

Report #26
CANCER DIET

The concept of the cancer diet is at the center of the treatment strategies of all alternative clinics around the world.

All serious educational institutions of alternative medicine give excellent training in nutritional therapy. If a holistic medical doctor lacks knowledge or experience in this field, it is best to team up with someone who is an expert nutritionist. Any physician who doesn't take seriously the dietary aspects of healing cancer is committing a grave error. How important is diet in connection with cancer? It has been proven beyond doubt that the eating habits of a person can -- and very often do -- cause cancer. It is also well known that a change of diet can arrest, and occasionally even reverse cancer, all by itself. This is not to suggest that diet should ever be used as a mono-therapy against cancer, but that it should be regarded as one of the most important factors in the treatment strategy.

It is beyond the scope of this report to discuss diet in detail. There are many excellent books available on the subject, with hundreds of recipes and meal plans (see a list of them at the bottom of this page). Here we will just enclose some general dietary recommendations for cancer patients, compiled from the literature of alternative medicine. This information is not given as medical advice, only as general educational information.

Before continuing, let's consider a simple dietary concept that is not mentioned in the list below: Sugar Feeds Cancer. Dr. Mercola has posted an excellent article on [his web site](#) on the sugar-cancer connection; you may want to read it carefully. Also: [Cancer - The Sugar Connection](#) by Ralph Moss, Ph.D. Read our report on [Xylitol](#) , the solution for the cancer patient who craves sugar.

ABSOLUTELY ELIMINATE FROM DIET:

- 1) All vegetable oils exposed to light. Use only extra virgin olive oil or grape seed oil in dark glass bottles or raw flax seed oil in black bottles. Cook with grape seed oil or olive oil.
- 2) All margarine or anything that contains it.
- 3) All vegetable shortening or anything that contains it. It is in about 80% of all packaged baked goods.
- 4) All hydrogenated or partially hydrogenated oil or anything that contains it. (These are used in about 80% of all packaged baked goods including self-popping corn and movie theater pop corn)
- 5) All smoked or processed meat, such us bacon, salami, bologna, pastrami,

sausage, ham, self-basting turkey, dried beef, etc. (cause an extreme immune system reaction by raising the white blood-cell-count)

6) All white, refined flours or sugar and anything that contains them. These are processed, eliminating nutrients essential to life, produced using chlorine bleach, and are extensively damaged by oxidation.

7) All soft drinks and other carbonated beverages, regardless of brand name.

8) All canned food.

9) All fried or deep fried food.

10) All microwaved food.

11) All tobacco products.

12) All synthetic sweeteners, containing aspartame such as NutriSweet, Equal, Sweet & Low, etc.

13) All alcoholic beverages including wine for the first four months.

14) All hard cheese for the first four months.

15) All vinegar, except for raw apple cider vinegar (available in health food stores). You may use fresh lemon juice instead.

16) All tap water or filtered water that does not eliminate fluoridation. Use quality spring water for drinking and cooking.

17) All chemicals and preservatives, including sodium nitrates, artificial coloring, artificial flavoring and food additives, including corn syrup, dextrose or white sugar.

FACT: Our bodies are made out of what we eat and drink. The quality of the resources we put into our bodies has a significant effect on the various parts that make up our bodies and how they function.

Difficult as it may be, try to maximize eating raw food and minimize eating cooked food. Maintain a diet of about 70% to 75% complex carbohydrates, eaten raw or nearly raw primarily from grains, seeds, fruits and vegetables. Cooking food begins to destroy its enzymes at 118 degrees Fahrenheit, resulting in an immune response in the body known as digestive leukocytosis. Maximizing the intake of raw food, preferably nutrient rich, organically-grown food free of man-made chemicals, pesticides and herbicides, can provide the body with much needed, quality resources with the enzymes intact. Fresh raw food is generally high in water content also; however, be conscious that while some fruits and vegetables, such as peaches, apples and carrots, have more water content than others, such as bananas, it is not wise to rely upon your food to give your body enough water to do its work. Drink fresh spring water daily that has not been chlorinated or fluoridated. Also, stay away from junk food, fast food, canned food, prepared and microwaved food. The fresher the food is, the more benefit it potentially has.

If you eat cooked food, either bake it or lightly steam it, and take plant enzymes

just prior to eating in order to minimize the body's immune response and maximize the body's ability to extract the food's nutrients. The body is incapable of breaking cooked food down sufficiently to extract most of what it ultimately needs. The intestine cannot break food down below the level of Peptides (two or more chains of amino acids). Enzymes taken with cooked food help supplement what the body would otherwise have to take from its store of enzymes in the digestive process. Remember that plant enzymes are distinctly different from digestive enzymes. They are made from plant sources without any animal constituents and are available from most health food stores.

Minimize red meat. If you do eat beef, it should be free-range and not corn-fed or raised in feed lots. Avoid pork completely. If you eat fish, be as sure as you can that the water it lived in is unpolluted and healthy. Chicken and turkey should be free-range or wild, and on diets normal to their native habitats. Most animals raised for slaughter are fed and cared for inconsistent with the health and needs of the animals, and many animals raised for food are diseased. It is common practice to have drugs, antibiotics and dangerous hormones included in their diet to keep them alive and to manipulate their life cycles to fatten them for slaughter as fast as possible. Most animals are also put through inhumane deaths, dying in states of terror that fill their bodies with adrenaline, among other things, which gets consumed when the animal's flesh is eaten. Humane slaughter is almost nonexistent, but if you eat animal products, be sure they are organically raised. Go to a health food store or butcher you can trust.

If you eat raw beans, seeds and nuts, soak them in spring water, non-chlorinated, non-fluoridated, for 24 hours to deactivate the enzyme inhibitors. After 24 hours, the water should be poured off, the beans, seeds or nuts rinsed, then soaked in fresh spring water again for another 8 to 12 hours before cooking or eating raw.

If you drink fruit or vegetable juices, get a juicer so you can have them fresh. Juice must be consumed within the first few minutes it is prepared. The enzymes naturally present in fruit or vegetables immediately start to break down the juice constituents into simpler compounds, and the longer the juice sits, the more its benefit is diminished. Benefit is maximized by including the fiber. If your juicer separates juice from the fiber, eat the fiber by itself or in a salad. It is full of benefits your body can utilize.

Drink water that is non-chlorinated, non-fluoridated and alive. It is possible for tap water to be a healthy source of water, but not probable. Thus, wherever water is specified in these recommendations, it is generally stipulated to be spring water. Further, spring water has lower surface tension, thus a higher cleansing ability than most municipal water (tap water). Do your homework! Before getting water, check its source. Ask the bottled water company for a current assay of the man-made chemical content. There should be none. Sodium Fluoride, frequently added to drinking water, is one of the 100 most toxic substances known to exist. Commonly found in tooth paste, it is a poison and should be scrupulously avoided (you can get toothpaste at health food stores that does not contain this). Calcium Fluoride is okay. Also, some bottled water companies add chlorine to their holding tanks, and some offer filtered water and/or water bottled straight out of the tap. Be sure what you are getting is pure spring water that has not been polluted.

Muscle movement from walking and exercise helps the body's lymphatic system

remove metabolic waste and toxins from the body. Lack of motion can be detrimental. If normal body movement is restricted or impractical, get deep muscle massages daily, moving toward the heart area to implement the lymphatic system. Minimize the intake of man-made chemicals, including drugs. Virtually all pharmaceutical drugs, including aspirin, are harmful (i.e. produce side effects) to varying degrees. If you can exercise, include that as part of your regimen.

