finally a doctor in charge of a clinic figured out what was happening, and had them wash their hands. The infections stopped. When he published his results, **the medical profession was outraged**. Good doctors could not be the cause of something like this. The doctor was ostracized and fired.

He went elsewhere and repeated the experiment. Again, deaths dropped. Again he announced the results, and again the medical profession rose up against him. The end of the story was, he lost everything, went insane from the tragedy of it all, and eventually killed himself.

Bottom line: Don't expect a doctor working inside the system to buck the system. The risks are too great.

It is not all gloom and doom with chemotherapy. For two decades Dr. Perez Garcia has been using a treatment he calls Insulin Potentiation Therapy (IPT). It consists of giving a patient a dose of insulin followed by a tiny dose of chemotherapy.

Cancer cells have 15 times more insulin receptors than normal cells. The insulin dose helps to target chemotherapy into cancer cells because they have so many more insulin receptors. So small doses of chemotherapy can be used that cause little harm to normal cells. With Stage 1 or 2 cancer, IPT is, I read, about 80% successful, mixed results for more serious cancers. So after two decades of use, how many doctors were using IPT in the USA? 29. Hard to believe isn't it.

Many oncologists make much of their income from the markup they make on chemotherapy drugs, and small doses don't make big money.

You don't have to avoid chemotherapy or radiation therapy to receive benefits from natural products and supplements. In fact, nutritional supplements are quite useful when used in conjunction with chemotherapy, radiation therapy and surgery. The best ones work to support the body so that radiation and chemo will actually work better. In addition, the immune system will be stronger, and better able to keep cancer from developing again.

It makes sense, doesn't it, to supplement your chemotherapy or radiation treatments with other options that support your body and actually help it be much more effective in fighting cancer.

Many people *only* do chemotherapy and radiation therapy, and do not also support their body's fight against cancer in other ways. All too often, the cancer is not destroyed, or comes back a short while later. And no wonder...

If the immune system has been wiped out by chemotherapy or radiation, cancer is bound to overrun the body even faster than before.

Seeking other options *after* the doctors throw in the towel and say there is nothing else they can do, is necessary. It makes more sense to correct the underlying causes of cancer early on when the odds are much better. Especially with natural supplements that can do no harm.

Natural supplements won't hurt you. They can only help. *They won't make chemotherapy or radiation therapy less effective.* Instead they <u>amplify</u> the power of whatever cancer treatments you may be doing by attacking cancer in other ways, or supporting the health of the body and immune system. For example, research studies have shown that when you oxygenate cancer cells, radiation therapy is more effective at killing those cells. And beta glucan, when used in conjunction with some types of chemotherapy, produced marked improvement over chemotherapy alone.

Certainly some people beat cancer using chemotherapy or radiation therapy. But look at the number of deaths from cancer, and you see that to many people <u>don't</u>. Not using natural supplements to fight cancer is like being in a life and death struggle, and choosing to fight with one hand tied behind your back.

Hit cancer hard. This is one fight you don't want to lose.

The more support you give your body, the better you will be at handling any possible side effects of chemotherapy and radiation therapy, and the better your body will be at fighting cancer.

A natural approach to cancer is based on making your body *healthier*. To strengthen a depleted, worn out, under energized immune system that is not capable of killing cancer cells as fast as they are multiplying.

Use safe, natural supplements to change the body's internal environment to one that does *not* support the growth of cancer, and to directly kill cancer cells.

So let's get started with <u>Strategy #1</u>, about an amazing mineral that kills cancerous cells and leaves healthy cells alone.