Bring as much joy and love into your days as possible. Put yourself into circumstances that you enjoy and that inspire you. If you are dealing with toxic emotions or relationships, take steps to minimize or eliminate them. If you need help in doing this, seek out resources that will support you. This is your life. You have a right to make it work for you.

Report #12

MEDICAL OZONE

What is medical ozone?

According to the FDA, ozone is a toxic substance with *NO KNOWN MEDICAL BENEFIT TO ANIMALS OR HUMANS*. The members of the AMA (American Medical Association), that is, all medical doctors in the USA, are forbidden to use medical ozone in their practice. Those who use it risk losing their license. Some of them even ended up in jail during the last few decades. Despite of these draconian rules, there are a handful of outspoken physicians who are using this modality, and are very successful with it. However, you would be hard pressed to find a single doctor in the USA who knows anything about the subject, unless you knew where to find them. (At the bottom of this report you'll find a list of them.)

Ozone therapy against cancer and infectious diseases is being used on a daily basis by Canadian naturopathic physicians in 5 major provinces. It is also being used by medical doctors all over Europe and Asia. There are hundreds of reputable international cancer clinics where ozone therapy is part of their basic protocol.

Considering the enormity of the deception perpetrated by the FDA and the AMA, and the degree of ignorance among medical doctors concerning this vitally important modality, it shouldn't come as a surprise that out of 800 thousand medical doctors and tens of thousands of oncologists in the United States, only a few dozen courageous physicians are offering ozone treatments.

In 1994 we sent out letters to all state health commissioners requesting information on ozone therapy. Here are some excerpts from their answering letters. The original letters are in our files.

From the Texas Department of Health, signed by David R. Smith, M.D.,
Commissioner of Health.

"We do not have knowledge of any valid, scientific basis for claims concerning medical ozone."

From The Commonwealth of Massachusetts, signed by Alfred DeMaria, Jr.,
M.D., Assistant Commissioner of Public Health, State Epidemiologist, Director,
Bureau of Communicable Disease Control.

"We have no information regarding medical ozone in the treatment of any disease."

From the American Medical Association, signed by John J. Henning, no medical degree and no organizational position indicated.

"I know of no clinical trials to show that it (ozone) has any efficacy..."

From the Kanahwa-Cherleston Health Department, signed by Donald M.

Rosenberg, M.D., Health Officer.

"... please be advised that I am not aware of any treatment modality ... that utilizes medical ozone."

From the State of Florida Department of Health, signed by Charles S. Mahan, M.D., State Health Officer.

"There apparently have been some fraudulent claims for ozone therapy which have been prosecuted in Florida by the FDA. Unfortunately, the ultimate hopelessness usually attributed to the diagnosis of HIV infection leaves those so infected particularly vulnerable to such schemes."

All other state officials from the other states answered in a similar fashion.

As a result of this medical iron curtain policy, thousands of Americans who can afford it, travel every year to Europe and to other off-shore clinics to be successfully treated there by this 'non-existent' modality. Please note that the above quotes are not from ordinary doctors, but from state health officials on whose medical knowledge the health of millions depends.

More than a decade ago hundreds of doctors in the United States began experimenting with medical ozone therapy to help AIDS patients. Many of them traveled to Europe to learn from their European colleagues, who have achieved remarkable results in the past few decades. The AMA and the FDA quickly suppressed this trend, and some of the doctors were jailed for their efforts. Dr. Carpendale was a senior resident physician at the San Francisco Veterans Hospital, when, during the 1980s, he began to treat some HIV positive patients with ozone. Here is a link to one of his several scientific papers he presented to the FDA and to the scientific community. Although the study is specifically concerned with AIDS, not with cancer, it serves well the purpose of demonstrating the lunacy of the official medical policy regarding medical ozone. This paper is one of thousands of clinical reports available on the subject of medical ozone therapy, practiced in Europe, Asia, and Latin America. It has been presented to the Eleventh Ozone World Congress, August 29 - September 3, 1993, San Francisco, together with many other research papers and clinical reports from leading medical ozone experts from around the world. [Click here](#). For PubMed abstracts on medical ozone, [click here](#).

For hundreds of [Scientific And Medical References Proving Ozone's Validity As A Medical Treatment](#) (1885 - 1994), please [click here](#).

For a 2006 scientific paper on *Tumor Hypoxia and Ozone Therapy*, [click here](#).

For a scientific review on *Ozone in Medicine: Overview and Future Directions* please [click here](#).

For a paper on *Disease and Ozone Treatment* please [click here](#).

How can this information affect your condition, and how can it help you?

Medical ozone is an important tool in an anti-cancer protocol. All reputable international private cancer clinics use it. This doesn't mean that if you have no access to ozone therapy, you will not be able to recover. However, if you select a treatment protocol or clinic where ozone therapy is part of the course, you can be certain that ozone will greatly help you in your healing efforts. In case of an inoperable tumor, some doctors inject ozone directly into the tumor. This method saved many lives. If you suffer from a weakened condition, and succumb to viral or bacterial infections, according to alternative experts the fastest and most aggressive treatment is ozone. For systemic infections and cancer the preferred procedure is major auto-hemotherapy, where a small amount of blood is led out from one arm, it is ozonated, then led back through the same arm. This treatment is completely safe, painless, and very effective, according to practitioners and patients I (the author of this website) had the opportunity to interview. My own life-threatening systemic infection has been cured by a series of ozone autohemotherapy sessions about 5 years ago.

Here are some excerpts from correspondence with physicians. (We did not correct any misspelled words)

E-mail from Italy:

**Studio Medico Diagnostica Vascolare Internistica dott. Franco Pegolo
V.le Lacchin 61 SACILE (PN) ITALY
phone : ++39 434 70736
fax: ++39 438 31751
E mail : pegolo@telenia.it**

dear Gabe

I am dr. Frank Pegolo specialized physician in angiology and I use the oxygen ozone therapy from ca. 6 years. I have studied in the university of Bologna and i have done my specializzation in the university of Milano after i have attended at several master in Eco Color Doppler at Scripps Clinic and Research Foundation of S. Diego , now every 6 - 8 month i visit the Cedar Cinai Medical Center of Los Angeles where i am best friend of the inside patient director prof. Tom Rosendhal. I with my collaborators have done different researches on the oxygen ozone therapy and the peripheral arterial occlusive diseases, I will be one of the collaborators of the world conference of oxygen ozone therapy that will unwind the next year in Italy. My office is situated in Sacile, town of the north east Italy just 80 km east of Venice. My main work is ultrasound scanning (Acuson equipment with color doppler and power doppler energy) , so after recognize the

pathology i

always treat my patients with ozone because is really more strong of any

other pharmaceutical system. In the last 5 years I have used greatly the oxygen ozone therapy prevalently for the peripheral arterial disease , decubitus ulcers , chronic ulcers , venous diseases , hepatitis C , herpes zoster , rheumatic diseases and lumbar protrusion.

Mostly I use the big autohemotrasfusione with 4000 - 7000 (for hepatitis) microgr. di ozono. In the last years I have done more than 4500 autohemotrasfusione, I have not gotten collateral effects and in the 95% of the patients they have gotten amazing results. I am one of the medical angiologist of the northern east of Italy that mostly use this method because exempt totally from collateral effects.

The use of oxygen ozone therapy base prevalently on 3 effects:

1) direct disinfectant action antiviral and antibacterial . To systemic

level this happen because the transformation of peroxides.

2) emoreologic action on the red globules .

3) Stimulating action of production from the red globules of 2-3 difosfoglicerate responsible of the transfer of O₂ to the tissue.

The metabolic Action on the red globules determining:

a) increased use of sugar

b) division of the fat acids

c) activation of enzymes that stoping the peroxides and the free radicals.

Well i will be very happy to hold lesson (theoretical and practical) in the use of O₂ - O₃ to physician in north America .

Keep in touch and ciao .

dott. Frank Pegolo

P.S. It is incredible that in USA the most advanced country in the world for medicine , O₂ -O₃ is not legal , here in Europe in all state there is . In my University Of Bologna (the first university in the World 900

years !) there is also a particular master on O2 - O3 . I have so many patients so happy and so enthusiastic about the effect of O2- O3. I think that in USA the problem are the chemical industries (farmaceutical) with ozone there is an incredible decrease of use of prescription ! see you dr. Frank Pegolo

From Dr. Peter Bennett's HELIOS CLINIC (excerpt from his letter), British Columbia, Canada:

"Helios Clinic uses ozone therapy as a primary intervention for certain types of neoplastic and metastatic (cancer and metastasized cancer) disease. The preferred route of delivery is usually autohemotherapy but local tumor injection is indicated in certain cases."

From Dr. Robert E. Willner, MD:

"Ozone therapy is one of the most powerful and versatile therapies known today. Extensive medical research on ozone therapy has been done primarily in Europe. Through its mechanism of action, ozone has beneficial effects on every part of the body. The effects include:

Dissolution of malignant tumors: Malignant cells have an increased rate of glycolysis which leads to the production of more lactate. With ozone therapy, there is a significant decrease in lactate production, showing that the metabolism is being inhibited. Tumor cells have a peroxide intolerance due to insufficient peroxidase and catalase. Ozone is thus able to oxidize the outer lipid layer of malignant cells and destroy them through cell lysis."

From Natural Solutions Radio, dated October 16, 2003:

"With ozone cancerous tumors, lymphomas and leukemia may be eliminated without the use of surgery, radiation or chemotherapy."

Dr. George Freibott, ND, MD:

"Ozone is highly effective with all forms of cancer."

Dr. Kurt Donsbach, Ph.D.:

"Cancer begins when a normal cell cannot get enough oxygen. If the level of oxygen available falls below 40%, in order to survive, the cell will begin to ferment sugar instead of burn it. This process is irreversible, and results in an energy output only 1/6 as great as oxidation. The cell then lacks the energy to manufacture a proper enzyme coating around itself. The governor on cell replication is switched off, and the cell can begin to make copies of itself wildly. This ungoverned cell replication is called cancer."

When ozone is introduced into the area, it immediately attacks the unhealthy

cells because they lack a proper enzyme coating. Healthy cells are untouched. If sufficient ozone is administered over time, the tumor will be dissolved."

Further comments on the role of ozone therapy in your selection of treatments can be found at the TREATMENT COMBINATIONS page.

Here are several links to websites where medical ozone practitioners are listed. Please note that these are mixed lists, not every doctor listed offers ozone treatment. Also, because of the very nature of the treatment, some practitioners or clinics may not be anymore in operation. It is impossible to keep the lists up-to-date, as they are changing all the time. The only practical method is to contact the individual clinics to see if they are still active.

http://www.pnf.org/NK_Practitioners.pdf

http://www.cancure.org/directory_clinics.htm

http://www.oxygenhealingtherapies.com/my_ozone_doctor.com.html

<http://www.canceraction.org/gg/drorgs.htm>

Report #14

VITAMIN C IN CANCER TREATMENT

For information on the life-saving importance of vitamin C for patients with acute leukemia, please [click here](#).

" What are vitamin C treatment's advantages? Well, first of all, the increase in longevity. We have increased the longevity (of terminally ill patients) from 5.7 months to approximately 120 months, which is very substantial. There has been a tremendous decrease in pain and anxiety, even amongst those who were dying. My conclusion is that vitamin C must be a vital component of every cancer treatment program." -- Abram Hoffer, M.D., Ph.D

The discoverer of vitamin C, [Albert Szent-Györgyi, M.D., Ph.D., Nobel Laureate](#) stated:

" I always had the feeling that not enough use was made of it [vitamin C] for supporting human health. The reasons are rather complex. The medical profession itself took a very narrow and wrong view. "

When Szent-Györgyi proposed clinical trials using vitamin C with cancer patients, he was hooted down by the medical profession. When [twice Nobel Laureate Linus Pauling](#), named as one of the 20 most important scientists *of all time*, carried out highly successful clinical trials with cancer patients in Scotland, the medical establishment spent two decades attacking his reputation, attempting to discredit and ridicule him. At the time of writing this page (April 2007) there is remarkable confusion among medical circles about the use of vitamin C. During the 1990s, the National Institute of Health and the National Cancer Institute began to issue cautious announcements about the efficacy of vitamin C against cancer. By now, there are many clinics in the United States where medical doctors legally administer vitamin C treatments, saving countless lives among cancer patients. Yet, the vast majority of doctors and hospitals still refuse even to consider such treatments, although thousands of articles, reports and test papers are available from the international research community, providing irrefutable evidence that vitamin C, administered intravenously, is one of the most powerful weapons against cancer.

What does that mean to you, the cancer patient? What do you have to know about vitamin C?

To put it very simply, vitamin C can save your life. However, we are not talking about popping some nice tasting pills twice a day. For vitamin C to be effective against cancer, it has to be given intravenously, in large doses. Vitamin C is non-toxic at any quantity; there has never been a single case where harmful effects or mortality have been reported. In Canada and in Europe thousands of holistic doctors and naturopathic physicians routinely administer such treatments. These are licensed health care practitioners, board certified, and controlled by their ministries of health. In Canada alone, there are more than a thousand naturopaths in five provinces who are licensed to give intravenous vitamin C treatment to cancer patients. Their clinical results are incomparably better than those of mainstream oncologists. As a matter of fact, they often save the life of patients sent home to die by their orthodox doctors.

Before going any further, let us make something clear. Vitamin C alone, as a monotherapy, is not enough to eliminate cancer. It may temporarily repress it, it may save the life of the patient in an emergency, but on the long run, only a combination of powerful treatments can deal with the condition. Having said that, let's take a closer look at vitamin C's cancerfighting capabilities.

A number of medical doctors published articles about their clinical experiences in peer-reviewed medical journals, curing patients with vitamin C infusion. Linus Pauling spent decades researching and writing about the subject. He took 5 grams (5000 Mg) per day to the end of his life; he died at the age of 93. Such quantity is usually referred to as *megadose*. Even today, the concept of this therapy is still occasionally either ridiculed, or attacked by the medical establishment as foolish and ineffective.

Over the seven decades of his scientific career, Pauling's research interests were amazingly wide-ranging and eclectic. In both theoretical and applied medicine he made important discoveries in genetic diseases, hematology, immunology, brain function and psychiatry, molecular evolution, nutritional therapy, diagnostic technology, statistical epidemiology, and biomedicine. He is also considered the founding father of molecular biology, which has transformed the biological sciences and medicine and provided the base for biotechnology. The medical establishment regards him as someone who put his nose where it didn't belong. "*He may have been a great chemist, but in medicine, he was a dilettante*" -- declared a professor of immunology in a TV interview.

30 years ago Dr. Pauling co-authored a book with Ewan Cameron MD, titled, *Cancer and Vitamin C: A Discussion of the Nature, Causes, Prevention, and Treatment of Cancer With Special Reference to the Value of Vitamin C*. The book is available at Amazon for \$11.86. It may be of special interest to cancer patients what some of the readers recently wrote about the book:

Cameron and Pauling prove with clinical studies that large doses of Vitamin C taken over long periods of time are effective in controlling many cancers. Linus Pauling earned two Nobel Prizes. He deserved a third Nobel for this book.

Also:

As a medical professional I have used this book to perform vitamin c therapy on cancer patients. Also, a friend of mine was diagnosed with brain tumor and experienced a complete remission after following the guidelines in this book. Funny how the doctor who saved his life was severely reprimanded for performing vitamin c infusions.

I still don't believe it (that he recovered) and neither did the neuro surgeons. This book explains why and how the A.M.A. discredits vitamin c trials and their results by pointing out the discrepancies in testing, misleading language, and a total lack of objectivity. Objectivity should always be prevalent in any scientific discussion. Really, if a therapy is safe, cheap, and provides hope, what's the big objection?

Your medical doctor would most likely say that all this is hearsay, and that vitamin C in large quantities is toxic. He has very little choice, because if he gave you a vitamin C infusion to treat a viral infection, in most states he would lose his licence to practice. Very few medical doctors would be willing to admit that although the treatment may help, they are not allowed to use it. This would diminish their omniscient image in front of the patient. Should you persist in your inquiry, your doctor might become very irritated, because it is not easy to denounce articles in peer reviewed medical journals, and the research of two Nobel Prize winners, Szent-Györgyi and Pauling, as hearsay. Despite the

restrictions, many brave medical doctors in the United States offer vitamin C treatments. There is a large list of them on this website. (See link below.)

The results obtained by vitamin C therapies are almost unbelievable. It is a profound emotional experience to survey the available clinical data. Studying the issue, one is struck by the enormity of the crime perpetrated by our health officials, hiding this modality from the public for almost 50 years. Irrefutable clinical evidence proves that vitamin C in therapeutic quantities is able to cure patients suffering from diseases regarded by orthodox medical science as incurable and irreversible.

The operative word is, "therapeutic dose". *Megadose* is a misnomer. The recommended daily intake of vitamin C by the FDA is based on nutritional needs. It regards vitamin C as a nutritional supplement. When used against a serious disease, vitamin C must be taken in therapeutic doses. Compared to the nutritional requirement, this would be a megadose. However, for therapeutic purposes, it is *thenormal* therapeutic quantity.

The word, megadose, conjures up the idea of exaggerated, grotesque quantities. In reality, the therapeutic doses of vitamin C are modest, compared to many intravenous or injected medical substances. We are told by scientists and the physicians who use this modality that vitamin C is completely non-toxic at any level. There is no record whatsoever of anybody, child or adult, ever dying, or being harmed by vitamin C therapy. Compare this with over-the-counter drugs like Aspirin, Tylenol, and others, with over 100 thousand hospitalizations and thousands of documented deaths from their use. If this is news for you, go to Google, and use the search terms, *aspirin side effects*, *aspirin mortality*, or *tylenol mortality*, etc. It is quite easy to overdose on these drugs. This danger is completely non-existent with vitamin C.

The intravenous vitamin C procedure is neither painful, nor traumatic in any way. The treatment is entirely benign and non-toxic, and there are no side-effects. For a recent article on the safety and efficacy of intravenous vitamin C treatment, please [click here](#).

Gary Null, PhD, an internationally renowned health scientist, writes in the prestigious Townsend Letter for Doctors & Patients journal:

We can now move beyond the stage of allowing quackbusters, apologists for special interest groups, and other adherents of the flat-earth school of intellectual inquiry to maintain that there's no evidence of the disease-fighting value of nutrients. Because, quite simply, there is, and here it is.

The rest of Dr. Null's article presents an astounding collection of that evidence: over 90 listings of scientific papers on the efficacy of intravenous vitamin C treatment. To read the whole article, please [click here](#). This is only a small sampling from thousands of papers, articles and reports published during the past 50 years on the therapeutic value of vitamin C. The scientific evidence is not only irrefutable, but it is overwhelming both in quality and quantity. (To view Dr. Null's 92-minute film titled Prescription for Disaster, [click here](#))

How does vitamin C fight cancer?

- 1 Scavenges cancer-causing free radicals such as hydrogen peroxide to prevent lipid peroxidation and destruction of cells;
- 2 Neutralizes carcinogenic chemicals such as nitrosamine and nitrites;
- 3 Regenerates active vitamin E (another potent antioxidant) in lipid membranes;
- 4 Enhancement of lymphocyte function and rapid mobilization of phagocytes;
- 5 Potent anti-viral and anti-bacterial activity;
- 6 Enhancement of IgA, IgG and IgM antibody levels;
- 7 Modulation of interferon synthesis;
- 8 Increases synthesis of prostaglandin PGE1 (anti-inflammatory); inhibits PGE2 (inflammatory)

For a recent (2005) scientific paper from the National Institutes of Health (*Pharmacologic ascorbic acid concentrations selectively kill cancer cells*) please [click here](#).

Pharmacological professor Dr. Hilary Roberts writes in her now famous Aug. 2004 article at medicalnewstoday.com:

" It is the 10th anniversary of the death of Linus Pauling and his most controversial scientific conjectures about the health benefits of vitamin C are being confirmed.

" Read the whole article at [Linus Pauling was right all along](#)

There is a large number of research centers where pioneering work is being carried out. Dr. Hugh D. Riordan MD et al at the Bio-Communications Research Institute in Wichita, Kansas carried out during the past 15 years countless important clinical trials using intravenous vitamin C. The treatments were so successful and the results so convincing that, by now, the treatment protocol should be firmly established in every hospital and in every medical office in the United States. The fact that this has not happened is one of many disturbing facts about the policies of the medical establishment. To see Dr. Riordan's and the BCRI's reports on vitamin C's efficacy with cancer patients, please [click here](#). *According to them, vitamin C can be used as chemotherapy with cancer patients.*

From the literature, published by the international medical research community during the past several decades, vitamin C is not a marginal, supplemental tool in cancer treatment, but a primary one. It must be combined with other cancer fighting therapies, in a comprehensive and individually planned protocol for each patient.

The whole intravenous vitamin C treatment concept against cancer rests on the fact that **vitamin C in sufficient amounts is selectively toxic to tumor cells. Tumor-toxic levels of vitamin C could be achieved only by giving the vitamin intravenously.**

For a list of clinics that offer intravenous vitamin C treatments in the USA and Canada, please [click here](#).

For another list of medical doctors who give integrative I.V. treatments, [click](#).

[here](#)

Report #4
Ruta 6
Homeopathic cancer treatment from Calcutta, India

Ruta 6 selectively induces cell death in brain cancer cells but
(induces)
proliferation in normal peripheral blood lymphocytes:
A novel treatment for human brain cancer

"6 of the 7 glioma patients showed complete regression of tumors."

Abstract.

Although conventional chemotherapies are used to treat patients with malignancies, damage to normal cells is problematic. Blood-forming bone marrow cells are the most adversely affected. It is therefore necessary to find alternative agents that can kill cancer cells but have minimal effects on normal cells. We investigated the brain cancer cell-killing activity of a homeopathic medicine, Ruta, isolated from a plant, *Ruta graveolens*. We treated human brain cancer and HL-60 leukemia cells, normal B-lymphoid cells, and murinemelanoma cells in vitro with different concentrations of Ruta in combination with $\text{Ca}_3(\text{PO}_4)_2$. Fifteen patients diagnosed with intracranial tumors were treated with Ruta 6 and $\text{Ca}_3(\text{PO}_4)_2$. Of these 15 patients, 6 of the 7 glioma patients showed complete regression of tumors. Normal human blood lymphocytes, B-lymphoid cells, and brain cancer cells treated with Ruta in vitro were examined for telomere dynamics, mitotic catastrophe, and apoptosis to understand the possible mechanism of cell-killing, using conventional and molecular cytogenetic techniques. Both in vivo and in vitro results showed induction of survival-signaling pathways in normal lymphocytes and induction of death-signaling pathways in brain cancer cells. Cancer cell death was initiated by telomere erosion and completed through mitotic catastrophe events. We propose that Ruta in combination with $\text{Ca}_3(\text{PO}_4)_2$ could be used for effective treatment of brain cancers, particularly glioma.

In the present study, we found that a combination of Ruta 6 and $\text{Ca}_3(\text{PO}_4)_2$ taken orally can either block the progression of or completely regress human glioma brain cancers, with minimal or no side effects. The patients diagnosed with glioma, when treated with Ruta 6, showed better results compared with patients having other types of intracranial cancers. Although the number of patients in our group was small, the outcome of homeopathic treatment was highly encouraging and novel.

PubMed publication:

Both in vivo and in vitro results showed induction of survival-signaling pathways in normal lymphocytes and induction of death-signaling pathways in brain cancer cells. Cancer cell death was initiated by telomere erosion and completed through mitotic catastrophe events.

We propose that Ruta in combination with $\text{Ca}_3(\text{PO}_4)_2$ could be used for effective treatment of brain cancers, particularly glioma.

Int J Oncol. 2003 Oct;23(4):975-82.

PMID: 12963976 [PubMed - indexed for MEDLINE]

Another PubMed Abstract:

The purpose of this study was to demonstrate the cysticidal activities of Ruta graveolens and calcium phosphate in fractional dilutions as a completely new approach for the treatment of neurocysticercosis in humans. These two homeopathic medicines when given to patients with neurocysticercosis have cured the infection in 25 subjects (69.4%) from a total of 36 patients. Our preliminary results indicate that Ruta graveolens in combination with calcium phosphate must be considered to be a potent cysticidal agent with very little or no side effects.

Publication Types: Clinical Trial

In Vivo. 2001 Mar-Apr;15(2):181-4.

PMID: 11317525 [PubMed - indexed for MEDLINE]

Ruta 6 Booklet:

Larger statistical data.

In India, 78.9% brain tumor cases: no recurrence of the tumor(s) http://www.virtualtrials.com/pdf/Ruta_Booklet.pdf (Please note: This file downloads quite slowly!)

The National Cancer Institute (NCI) of Bethesda, Maryland, is - among other institutions - in the process of funding the research on lung cancers by Banerji's methods.

From the Indo_American Chambers of Commerce of Greater Houston

A very famous Indian Homeopath from Calcutta (Kolkata), Dr. Prasanta Banerji, visited

the city in the last week of June. Along with Gujrati Samaj participation a meeting was set up at the Gandhi Center to present his innovative treatments of Cancer by Homeopathy along with the research work being done by Geneticist Dr. Sen Pathak, professor emeritus of M. D. Anderson Cancer Center.

Who is this Homeopath from Calcutta that has the National Cancer Institute in Maryland interested in his methods and techniques of treatments of tumors in the brain, breast, stomach, lung and esophagus? Is he selling pipe dreams? Why should modern scientists and physicians pay close attention to his work? Should more research be done to verify the nature and causes of the cures with his non invasive methods, the medicinal costs of which are between twenty dollars and the price of a today's cell phone? In order to fully appreciate these questions one has to visit Dr. Prasanta Banerji in India with a population of a billion plus, a great majority of whom cannot afford going to a hospital.

Dr. Banerji presented case study documentations of numerous patients with clearly visible intracranial and stomach tumors, which completely disappeared within the span of a year of his homeopathic treatments, without surgery and without the effects of debilitating chemo or, radiation therapy. In 1995 Prasanta Banerji, presented his findings at the Fifth International Oncological Conference in Corfu, Greece. Present in this conference was the eminent geneticist and researcher from M. D. Anderson Cancer Center in Houston, Dr. Sen Pathak and his colleague, Dr. Subrato Sen. The connection between Banerji's Homeopathy and Twentieth century modern molecular research was made on that fateful day. Dr. Pathak started the research on Banerji's treatments of brain tumor by minute doses of extract from an innocuous plant called the *Ruta graveolens* along with Calcium Phosphate.

Ruta, Rue or, commonly known as Jackman's Blue, is a powerful herb of ancient pedigree, once used for a wide assortment of medicinal purposes, but now grown mainly as a decorative plant. Dr. Pathak's six year research on cancer cell lines has established on a cellular and molecular level the reasons why and how Dr. Banerji's *Ruta* extracts work in putting the intracranial glioma tumors into remission. The primary effect of this particularly diluted solution is to immediately strengthen the chromosomal DNA segments called the Telomeres.

Pathak explains that the Telomeric portions act like the gate keepers or, body guards of the Chromosomal DNA, to which they are normally attached like end-caps. If these Telomeres are weakened by intrinsic or, other extraneous harmful causes, they can no longer protect the chromosomes. These weakened and broken chromosomes then abnormally join with each other, thus, forming new types abnormal cells which either die or, start to multiply. The later event gives rise to tumors and cancerous growths. These cancerous cells are usually treated with removal surgery and followed by Chemo and Radiation therapies by modern oncologists in a hospital environment.

Unlike Chemo and Radiation therapies which indiscriminately kill normal cells, bone marrow cells along with the cancer cells, the *Ruta* treatment acts quite differently. Once the Telomeres cells are strengthened by the *Ruta* the body's own defense mechanism

takes over and attacks not only the anomalous intracranial glioma growths but seems also to induce healthy cell divisions in the normal blood. This makes the patients recover their strength and feel healthier very quickly. While this technique showed various grades of positive in-vitro (In test tubes) results on many other types of human and mouse cancers, according to Pathak, the best results were seen on the human intracranial glioma.

Banerji claims an in-vivo (in the body) success ratio of seventy percent near or, complete remission of such tumors. He has also claimed remarkable success with breast, throat, lung and stomach cancers with other homeopathic ingredients. Dr. Subrato Sen of Houston is conducting similar research to explain Dr. Banerji's cure for breast cancers. The National Cancer Institute (NCI) of Bethesda, Maryland, is in the process of funding the research on lung cancers by Banerji's methods.

From Message board: <http://www.cancercompass.com/message-board/message/single,5193,1.htm>

" For anyone who may be interested...

I ordered a 3 month supply of Ruta 6C/Calc Phos from Kemp Homeopathics in San Diego. My husband has agreed to take it. The cost w/tax & shipping was \$102. I think it will be worth the try. I have a copy of the published abstract for a study using Ruta 6 on brain tumors also if anyone is interested. It's available on PubMed.

Some interesting feedback from the woman I spoke to at Kemp - named Jeanine. A very nice woman. Their requests for Ruta 6/Calc Phos have steadily risen over the last 6 months. People are reordering because they are getting good results with it for brain tumors. She also spoke of a gentleman who regularly buys the Ruta 6 for his wife who has a brain tumor. He gets to bring her home from the care facility she had been placed in because she's well enough to be cared for at home now. Apparently she's shown significant improvement due to the Ruta. "

From <http://www.raisingcancerawareness.com/>

It is recommended before beginning this remedy that you e-mail Dr. Banerji in India directly with the specifics of you illness and history and he will e-mail you back the correct dosage and schedule. Dr Banerji currently offers this service free of charge.

Dr. Prasanta Banerji
PBH Research Foundation
10/3/1 Elgin Road
Calcutta - 700 020
India
Tel: +91 33 22472845
Fax: +91 33 22477275
Email: pbhfrf@vsnl.com

RUTA and Cal Phos - Sources

Here are some of the suppliers of the Ruta 6c and Calphos 3x.
Washington Homeopathic Products, Inc. at phone # 800.336.1695.

Or online at www.abchomeopathy.com. or email orders@abchomeopathy.com (they get their products from the above company and are related.)

www.homeopathyworks.com

Willner Chemists - 800-633-1106

Lotus Light 800.548.3824 and their website for retail is www.international.com.

RUTA and Cal Phos - Quantities

The 2 oz pills is nearly 2 mos. worth for a typical dosage.

Ruta Graveolens 6C, comes in bottles of 500 pills

Calcarea Phosphorica 3X, same

Note: in the case that 3X is not available we recommend you contact Dr Banerji for further recommendations..

Ruta and Cal Phos Schedule

Dosage - you should check with Dr. Banerji for your specific dosage

For informational purposes only, these are dosage schedules shared by other Brain Tumor patients. They dissolve 3 Ruta 6 pills or pellets under the tongue at 7am-1pm-7pm. Then in between, you dissolve 3 of the calphos pellets at 10am-4pm-10pm. Dr. Banerji also commonly prescribes a dose of 2 pills Ruta 6 in the morning and evening(dinner time) and 2 pills of Cal Phos at noon and night(bedtime). Please contact him for your dosage recommendation based on your case.

The pills are real small and dissolve like candy.

It is not recommended to mix with food or water 15 min before and after each dosage.

Also patients have been told to avoid coffee and mint as they may interfere with their remedy.

COST

Online \$11.89/bottle of 500 pills. Phone orders are about \$18ea.

Shipping runs anywhere from \$5-\$25 depending on how fast you want it.

That's for nearly 2 months worth.

HOMEOPATHIC PHYSICIANS

Here is a group of MD's that practice homeopathy across the US that was found on the internet by a patient. There is a website that gives a lot of information on how to find one and how to choose one and what the qualifications should be:

www.homeopathic.com Look under the section called "Finding Care".

What does Ruta 6 mean to the cancer patient?

The above report is not based on hearsay, or on anecdotal information. The Banerji father & son medical team is presenting only data that is verifiable, and is supported by clinical cases. With a less meticulous approach, they could provide a much larger quantity of evidence, because they've treated tens of thousands of patients in India. However, that would be indeed anecdotal evidence.

Ruta 6 has been used to treat many kinds of cancer, but the best supported data come from brain tumor cases. The statistical results, even with the small number of patients involved, are both impressive and encouraging.

This is a treatment that is inexpensive, non-invasive, non-toxic, has no side effects, and no doctor or prescription is needed. It is a home treatment, as simple as taking aspirin. It

is also a powerful treatment that seems to be very successful with many forms of cancer.

Ruta 6 is a homeopathic remedy. Detractors are claiming that homeopathy is a scam, and any result achieved by taking a homeopathic remedy is nothing more than a placebo effect, a temporary improvement based on the patient's wishful thinking. They may also bring up the idea of "spontaneous remission", which is the buzz-word used by orthodox medicine when a patient is cured by alternative treatments. These, of course, are the arguments of medical dinosaurs who prefer to ignore evidence-based facts in order to uphold their prejudices. For example, thousands of veterinary practitioners are using regularly homeopathic substances with animals, where placebo effects cannot take place. As far as Ruta 6 is concerned, if it is a placebo that is able to consistently reverse and eliminate glioblastomas, well, give me that placebo, and I will gladly take it with no questions asked.

It must be a great disappointment to the opponents of homeopathy that Ruta 6 has also proved active and effective when applied to different cancer cell-lines *in vitro*, under laboratory conditions. How do they explain *that* with the placebo concept, or with spontaneous remission?

There is no counter-indication specified against taking Ruta 6 simultaneously with any other conventional or alternative medication. Please remember though, that no food should be taken 15 minutes before or after taking any homeopathic remedy. This is a general rule with all homeopathic medication.

Ruta 6 is a great gift to cancer patients, and there doesn't seem to be any reason not to take it with any cancer, including leukemia and brain tumors. However, the thing to keep in mind is that Ruta 6, despite all the wonderful results shown by the clinical data, doesn't help every patient. It is a great medication, but it is no panacea. Do not regard it as a mono-therapy, a magic bullet, but as one promising component in a comprehensive cancer protocol.

Report #5

Cesium - High pH Therapy

NOTE: This treatment doesn't apply radioactive Cesium, used by radiologists in conventional cancer treatment. Cesium - High pH Therapy utilizes only unaltered, naturally occurring, non-radioactive Cesium, in the form of a salt - Cesium chloride.

The Cesium Chloride - High pH protocol may arguably be the most effective cancer treatment in existence. (For more information on pH values, [click here](#))

What does the Cesium cancer treatment consist of? What makes it particularly remarkable is the fact that it is a home treatment that doesn't require a clinical environment, and it doesn't call for intravenous infusions or injections. Also, it doesn't involve prescription drugs of any kind.

Dr. Otto Heinrich Warburg has received the Nobel Prize for his discovery that cancer cells receive their energy by fermenting glucose. Dr. Warburg stated the following:

“But, even for cancer there is only one primary cause. Summarized in a few words, the cause of cancer is the replacement of the respiration of oxygen in normal body cells by a fermentation of sugar (glucose).”

(Otto Warburg, The Prime Cause and Prevention of Cancer, 1966)

Astonishingly, the medical establishment in its multibillion dollar war on cancer has completely ignored, and still ignores, the findings of Warburg, as well as the conclusions of several other Nobel laureates.

While the biochemical nature of cancer is an extremely complex issue, the basic principles of the Cesium Chloride treatment can be explained in simple terms.

How does cancer start? Cancer begins when a healthy cell is not able anymore to take up most of the necessary nutrients, including oxygen. The cell membrane can no longer pass magnesium, calcium, or sodium, on which the oxygen transport depends. This happens when carcinogenic materials attach to the outer surface of the cell membrane, blocking the way. Glucose can still enter the cell, but oxygen cannot. The cell thus becomes anaerobic. In the absence of oxygen, the glucose undergoes fermentation to lactic acid. The cell pH then drops to 7 and finally down to 6.5. (This should not be confused with urine or saliva pH which are a different matter.) When the cell voltage gets to the very bottom, only 5 substances can pass in or out of the cell. They are water, sugar, potassium, cesium and rubidium. Oxygen cannot enter into a cancer cell.

In the acid environment within the cell, DNA, RNA, and amino acids are altered. As a result, the mechanism that controls cell growth, fails, and the cell is out of control.

Says Darrell Wolfe, Ph.D., nutritionist and health consultant:

The cancer cell survives by fermentation of sugar (glucose). Why is that important? Fermentation is impossible without yeast! Yeast as a pleomorphic microbe now enters the cancer cell easily. The microbe may enter the cell as a fungus, mold or bacteria, but once inside the cell it ferments like yeast.

The most important point is that a cancer cell consists of a very sick human cell that is inhabited by a very healthy microbe.

This statement has extraordinary significance. It provides us with two fundamental approaches to deal with cancer. We can enter the cancer cell, kill the microbe, and destroy the metabolic system of the cell. Following this treatment protocol, we can, then, enter all remaining cancer cells that did not respond to the treatment, and raise their pH to a normal level, which will cause these cells to die within a very short time. The first treatment can be carried out with the help of DMSO, combined with nano-silver or sodium bicarbonate, or with both. For details, see the [DMSO report](#). The second treatment is the Cesium chloride protocol.

With both treatments, a large number of cancer cells die within a short period of time, causing some inflammation and swelling in the tissues. This may present a danger, particularly in the case of brain or lung tumors. It can also over-burden the organs of elimination with too much dead matter. It is vitally important to consult an expert before undertaking such a treatment protocol. Inflammations and swelling can be controlled,

with the help of a holistic doctor. It goes without saying that all successful cancer treatments result in dead cancer cells, whether conventional or integrative.

The Cesium Cancer Protocol

When carcinogenic substances and microbes attach to the outer surface of the cell membrane, the cell is not able anymore to take up most of the necessary materials. Magnesium, calcium, or sodium can no longer pass through the membrane. As a result, the cell becomes very oxygen deficient, because oxygen transport depends on calcium and magnesium. At this point, the membrane still permits potassium, rubidium and cesium to enter the cell. Glucose transport depends on potassium, therefore the cell receives ample glucose. The fermentation of glucose produces lactic acid, and the normal pH of 7.35 or so within the cell drops to 7.0, even to 6.5. The cell becomes a cancer cell, its reproductive mechanism out of control.

High pH therapy using cesium salts forces the pH to rise to 8.0 or even higher. Cancer cells become dormant at 7.0 pH, die at 7.5, and die within hours at 8.0. The Cesium therapy is capable to achieve this within a short time without any invasive procedures or harmful side effects.

Writes Dr. James Howenstine, MD., (June 2004, www.NewsWithViews.com):

Nobel Prize Laureate, Dr. Otto Warburg, discovered that when he lowered the oxygen levels of tissues by 35 % for 48 hours normal cells were converted into irreversible cancer cells. Cancer patients have low levels of oxygen in their blood usually around 60 compared to normal values of about 100 by pulse oximetry. The common therapies used to treat cancer (chemotherapy and radiation) both cause drastic falls in the body's oxygen levels. Tissues that are acidotic contain low levels of oxygen whereas tissues that are alkalotic have high levels of oxygen.

In a normal cell glucose and oxygen easily enter the cell and waste products are promptly eliminated from the cell. The cell ph remains in the normal range of 7.35. When the outer lining membranes of the cell are chronically irritated by toxic substances (exposure to carcinogens) this membrane functions abnormally by failing to permit oxygen to enter the cell while glucose is still able to enter the cell.

*Potassium ions are responsible for the ability of glucose to enter the cell. (An **ion** is an atom or group of atoms that normally are electrically neutral). Potassium enters cancer cells in a normal manner so glucose still enters the cancer cell. Cancer cells have only 1% of the calcium content found in normal healthy cells. The calcium, magnesium and sodium ions, which are responsible for the intake of oxygen into the cell, can not enter the cancer cell but the potassium ion still enters these cells. Thus we have cancer cells containing glucose but no oxygen.*

When oxygen fails to enter the cell the cell's ability to control it's ph is lost and the cell becomes quite acidic. This is caused by the appearance of abnormal

*metabolism (anaerobic glycolysis) in which glucose is converted (fermentation) into two particles of lactic acid. This production of lactic acid promptly lowers the pH within the cell to 6.5 or lower. The lactic acid damages the template for proper DNA formation. Messenger RNA is also changed so the ability of the cell to control its growth is lacking. **Rapid and uncontrolled cancer cell growth and division occurs.***

*During our lives we all kill millions of cancer cells unless our immune systems become injured. When a clinician is able to diagnose a cancer of the lung by chest X-ray, breast cancer by mammogram, or colon cancer by colonoscopy etc. it has already been in the body for 6 to 8 years and has had ample time to spread to other parts of the body. This is the reason that the massive program to get annual mammograms in women is a complete failure. The survival rate from breast cancer is the **same for women who have never had a mammogram as for those who obtain annual mammograms** (large population studies from Canada and Denmark discovered this).*

Cancer treatment programs are based on the false concept that chemotherapy will kill more tumor cells than healthy cells and thus lead to recovery. The very cells (bone marrow) that enable a human to recover from cancer are damaged by chemotherapy. How could a therapy known to cause cancer (radiation) be able to improve long term survival for very many cancer victims? The statistics show that no more people are surviving now than 25 years ago. Both chemotherapy and radiation injure the immune system which is vital for surviving cancer.

The most alkaline minerals (cesium, rubidium, potassium) are able to enter cancer cells. Their strong alkalinity, particularly that of cesium, causes the pH within the cell to rise to values of 8 or higher because they affect pH more than the weak acid (lactic acid) within the cancer cell. In the very alkaline state cancer cells can survive for only a few days or less depending on the degree of alkalinity present in the cancer cell.

Aubrey Keith Brewer, Ph.D., (1893-1986) the founder of the Brewer International Science Library, had a lifelong desire to understand the processes going on in the living cell. The development of his theory of the High pH Cancer Therapy with Cesium grew out of his understanding of the physics of the cell membrane. The A. Keith Brewer High pH Cancer Therapy is based upon mass spectrographic analysis of the cancer cell, on a detailed study of the isotopic effect through cells of all types, and upon the fluorescent and phosphorescent decay pattern of both normal cells and cancer cells.

BREWER, A. K. *The high pH therapy for cancer tests on mice and humans*. PHARMACOL BIOCHEM BEHAV **21**: Suppl. 1, 1-5. 1984.

Mass spectrographic and isotope studies have shown that potassium, rubidium,

and especially cesium are most efficiently taken up by cancer cells. This uptake was enhanced by Vitamins A and C as well as salts of zinc and selenium. The quantity of cesium taken up was sufficient to raise the cell to the 8 pH range, where (cancer)cell mitosis ceases and the life of the (cancer)cell is short. Tests on mice fed cesium and rubidium showed marked shrinkage in the tumor masses within 2 weeks. In addition, the mice showed none of the side effects of cancer. Tests have been carried out on over 30 humans. [Please note: these tests were not conducted by Dr. Brewer.] In each case the tumor masses disappeared. Also all pains and effects associated with cancer disappeared within 12 to 36 hr; the more chemotherapy and morphine the patient had taken, the longer the withdrawal period. Studies of the food intake in areas where the incidences of cancer are very low showed that it met the requirements for the high pH therapy.

The pH of a healthy cell is 7.35 while a cancer cell is more acidic. Taking cesium orally will raise the pH of cancer cells, but it will not affect normal cells. When the pH of a cancer cell reaches 7.5, it dies. When it goes above 8.0, the cancer cell will die within hours.

From <http://www.advancedhealthplan.com/2cesiumchlorideforcancer2.html> :

Every cell in the body is like a little battery. To successfully bring nourishment in, and take poisons out, it has to be fully charged. In a cancerous cell, the charge (called cell voltage) drops from 90 millivolts to less than 40 millivolts. When the cell voltage gets to the very bottom, only 5 substances can pass in or out of the cell. They are water, sugar, potassium, cesium and rubidium. Oxygen cannot enter into a cancer cell. So you see, even if there is a lot of oxygen in the blood, it won't get into the cell. Cesium, because of its electrical properties can still enter the cancerous cell. When it does so, because of its extreme alkalinity, the cell dies. Luckily, healthy cells are not affected by cesium because their cell voltage allows them to balance themselves. The only side effect is a loss of potassium which can be remedied with eating a few bananas and potatoes.

From <http://www.essense-of-life.com/info/tcesium.htm#ceA1>:

Dr. Otto Warburg published a Nobel Prize winning paper over 75 years ago describing the environment of the cancer cell. A normal cell undergoes an adverse change when it can no longer take up oxygen to convert glucose into energy by oxidation. In the absence of oxygen the cell reverts to a primitive nutritional program to sustain itself, converting glucose, by fermentation. The lactic acid produced by fermentation lowers the cell pH (acid/alkaline balance) and destroys the ability of DNA and RNA to control cell division - the cancer cells begin to multiply unchecked. The lactic acid simultaneously causes intense local pain and destroys cell enzymes. Therefore, cancer appears as a rapidly growing outer cell mass with a core of dead cells.

Cesium, a naturally occurring alkaline element, has been shown to affect the cancer cell two ways. First, cesium limits the cellular uptake of the nutrient glucose - starving the cancer cell and diminishing fermentation. Second, cesium raises the cell pH to the range of 8.0 neutralizing the weak lactic acid and stopping pain within 12 to 24 hours. A pH range of 8.0 is a deadly environment for the cancer cell. The cancer cell dies within a few days and is absorbed and eliminated by the body.

The German scientist Hans Nieper has in the meantime shown that cesium chloride is effective in the management of most problematic tumors, e.g. of advanced brochogenic

carcinoma with bone metastization. Indeed, for this kind of cancer, cesium seems to be the treatment of choice, even with relatively minor changes in lifestyle. The treatment of cancer [and possibly the prevention of cancer] by cesium is a very pragmatic and intelligent one. It is inexpensive and non-toxic over unlimited time.

David W. Gregg, Ph.D.

<http://www.krysalis.net/cancer4.htm>

Cesium treatment of cancer has demonstrated considerable merit and has even greater potential. It acts as a toxin, with its cancer selectivity depending on cancer's anaerobic metabolism. Thus, it should be effective for all forms of cancer.

Unlike other chemotherapy drugs, it should cross the blood-brain barrier and thus be equally effective for brain tumors as for other cancers.

Where is cesium cancer therapy available, how much does it cost, what is the success rate, and what are the risks?

Let's start with the last point, *what are the risks?* When the therapy is being carried out under the guidance of an experienced expert, there is no risk whatsoever. None of the ingredients used in the treatment are toxic. However, without expert guidance, both cesium and potassium can cause metabolic problems. **DO NOT ATTEMPT TO TREAT YOURSELF WITH CESIUM WITHOUT CONSULTING WITH AN EXPERIENCED AND QUALIFIED ADVISOR!** While the treatment is completely non-toxic, taking cesium without counterbalancing it with other supplements, particularly potassium, can cause unwanted side effects.

What is the success rate? According to the literature, cesium cancer therapy is the treatment of choice even for "irreversible" end-stage cancers. In every case where a cancer patient follows the cesium protocol, there will be positive results. However, it is not a miracle cure. If the damage, caused by toxic treatments and/or the cancer itself are irreversible, the patient may be beyond help, regardless what therapy is being used. Having said that, it should also be added that the best physicians in integrative medicine deeply believe - and often state - that where there is life, there is hope.

Where is it available? Cesium cancer therapy is a home treatment. There is no need to visit a doctor's office, and there are no prescription drugs involved. The ingredients can be purchased from three sources in North America

<http://www.essense-of-life.com>

They distribute the substances and supplements they regard essential for the cancer protocol. The vendor **will consult** with the client on the phone, free of charge, as often as necessary. According to the vendor, they've guided several thousand persons through the cesium cancer therapy during the past 5 years. The protocol is comprehensive, combining the effects of a number of natural medications. The main ingredients are, of course, cesium and potassium, but the others are also very important. This is not a casual approach; it is a rigorous and strict project, with great emphasis on the client's diet.

The cost is a few hundred dollars per month, with a larger investment at the start, usually under a thousand dollars. The course may last several months, possible one year, even longer. It all depends on the individual case.

Contact information is available at the website, right at the landing page. It is the first thing you will see when you visit their site.

<http://www.rainbowminerals.net/Minerals/cesium.html>

They sell ingredients needed for the cesium cancer protocol. They do not offer consultation or guidance. They want to be contacted by phone. Their phone number is on the landing page of the above link, at the right upper corner of their page.

[Dr. James Howenstine MD](#)

Dr. Howenstine lives in Costa Rica. He is a USA educated MD. He is experienced in guiding patients through the Cesium cancer protocol. His telephone consultation fee is \$100 per hour. He doesn't sell products, but refers his patients to Essense-of-Life, or to Rainbow Minerals for product purchase.

Dr. James A. Howenstine is a board certified specialist in internal medicine who spent 34 years caring for office and hospital patients. After 4 years of personal study he became convinced that natural products are safer, more effective, and less expensive than pharmaceutical drugs. This research led to the publication of his book *A Physicians Guide To Natural Health Products That Work*. Information about these products and his book can be obtained from amazon.com and at www.naturalhealthteam.com and by phone at 1-800-416-2806 U.S. Dr. Howenstine can be reached at jimhow@racsa.co.cr and by mail at Dr. James Howenstine, C/O Remarsa USA SB 37, P.O. Box 25292, Miami, FL 33102-5292.

[Dr. John Monhollon MD](#)

Dr. Monhollon is a board certified Family Physician, practicing in Florida. He is willing to accept patients at his clinic who are seeking guidance for cesium cancer therapy. Dr. Monhollon can be contacted at :

Florida Integrative Medical Center
9303 A Seminole Blvd, Seminole FL 33772-3100
Tel: 727-399-8600
Fax: 727-255-5189

http://www.mwt.net/~drbrewer/niep_art.htm#contact

I have also received the following email message in my communication with the Brewer International Science Library on the subject of the cesium cancer protocol:

If persons who are interested in the cesium therapy, as Dr. Brewer described it, contact me and tell me what part of the country they or their loved one live in, I will supply them with the names of doctors I have in that part of the country.

A link to our website would be permitted: www.mwt.net/~drbrewer

If you have any further questions, feel free to write to me again. I

hope your website is successful.

*Sincerely,
Lillian Hanke
Librarian*

The contact information can be found at:

http://www.mwt.net/~drbrewer/niep_art.htm#contact

Conclusion:

I believe that among the above contacts, one can find the guidance and the protocol that suits the needs and the financial circumstances of the patient. The fact that this is a home treatment, without injections or intravenous procedures, and with no need for prescription drugs, will make it an attractive solution for many, particularly for those who cannot travel.

The principle is sound, the treatment powerful and non-toxic, and the available advisors are solid professionals. Last, but not least, this therapeutic approach can be applied even to leukemia and brain tumor cases, which are no-man's-land for most treatments.